Santa Monica College
Registered Nurse Mentoring Project
NURSNG 90A 1 unit
Internship

Purpose:
The Registered Nurse Mentoring Project is designed to provide the nursing student with “real life” experience in the field of nursing and the work place. Students work in an approved internship to develop their understanding of the field of nursing and their ability to apply their knowledge. In addition, the Registered Nurse Mentoring Project is designed to enhance the confidence level of the nursing student by providing experiences in a controlled but non-threatening manner and to provide some assistance to the staff nurses on the unit.

Description:
The Registered Nurse Mentoring Project internship is a 60 hour commitment requiring the student to be an enrolled Santa Monica College Nursing Student of good standing with no current “Statements of Concern.” The student will be matched with a staff nurse in a partner hospital to shadow and assist the staff nurse for approximately 48 hours. In addition, the student will also participate in a Career Services Center Internship Orientation (1 hour), an instructor led orientation (2 hours), debriefing/analysis meetings (5 hours), and complete online assignments (5 hours). This is a credit/no credit 1 unit Internship Course and is NOT a requirement for the Nursing Program.

Possible Learning Objectives to Achieve in your Internship

<table>
<thead>
<tr>
<th>What will be learned?</th>
<th>How will it be learned?</th>
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<tbody>
<tr>
<td>1. Time Management strategies for a shift of work.</td>
<td>Observe and participate in the care of patients. Document the work flow by keeping a journal. Analyze this work flow and develop written descriptions of 3 strategies for time management to share with the class in debrief sessions.</td>
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<tr>
<td>2. Appropriate Therapeutic Communications</td>
<td>Observe the communications utilized by the staff nurse. Choose 2 scenarios from my internship experience to analyze and document. Develop 2 case studies to discuss in debrief sessions with classmates.</td>
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Activities and Procedures to Accomplish:
Prior to beginning the internship
1. Email Dawn Murphy to let her know you will be needing an Internship Mentor.
2. Attend Internship Orientation at the SMC Career Service Center.
3. Enroll in the Internship Class (NURSNG 90A)
4. Write Rough Draft of Learning Objectives and Obtain Approval from the Internship Program (www.smc.edu/internship).
5. Work with the Internship Coordinator/Instructor until objectives are approved (1st class meeting).
6. Complete Form 3, Learning Objectives Contract
## Internship (6 weeks)

<table>
<thead>
<tr>
<th>Week</th>
<th>Hours</th>
<th>Activities</th>
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| Week 1 | 10    | 2 hours, Orientation to the Staff Nurse Mentoring Internship Program (group meeting with instructor-on campus)  
1-hour, 1st meeting with Staff Nurse Mentor (clarification of expectations, scheduling, rules, communication methods, etc.)  
7 hours, Initial mentoring/shadowing experience |
| Week 2 | 10    | 8 hours mentoring/shadowing experience  
1 hour, group debrief with instructor (on campus)  
1 hour online assignments |
| Week 3 | 10    | 8 hours, mentoring/shadowing experience  
1 hour, group debrief with instructor (on campus)  
1 hour online assignments |
| Week 4 | 10    | 8 hours mentoring/shadowing experience  
1 hour, group debrief with instructor (on campus)  
1 hour online assignments |
| Week 5 | 10    | 8 hours, mentoring/shadowing experience  
1 hour, group debrief with instructor (on campus)  
1 hour online assignments |
| Week 6 | 10    | 8 hours, mentoring/shadowing experience  
1 hour online assignments  
1 hour, group wrap up with instructor (on campus) |
| Total  |       | 60 hours                                                                     |

### Means of Assessment

Internships are graded on a CREDIT/NO CREDIT basis. College Internship Instructors will take the following criteria into consideration.

1. Student Nurse Mentee Performance Evaluation and completion of learning objectives
2. Completing online assignments
3. Instructor Evaluation of Participation in group debrief/analysis meetings
4. Working the required number of hours for units of credit.
5. Report hours worked in the way suggested by your internship instructor.

### Additional Requested Materials

1. End Project Evaluation
2. Recommendations and Feedback on Staff Nurse Mentor
3. Student Nurse Mentee Self Evaluation