SERVICES PROVIDED

- **Personal Counseling**
  The primary mode of counseling to students is brief individual counseling. Our counseling services are designed for students who can benefit from short-term, problem focused counseling. In some situations, the problem presented may require more specialized or extended services than can be provided by the College. In this situation, students will be given assistance in locating the appropriate professional in their community.

- **Crisis Intervention**
  Psychological Services is available to intervene in crisis situations. We have standing walk-in/crisis hours available **Monday-Thursday 10:00 a.m. – 12:00 p.m. and 3:00 p.m. – 4:00 p.m.; Friday 10:00 a.m. - 11:00 a.m. only.** Students are welcome to come in at those times without an appointment. Walk-in hours tend to fill quickly, and are available on a first-come basis. If a student is in immediate danger, e.g., in need of psychiatric hospitalization, are gravely disabled, and students who may be a harm to themselves or others, please contact campus police at x4300.

- **Community Referrals**
  Community referrals to appropriate agencies are made for students in need of medication evaluations and/or long-term care beyond the scope of services provided by Psychological Services. Psychological Services collaborates with several community agencies, and students in need of specialized services (e.g., psychiatric medication, psychological testing, eating disorder program, domestic violence intervention) are referred to such agencies.

- **Consultation**
  Psychological Services offers faculty, staff and administrators the opportunity to get assistance dealing with challenging students, difficult circumstances and disruptive situations involving students.

  If you are unsure of how to handle a specific student, we encourage you to consult with one of the psychologists, Sandra Lyons Rowe, Ph.D., or Alison Brown, Ph.D. Call Psychological Services, (310) 434-4503, identify yourself as staff or faculty and state that you need a consultation. If a psychologist is not immediately available, let the receptionist know if it is an emergency; if it is not, either Dr. Rowe or Dr. Brown will return your call as soon as possible.

- **Alcohol and other Substance Abuse Program**
  A Substance Abuse Specialist is available through Psychological Services for consultation, referrals, presentations and workshops related to alcohol and other drug treatment, tobacco use, recovery support, and coping with family and academic issues resulting from addictive behaviors. This program is provided to us by Didi Hirsch Community Mental Health Center.