HOW TO MAKE AN EFFECTIVE REFERRAL TO PSYCHOLOGICAL SERVICES

If you wish to refer a student for counseling, please call and we will help you get the student in with one of our staff as quickly as possible. Early intervention is preferable to crisis intervention. Please note that a CRISIS CAN BE HANDLED ON DEMAND by just calling Psychological Services at x4503 during operational hours. If a crisis occurs outside of these hours, contact Campus Police, x4300.

- Please direct students to Psychological Services located within Liberal Arts Building, room 110 to schedule an appointment. Please inform the student that they will be required to complete some paperwork including a consent for treatment. It helps to remind them that everything they discuss is confidential. It also helps if you tell the student why you are recommending they seek psychological support.

- If you determine that the student should be seen immediately, please call Psychological Services prior to bringing the student in or sending him/her over, so that enough information is gathered in preparation of handling the crisis, and to ensure that a counselor will be made available to provide assistance to the student.

- Walk-in hours are set aside each day for students who may not necessarily be experiencing a serious emergency, but who want to be seen the same day. Standing walk-in hours are Monday-Thursday from 11:00 a.m. – 12:00 and 3:00 p.m. – 4:00.