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A Program of Santa Monica College

# THE EMERITUS VOICE

## From the Dean's Desk

by *Guadalupe Salgado,*  
*Associate Dean*

Dear Emeritus Students,

We are excited to reintroduce some valuable services and events to enhance your experience at SMC Emeritus this Fall semester.

Our dedicated SMC Emeritus student volunteers will be returning to assist you, making enrollment, and navigating online resources even easier. The MiniLab will also be open once a week to provide additional support for students who prefer to enroll online independently.

Furthermore, we are pleased to announce the opening of the d'Arcy Hayman exhibit at the Emeritus Gallery, scheduled to run from September 21 to December 1. This exhibit, showcasing the works of d'Arcy Hayman, a renowned artist, writer, educator, and UNESCO International Arts Program Director, promises to provide a captivating and enriching experience for all.

Don't forget to check out our Emeritus student pantry, "Bodega Bites," conveniently located on the first floor. If you

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## Warren Olney, Celebrated Journalist, Emeritus Instructor

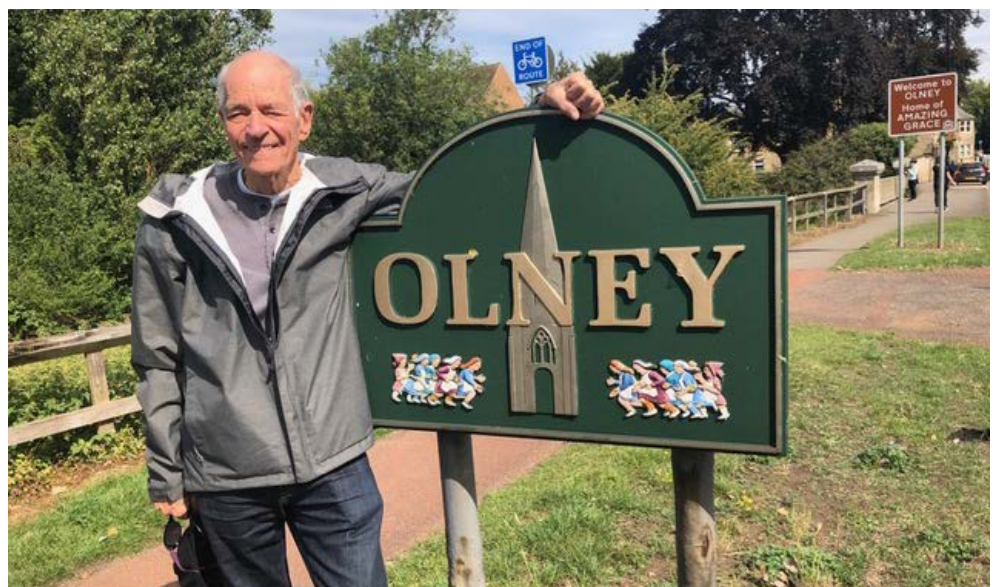
*Perri Chasin*

For thirty years his voice was heard twice daily on KCRW, Southern California's public radio station. He's Warren Olney IV, the multi-award-winning print and broadcast journalist who brings five decades of television and radio experience to Emeritus.

This is Olney's second semester as an Instructor at the college. The course he teaches, Current Events, is a Political Science class for seniors that "increases older adults' understanding of local, national, and international current events and how it affects their lives as well as the world around them."

At 9:00 a.m. each Wednesday morning, 150 seniors log into Zoom to hear Olney and a guest address a topic that is both timely and newsworthy. Be they think tank experts, political players, pundits, journalists, or former politicians, he invites interesting people who have something to say. Each session is recorded, then links are emailed to students. Some guests have brought slide presentations such as Felicia Marcus, former Chair of the California State Water Resources Control Board and Zev Yaroslavsky, the former Chair of the Los Angeles

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# Warren Olney, Celebrated Journalist, Emeritus Instructor

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Board of Supervisors, while with others, like Pulitzer-prize winning Los Angeles Times reporter Michael Hiltzig, Olney employs a classic interview format.

Olney doesn't think of what he's doing as pedagogy nor views himself as an instructor, but rather his goal is to conduct timely issue-oriented interviews of interest. Students are muted during class but participate by asking questions via the chat feature. "What I try to do is conduct interviews that they can participate in by virtue of chat. It's a learning experience for them in that they get to ask questions and so, not very long into the interviews I begin taking their questions and their observations about things they're interested in, which are about things I often don't mention, so I learn too. It's an ongoing interaction...one that is organic."

A celebrated interviewer, Olney admits he's very heavy on politics and government, not only national but local and regional. Having been raised in northern California by a family of political big-wigs, it comes naturally. His great-grandfather was Mayor of Oakland. His father served under Earl Warren, the District Attorney of Alameda County and later California's Attorney General. Olney was in his teens when the family moved to the nation's capital. There, his father served as President Eisenhower's Assistant Attorney General of the Justice Department before rejoining Warren who was then Chief Justice of the Supreme Court.

There are inevitably political topics he will cover in the current affairs course, like Trump and the presidential campaign, but he's interested in governmental structures and what's happening in the states like gerrymandering,

something Olney considers a critical issue.

And yet, he doesn't have any specificity or limits on subjects he'll address, such as the interview he conducted last semester with Los Angeles Times award-winning columnist Steve Lopez. That dealt with aging, a subject in which he is particularly interested. That's one of the things Olney appreciates about Emeritus. "I'm interested in everything and if something comes along that I want to do that I haven't thought of, I'll have the opportunity to do it."

For years, Olney found himself speaking to radio listeners he couldn't see. Now, at Emeritus he looks out at a checkerboard of faces creating an intimacy he hadn't previously experienced and where his 150 students are fortunate to attend to a journalist of his caliber and hear *that* voice.

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## New Option for Senior Drivers' License Renewals

Linda J. Hernández

I recently received a most unwelcome early birthday card from the California Department of Motor Vehicles. It informed me that my five years were up, and I would need to renew my Driver's License by my birthday. Even though I have a perfect driving record, any driver aged 70 and over must select a testing option. The good news is that the DMV is now offering an

interactive eLearning Course to meet this requirement instead of in-office or remote knowledge testing! After filling out the online driver's license application and paying the \$41 fee, if eligible you are prompted to select the remote exam or the eLearning Course.

I strongly recommend the latter, which is what I did.

The newly offered eLearning Course has seven interactive modules to complete on your computer, laptop, tablet, or mobile device. Each module has a quiz, which is not a pass/fail test, and is available 24/7. It takes approximately 45 minutes to complete. I found it very user-friendly and even fun with interactive features like moving an on-screen car with your finger to

make a correct turn from its little on-screen lane. After completing the course, you must still go into a DMV office, provide the required identity and residency documents, have a photo and thumb print taken, complete a vision screening, and then be issued your temporary license to use until your permanent one arrives by mail.

The California Department of Motor Vehicles website states: "The course is the ideal option for people who need to renew their licenses and have trouble with exams or prefer an alternative learning method." This time I found my trip to the DMV stress-free without having to worry about taking a test there. I definitely recommend you select this option the next time you receive a birthday renewal notice from them!



# Understanding and Managing Anger

Sharon Valente, PhD., APRN, FAAN

Let's consider what inflames anger, its phases, and responses. A rude driver who cuts you off, a racist who menaces seniors, or a person who screams at you may evoke your ire. Anger is an adaptive response that may increase survival. It ranges from 0/low (calm or mild annoyance) to 100 (fury or rage) and reflects frustration, fear, loss, or powerlessness and can lead to vulnerability and loss of control. Anger unleashes adrenalin and energy in three phases: escalation, explosion, and post-explosion.

Many seniors feel intimidated or frightened by anger. Our family and cultural norms teach us how to express and deal with anger. For example, in my Victorian family, expressing anger was inappropriate and taboo, especially for women, so I'm slow to show anger but skilled at verbal jousting. In reality, anger has uses (e.g., it can stop a bully, get attention, and set limits). One's anger at a powerful person may be displaced to a less threatening object (e.g., the professor yells at you; you kick the dog).

When controlled, anger can inspire change. In college, a psychology professor who said I couldn't write but offered no clarification infuriated me, and I sent her my published paper on adolescent suicide, and I started writing and publishing in professional journals. Developing strategies to contain anger and tame temper is important.

1. **Reflection.** Identify your anger, your feelings, and its triggers. Ask, "Why am I angry; what precipitated it, and what cultural influences impact it? Is it safe to express my concerns?" Sometimes anger spills over from something unrelated. Avoid blurting out words you'll regret later, collect your thoughts.
2. **Consider expressing your concerns or not.** Use a non-confrontational approach with respectful "I" statements and avoid blaming or criticizing (e.g., I'm upset you cut me off; I need you to stop yelling at me). Expressing anger may intensify the situation, so pick confrontations thoughtfully.

3. **Lower stress.** Exercise, meditation, or yoga can reduce frustration and offer respite. Use humor to regain perspective. I often yell in a safe place (e.g., car, karate, or gym). Practice relaxation, music, or prayer. Walking helps me alleviate anger.
4. **Consider options.** Decide whether to respond or not. Use guided imagery with a calming scene, or repeat a restful phrase (e.g., om, "I have the power to reset; I deserve moments of lightness in my day.") For instance, in the market, a woman screamed at me screeching, "You, you're plotting. Why are you talking about me?" She was escalating and heading toward an explosion. Instead of explaining I was humming a song which would have escalated the conflict, I realized she was paranoid and hallucinating. I apologized. She stopped screaming.
5. **Avoid risky coping strategies.** Although temporarily numbing, getting drunk, using drugs, or driving fast may also stress your heart. If you consider obtaining a gun, know that guns require permits, storage, and training. Guns stored at home are often used against family members, particularly children, and frequently used for suicide. Consider pepper spray, a personal alarm, or self-defense training. If anger relates to mental-health issues such as Post-Trauma Stress, psychotherapeutic treatment is useful.

Excessive anger floods us with adrenalin, raises blood pressure, and stresses our hearts. When anger is out of control, we need to contain it, slow down, and act prudently. If a mountain lion confronts you, anger-fueled escape may save you. However, lashing out at others can be unwise and dangerous. Empower yourself with coping strategies to control anger, alleviate risky strategies, and reduce stress and vulnerability.



# Uvi Poznansky, Renaissance Woman

Linda Rosman

“I paint with a pen and write with a paintbrush.”

Artist, architect, author, poet, novelist, animator, filmmaker, Uvi embraces all these disciplines.

Israeli-born Uvi Poznansky studied Architecture in Haifa and worked at a top firm there on many cutting-edge projects. At 25, she came to the United States, first to Troy, NY, where she worked and continued her studies to receive a Master of Arts degree in Architecture at Rensselaer Polytechnic Institute. She then went on to get a Master of Science degree in Computer Science from the prestigious University of Michigan.

Over 30 years ago, her husband received a job offer that brought

them to California. Luckily, Uvi was able to continue her work in computers in her new home. During her varied careers in architecture, software engineering, management and consulting, she has always been painting. She has had shows of her artwork in both Israel and California. At the same time that she pursued her career and painting, she also wrote historical fiction novels, thrillers, horror stories, poetry, and children’s books (which she also illustrated.) All of her books are available on Amazon.

At Emeritus, Chris Hero was her main teacher. She started taking his classes 18 years ago and continued with him until he recently retired. When I asked why she continued in his classes for so long she said, “Chris makes you think about your choices.”

Uvi is currently taking Jesse Benson’s sculpture class, which is where I was lucky enough to meet her and see her work over Zoom. We saw her video entitled “Dust” in class where she animates both her clay and metal sculptures to act out her poem.

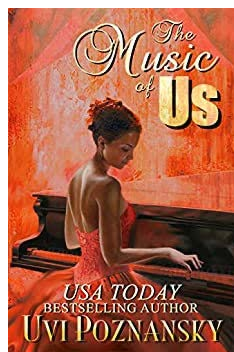
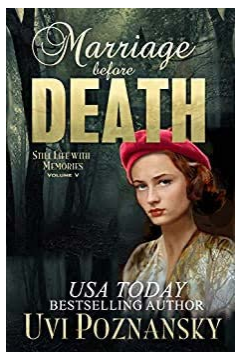


Her early video projects started with animating the children’s books she wrote for her granddaughter. About a year ago, she started with paper animation, creating the characters from the books out of paper cutouts.

Uvi’s current stop motion animation is remarkable. It embodies many disciplines: poetry, sculpture, and painting. She combines all to create moving and inspirational videos.

You can see some of Uvi’s work at the following sites:

- Blog: [uviart.blogspot.com](http://uviart.blogspot.com)
- Amazon author page: [amazon.com/Uvi-Poznansky/e/B006WW4ZFG/](https://www.amazon.com/Uvi-Poznansky/e/B006WW4ZFG/)
- YouTube: [youtube.com/@uvipoznansky19](https://www.youtube.com/@uvipoznansky19)



## Kudos: Anna Conley’s Solo Show

Linda Rosman

In January 2024, Emeritus student and Santa Monica resident, Anna Conley will have the honor of a solo show of her work entitled *The Invisible Man* at The SMC Emeritus Gallery.

Originally from Manhattan, Anna was constantly exposed to great art. Her daily visits to the Metropolitan Museum of Art and her high school music program at Julliard helped to form her sensibilities. When Anna was 24, it was time for a change in her life. She left her home and family and came to California in search of something different. Los Angeles was like country living in comparison to Manhattan.

Anna started painting in 1999 when her father passed away. Painting was his hobby and she inherited five of

his paintings, which she then was inspired to paint over. That was the beginning of her journey. But then she had the thought – “What would I do if I was going to die in the next six months?” The answer: Paint.

For much of her life, Anna played oboe in an orchestra and then tenor recorder in a 45-piece woodwind orchestra. She can write music as well as perform, but about five years ago she sold all her instruments

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# Comfort for the Soul

Sharon Valente

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Uplifting music soars from the Lyric Chorus Thursdays at the Second Street Emeritus building of Santa Monica College directed by Tom Gerhold. About 25 seniors singers enter the rehearsal room, warm up and create a tapestry of sound as their voices glide, blend, and weave enchanting harmonies. As a member, I enjoy the diverse music, the welcoming group, and singing. Our voices blend, rise, lift, and inspire the soul. Whether simple or challenging, the music appeals to beginning and advanced students. Tom had emailed pdf song files for each voice in preparation, and in class offers printed copies so we can practice. Next semester, Tom will include some Cole Porter songs.

Since 1940, the chorus has focused on treble music. Treble refers to the high notes at the higher end of human hearing. Originally a women's chorus which featured female voices, it transitioned to co-ed, which enriched the higher and alto voices with male tenor and deeper base contrast. The chorus enjoys fellowship, social interaction, and making beautiful music together encouraging newcomers and veterans alike.

Tom designs music programs that reflect his musical theater background, current events, inspiration, selecting songs that provide balance, contrast, and diversity. He invites suggestions for programs. We are currently singing "Come Fly with Me," "My Love and I," "California Dreaming," "Neverland," and "Anything Goes." Some songs include solo sections. One song has a whimsical whistling chorus and an earlier one had a lilting Ukelele accompaniment. Our repertoire includes jazz, swing, ballads, musical theater, and popular songs.



Tom adeptly directs and accompanies our music. He encourages anyone to enroll in Lyric Chorus and Alto 1 and 2 and low voices to join. With practice, you will see how your and other singers' voices develop and become richer.

When I joined the chorus during the pandemic, my high soprano range had disappeared. I was grumpy I could only manage second soprano. However, with practice and coaching, my upper range returned. Some choristers start timidly and grow in knowledge and ability. You don't need to read music, just follow the notes as they rise or descend. Tom Gerhold accompanies, conducts, explains, and simplifies musical notation. After endless practice on Zoom during the pandemic, we met in person and were thrilled to hear our voices combine and float. Our Spring performances at Culver City Senior Center, Santa Monica's Main Library, and senior residences delighted us as audiences tapped their feet, sang along, and were transported by our music. Some were teary-eyed as they applauded.

We invite you to come sing with us and feel the inspiration, joy, and motivation of the music and the excitement of blending your voice into a larger enchanting sound. With practice, you will see how your and other singer's voices develop and become richer. It's comfort for the soul.

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and decided to focus solely on her painting.

Although Anna has had many jobs, her art is her main passion. She started to take art classes at Emeritus in 2016 and especially enjoys her classes with Jesse Benson for his energy and compassion and Adam Harrison who is both fun and supportive.

The upcoming show of her work, entitled *The Invisible Man* was inspired by a friend, but is really

about Anna herself. She explores what we expose to others and what goes on beneath the ordinary in life. It's about metamorphosis, how we are always changing in the world.

The person in the paintings disappears into abstraction and others are revealed and then also disappear. It's a story and a journey. One that I can't wait to experience.

*The Invisible Man* opens January 18, 2024, on view in the gallery, and also on the Emeritus website.





# Brain Teasers and Trivia

Harley Halpern

- 1) The student studied and worked hard on most of his classes, getting good grades in English, History, and Science. But when it came to Algebra, his grades were awful. He received many warnings from his teacher that if he didn't start to do better, he'd receive a failing grade and have to repeat the class. His coach told him he'd be kicked off the team, and his parents vowed to take away his phone. But he just didn't seem to care about the \_\_\_\_\_.
- 2) On March 16 in 1926 the age of rockets began. Robert Goddard, known today as the father of rocketry launched the world's first liquid fuel rocket. Approximately how high and how far did Goddard's rocket go:
  - A. 41 feet high and 184 feet distance
  - B. 300 feet high and 500 feet distance
  - C. 1500 feet high and one mile distance
  - D. 2 miles high and 5 miles distance
- 3) Which of the statements below is not true about bats?
  - A. Agave plants from which tequila is made, rely on bats for pollination.
  - B. Bats always spiral counter clock wise when exiting their cave.
  - C. Bats are the only mammal that can fly.
  - D. Bats are blind.

Answers: 1) Aftermath 2) A. 41 feet high and 184 feet distance 3) D. Bats are blind.



Artworks from d'Arcy Hayman Exhibition in Emeritus Gallery and [online](#).

Left: *Untitled gouache – flying children*, gouache on board, 20 x 26 inches, circa early-mid 1950s.

Right: *Untitled gouache – beat hangout the Iron Pot*, gouache on paper, 30 x 22 inches, circa early-mid 1950s.

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# Frugal Adventures

*Jeanne Shamji*

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Seniors can enjoy days full of fun, free, and discounted adventures around Los Angeles with just a little know-how. Summer has ended and Fall is upon us. Getting out of the house and away from our computers to enjoy fun activities should be a priority on our bucket lists.

Driving can be a problem for many seniors. **Tap Cards** for people over 62 are 35 cents per ride, compared to \$1.75 for the regular fare. [Apply online](#). The Metro system and Los Angeles and Culver City bus lines always accommodate people in wheelchairs.

Here are a few ideas for metro trips around the city:

Visit the area surrounding the **University of Southern California campus**. The Metro Expo line will take you straight to the USC campus at the Exposition exit. Carrying a backpack with some sandwiches, bottles of water and a beer will save you money on expensive food trucks. On many dates and times during October, the **Trojan Marching Band** practices at Felix Field at 3505 McClinton Avenue, just a 5-minute walk from the USC campus entrance. The band provides a thrilling performance in full-dress uniforms, accompanied by cheerleaders. [Check the calendar](#).

The rest of the day can be enjoyably spent walking around the historic campus and visiting the multiple libraries. Check the USC website for campus tours. Across the train tracks, the fragrant, always blooming **Rose Garden** is available to enjoy. **The African American Museum** is steps away. Both are free.

Another adventure you can take is to **Historic Downtown Culver City**. You can take the Metro Expo Line to the Culver City exit and hop on the Culver 1 bus to visit the historic **Culver City Hotel**. Cross Culver Blvd. to walk through **Culver 1 Plaza** where **The Culver Studio** is located and enjoy watching an extraordinary fountain and statues commemorating Filmland. You can view the rainbow arch over the iconic **Sony Studios** where the Wizard of Oz and Spiderman were filmed.

**TicketDropTuesday** website offers discounted tickets for \$20 for many theatres around Los Angeles and for the **Kirk Douglas Theatre** located at 9820 Washington Blvd, Culver City, 90232. *Dogman, The Musical* is playing from November 21, 2023 – January 7, 2024. Go to the website to get tickets for just \$20. They can cost as much as \$118 per seat!

Across the street from The Kirk Douglas Theatre is the **Village Well Bookstore**, 9900 Culver Blvd, 90232. The bookstore is open from 8 a.m.–5 p.m. Sunday–Wednesday and 8 a.m.–7 p.m. Thursday, Friday, and Saturday. This bookstore has plenty of comfortable seating and you are encouraged to sit and read the latest books (seated inside or outside the bookstore) whether or not you purchase a book or a drink. Dates of book launchings and signings, meeting authors, and poetry reading are on their website: [Bookshello@villagewell.com](mailto:Bookshello@villagewell.com) or call (424) 298-8951.

If you are in Culver City on a Tuesday, consider eating at **Jamison's Pub** at 9546 Washington Blvd, 90232 for All You Can Eat Taco Tuesday and 2-for-1 beers. This huge Irish Pub encloses a sizeable outdoor patio and has many large screens to watch football games. It often offers a live band or karaoke. It is a three-block walk from the Kirk Douglas Theatre and the Village Well Bookstore. If that is too tiring, bear in mind that the Culver 1 bus will return you to Jamison's Pub or back to the Metro.

I hope this inspires you to take a break from our Zoom classes and enjoy the pleasures of the city! More frugal adventures to come in the next newsletter

*Confirm times, dates, and transportation details before your adventure.*



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# Esther Morrison, A Remarkable Woman

*Gordon Blitz and Caroline Feinstein*

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We decided to go visit our friend Esther, who will be 101 years old in December. She stood in her doorway while the newly appointed, temporary, caregiver opened the wooden gate that led us into Esther's whimsical garden.

The sky was dark gray and it was sprinkling mildly but almost finished; Esther's bright white hair illuminated her face, and shown up the scene. Her smile was warm and welcoming as a puppy's wagging tail. We stepped into her beach-like cottage, not extremely large but because Esther stands around 4'9" it fit her perfectly. Paintings and pictures adorned every inch of wall space, a reminder of all her 100-plus years.

We walked through her kitchen past an antique stove, through to the dining room and into her living room. Esther sat down on her soft rose-colored velvet couch that we learned had a story behind it, as did everything else in her home.

We met her in an Emeritus autobiography class, which she continues with unfailingly. We asked her, "What's your secret to living such a long and full life?"

She replied, "Nothing special that I'm aware of."

But her "nothing special" is filled with a rich century of living.

Esther remembers every detail of her life. She starts to reminisce, and finally lets us hear some of the stories.

"The Salvation Army is my favorite place to go."

Esther explained that every piece of furniture in her living room and pretty much every room in her house is from there. Through the years she acquired an innate talent for knowing if objects she found at the Salvation Army had value. "I did research at the library," she proudly explained.

She let us know that she had two marriages, and a thirty-year relationship with a man she called, "the love of her life."

She did tell us she had one regret, and that was she never finished college, well, and possibly the time she bought a mink coat while living in Chicago, but after her kids saw it and exclaimed, "How could you buy that knowing that those little minks died?!"

She never wore the coat, and we didn't feel either of her regrets made her any less of a person.

Esther told us she only had one serious illness. "When I was five, I had Double Pneumonia. Everyone gathered around my bed, thinking I was going to die, however I fooled them all!"

And finally when we asked, if she felt God played any part in the 100 years, she replied, "No, I guess I just got lucky, if you can call it luck."

One thing for certain, we hope to continue to hear Esther's prose and poetry for many years to come. It might just be what helps us all strive to live longer.





# WHAT'S HAPPENING:

## *Fall Emeritus Events*



### **Emeritus Concert Band**

#### ***Fright Night***

Yosuke Miyoshi, Conductor. The Emeritus Concert Band presents “Fright Night” — a spooky concert with a Halloween theme, featuring a selection of spine-chilling music. See [smc.edu/events](https://smc.edu/events) or call 310-434-4306 for details.

**Sun, October 22 | 7 p.m. | Free**

**The Broad Stage at SMC Performing Arts Center**

### **Emeritus Back to School Night**

Bring your friends and family over to learn about SMC’s Emeritus Program. Emeritus offers over 140 completely free classes in disciplines such as art, music, literature, political science, computer training, health and wellness, and much more. Please stop in Room 408 to check in and discover all Emeritus has to offer. A musical performance by pianist Makiko Hiraka will kick off the evening at 3 p.m.

**Thu, October 26, 2023 | 3–6 p.m. | Free**

**SMC Emeritus Campus**

### **Emeritus Players Acting Showcase**

#### ***Conversations: Scenes from Film and Theatre***

Mark your calendar for our performance showcase featuring silly, serious, and quirky scenes that inspire, entertain, and — hopefully! — give you something to think about. For more information, please call 310-434-4306.

**Sat, January 27 | 1 p.m. | Free**

**Online; see [smc.edu/events](https://smc.edu/events) for details**

### **EMERITUS ART GALLERY**

The Emeritus Art Gallery is located on the first floor of the Emeritus Campus, 1227 Second St., Santa Monica. For gallery hours and more information, call 310-434-4306, or visit the Emeritus website ([smc.edu/emmeritus](https://smc.edu/emmeritus)). Exhibits and opening receptions are FREE.

#### **d’Arcy Hayman**

**September 21 – December 1**

**Zoom Virtual Reception at [smc.edu/emmeritusgallery](https://smc.edu/emmeritusgallery):**

**Thu, September 21, 5 p.m. to 6:30 p.m.**

Celebrate the international cultural contributions of artist, writer, and educator D’Arcy Hayman (1924–1994). She was International Arts Program director for UNESCO from 1960 to 1980, earned the rank of ambassador in the Paris-based position, and traveled to more than 100 member nations to promote the arts. The gallery exhibition of artworks from the artist’s estate includes her published books — *The Arts and Man* and *The Calculus Virgin* — as well as poetry, manuscripts, and various documents. An active philanthropist, Hayman holds a special place in the hearts of the Emeritus community for her generous contribution supporting the construction of the Emeritus Campus.

#### **Susan Ryza**

**Zoom Virtual Reception at [smc.edu/emmeritusgallery](https://smc.edu/emmeritusgallery):**

**Thu, November 2, 5 p.m. to 6:30 p.m.**

Don’t miss this online-only show of creative pieces by jewelry designer, handmade jewelry crafter, and Emeritus instructor Susan Ryza.

#### **The Ongoing Moment 2023:**

##### **Literature and Art from Emeritus**

**Zoom Virtual Reception at [smc.edu/emmeritusgallery](https://smc.edu/emmeritusgallery):**

**Thu, November 30, 5 p.m. to 6:30 p.m.**

Enjoy an online-only event celebrating publication of *The Ongoing Moment*, the annual Emeritus art and writing journal created by students in Monona Wali’s memoir class and Catherine Tirr’s watercolors studio class. Journals will be printed and available for purchase on campus and online. The Zoom event will feature artworks and live readings.

## From the Dean's Desk

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ever feel like you need a quick snack between classes, stop by the first floor and ask about Bodega Bites. It's a wonderful resource to keep you fueled and energized throughout your day.

Save the date for our upcoming Emeritus Back to School Night on Thursday, October 26. It's a fantastic opportunity to connect with fellow students, faculty, and staff, and discover all the resources and activities available to you as part of the Emeritus program.

Lastly, I wanted to remind you that enrolling in and attending Emeritus classes is of paramount importance, not just for individual students but also for the vitality of the program itself. Emeritus relies on attendance as a fundamental source of funding, making it crucial for students to actively participate in their classes. By doing so, students not only gain valuable knowledge and skills but also contribute directly to the sustainability of the program.

While we are taking proactive steps to promote the program, such as involving student volunteers, reopening the minilab, and hosting events like "Back to School Night" and other engaging activities to spread awareness, it is crucial that we all make a concerted effort to enroll, attend, and promote Emeritus classes. These initiatives enhance the visibility and accessibility of the program, making it even more imperative that we actively participate. By enrolling ourselves, attending classes consistently, and encouraging others to do the same, we not only reinforce the value of Emeritus but also ensure the success of these promotional efforts. It's a collective responsibility to sustain and grow this educational community, and our individual actions can truly make a difference in shaping its future.

Each enrolled student's presence ensures the continuation of these educational opportunities for countless others, fostering a sense of community, learning, and growth that benefits both the individual and the broader society.

We look forward to a rewarding and engaging Fall semester at SMC Emeritus and can't wait to see you at our upcoming events.

Warm regards,

Guadalupe Salgado  
Associate Dean, SMC Emeritus (Interim)

This edition of the *Emeritus Voice* was written and produced by students in the "Writing For Publication" (E34) class taught by Kathleen MacKay



**1227 2nd Street  
Santa Monica, CA 90401**

Business Hours:

Mon. – Fri., 8:30 a.m. – 4:30 p.m.

Telephone: 310-434-4306

Email: [emeritus@smc.edu](mailto:emeritus@smc.edu)

Website: [smc.edu/emeritus](http://smc.edu/emeritus)

SMC Emeritus is committed to life-long learning for older adults. From art and literature to health and safety, personal finance, and digital technologies, SMC Emeritus students connect, discover, renew, and reinvent. Classes are held at the SMC Emeritus headquarters at 1227 Second Street, Santa Monica, as well as at community sites located throughout the cities of Santa Monica and Malibu.

### Got Suggestions?

You can give Emeritus your feedback in several ways: by emailing [emeritus@smc.edu](mailto:emeritus@smc.edu); calling 310-434-4306; through the suggestion boxes located on the 1st, 2nd, and 4th floors of Emeritus; and in-person on the 1st floor Enrollment Services or 4th floor Administrative office.



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