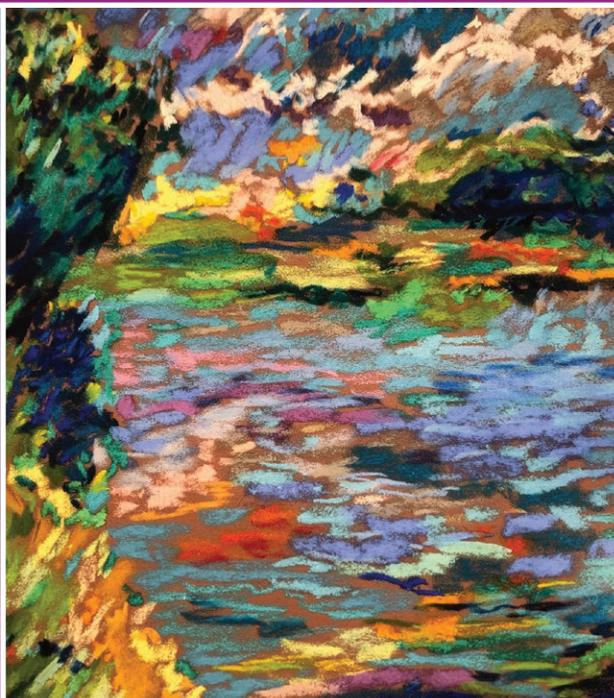




EMERITUS

A Program of
Santa Monica College



Schedule of Classes | Winter 2022 | Jan 4 – Feb 10

REGISTRATION

IMPORTANT SEMESTER DATES

The class schedule is available online at smc.edu/emeritus.

All classes for the winter session are happening in distance education environments.

Thursday, October 7, 2021 Schedule available online at smc.edu/emeritus

Monday, November 15, 2021 First day of Registration/Enrollment

Tuesday, January 4, 2022 WINTER SESSION BEGINS

Monday, January 17, 2022 Martin Luther King, Jr. Holiday (no classes/campus closed)

Thursday, February 10, 2022 WINTER SESSION ENDS

Applications mailed or placed in the SMC Emeritus mail slot located near the front door of 1227 2nd Street must be received by the Friday before the first day of enrollment. After you complete your registration, you will receive an email with your student ID number, username, and temporary password to activate your SMC online account, along with instructions to follow at smc.edu/activate.

CONTINUING STUDENTS

CONTINUING STUDENTS are students actively enrolled in the current semester or either of the previous 2 semesters. Continuing students may enroll online at smc.edu/cc or by using the fillable PDF application available at smc.edu/emeritus or by using a paper enrollment application. At least two weeks prior to the start of enrollment, Continuing Student Enrollment Cards will be mailed to the address on record. At the top of the form, you will find your online enrollment appointment date/time that will rotate to an earlier appointment each semester. For immediate processing, enroll online on your appointment date/time (or anytime thereafter) using the SMC Corsair Connect Enrollment System at smc.edu/cc. If you are not assigned an online enrollment appointment, you **cannot** enroll online.

If you prefer, you may use the fillable PDF application at smc.edu/emeritus, your Continuing Student Enrollment Card, or the paper application form at the back of this printed schedule, and send all registration materials as an email attachment to emeritus@smc.edu. Only continuing students who received an enrollment appointment may use authorization codes given to them by faculty to enroll in closed classes after the start of the semester. If you receive an authorization code from an instructor for a closed class, enroll in the class online at smc.edu/cc. If you have not previously activated your SMC online account, you must use your student ID number, username, and password to complete the one-time process at smc.edu/activate.

ONLINE ENROLLMENT SYSTEM FOR CONTINUING STUDENTS: CORSAIR CONNECT

The online enrollment process at Emeritus takes place through SMC's Corsair Connect system at smc.edu/cc. Online enrollment appointments are computer generated and rotate to a previous day each term. Online enrollment gives continuing students the best odds for successful enrollment. Enroll online on your appointment date/time or any time thereafter. Detailed online enrollment instructions are available online at smc.edu/emeritus or in the Emeritus Enrollment Services Office. Emeritus mini computer lab volunteers can assist you with online enrollment when the mini lab is open.

- Go to smc.edu/emeritus – click on the helpful links located on the left side of the page for instructions for online enrollment, Corsair Connect, a searchable schedule (to find which classes are open), and other useful information.
- Go to smc.edu/cc – use “Corsair Connect” to enroll online. Make sure you have your SMC/Emeritus username, password, and desired class section numbers available. If you cannot log in or have forgotten your password, please see smc.edu/studentithelp.

HOW TO REACH US



1227 2nd Street, Santa Monica, CA 90401

Business Hours: Mon. – Fri., 8:30 a.m. – 4:30 p.m.

Telephone: 310-434-4306

Email: emeritus@smc.edu

Web: smc.edu/emeritus

ENROLLMENT SERVICES OPTIONS

You must enroll every semester. *For the Winter 2022 session, you may initially enroll in a maximum of three (3) classes. When classes begin, this cap will be lifted, and you may enroll in additional classes when space is available. Please note: The same enrollment rules apply, so you will not be able to enroll in duplicate sections of the same course or enroll in a class that causes a time conflict.*

NEW AND RETURNING STUDENTS

NEW STUDENTS are students without an SMC Student Identification Number. RETURNING STUDENTS are students who have been away from classes for three or more semesters. New and returning students may register and enroll using either the application form in the back of this schedule or the fillable PDF application at smc.edu/emeritus. Please note that the fillable online application *requires* a signature before sending the application as an email attachment to emeritus@smc.edu.

- The link to the searchable schedule is located EITHER under the “In this section” OR on the left side of the smc.edu/emeritus webpage, depending on whether you are using a desktop computer or a mobile device/Chromebook. Once on the searchable schedule page, select the (1) Semester (e.g. Winter 2021), (2) Class Type (Emeritus), (3) Class Modality (All), and (4) Class Status (Open & Closed). Scroll down and click the “Search” button. A listing of classes will appear below the “Search” button. Click the right arrow at the bottom of the page to access the next set of classes.

APPLICATION FORM ENROLLMENT

The fillable PDF application form is available online at smc.edu/emeritus. A signature is required before sending the application as an email attachment to emeritus@smc.edu.

If you choose to use the paper application located in the back of this schedule, please scan/take a photo and email with the completed form to emeritus@smc.edu.

- Fill out the form completely, sign, date and provide an emergency contact and number on the form.
- List courses in priority order. Do NOT enroll in duplicate sections of the same course or classes that overlap in time.
- Write “Alt” to indicate your second choice for a better chance of getting a course of your choice.
- Write in a personal email address on your enrollment form.

If you cannot email the application form, you may mail or place forms into the SMC Emeritus mail slot located near the front door of 1227 2nd Street no later than the Friday before the first day of enrollment, or your enrollment form will not be processed. All enrollment forms — whether emailed, placed into the mail slot, or mailed — are processed on a daily basis after all the online appointments have expired.

NOT ABLE TO ENROLL?

If you are unable to enroll because of missing application information, a required instructor code change, unpaid for-credit course fees, a records hold, disqualification status, or any other reason, please contact the Emeritus office for information. If you are unable to enroll due to a closed class, please see the Closed Classes/Wait List section below. If you are having any other enrollment issues, call the Emeritus office at 310-434-4306 for assistance.

TRANSACTION RECEIPT/CONFIRMATION OF ENROLLMENT

If you enroll online, you will not be sent a transaction receipt via US mail. Instead, you must print your transaction receipt through the Corsair Connect online enrollment system. If you have submitted a paper application for enrollment, you will receive a transaction receipt via US mail. If a class you selected is not listed, then that indicates that the class is filled, or that there is a time conflict with another class you enrolled in, or that you tried to enroll in two sections of the same course. The class ID numbers are listed on the upper left of the confirmation/receipt.

CLOSED CLASSES / WAIT LIST

For closed classes, if you enroll online, you can add yourself to the wait list by clicking “Wait for a Class.” if you submit a paper enrollment form, you will automatically be added to the wait list. The maximum capacity for a wait list is approximately 30% of the maximum capacity for the class. The wait list is in chronological order, with the student who joined the list the earliest at the top (#1). Once the class starts, instructors will use the wait list as a reference to issue authorization (add) codes or sign add cards/continuing student forms. The wait list will be updated as students enroll in the class or remove themselves from it. When a seat opens up in a class, all active students on the wait list will be sent an Open Seat Notification to their SMC email account. Enrollment for the open seat is on a “first come, first to enroll” basis, so whoever enrolls first gets the available seat. Being on the wait list and receiving an Open Seat Notification does not guarantee an actual seat to anyone. For a better chance of getting the open seat, check your SMC email regularly and register online.

GENERAL INFORMATION AND ENROLLMENT TIPS:

- Courses are free but we gladly accept donations.
- Attend the first class or you may be dropped. Regular attendance throughout the semester is expected or you may be dropped from the class.
- Low enrollment and low attendance may cause class cancellations.
- Only enrolled students may attend and participate in class.

ADDRESS CHANGES

For address changes, either use an address card or make changes online at smc.edu/emeritus. In the menu on the left of the page, click on “Corsair Connect (Online Enrollment & SMC Email)” and log in. Then, click the “Enrollment” blue tab/link in the middle of the page. From the left menu, click “Profile/Preferences” and update your address, then press “Submit Changes” at the bottom of the page to save the new information.

EMERGENCY INFORMATION CARDS

Help us help you. Make sure your emergency information is current each term.

SCHOLARSHIPS/GRANTS

Scholarships and grants are available for materials or books for students experiencing financial difficulties. Make a confidential request to the Program Coordinator by calling 310-434-4306.

See page 4 for more distance education information.



DISTANCE EDUCATION INFORMATION

In order for instructors to provide students with distance education class information, ALL students must set up or activate their SMC **Corsair Connect** account. Through Corsair Connect, you can view enrollment results, enroll online after your initial semester as an SMC Emeritus student, and receive communication from your instructors through your SMC student email account.

ONLINE CLASSES

You will attend classes and activities online over the internet using a computer, smartphone, or other suitable device (iPad, Android tablet, Chromebook, etc.). If you do not have a suitable device, contact the Emeritus office to discuss options.

Course materials, including Zoom links for class, will be sent to your SMC student email address, which is automatically created for you upon admission (see below).

PERSONAL EMAIL ADDRESS IS REQUIRED

As of February 1, 2021, you are required to have a personal email address.

While SMC will communicate with you primarily through your SMC student email address, your personal email address is **required** so you can receive startup instructions. You may provide your personal email address by going to smc.edu/emeritus, clicking on “Application Form,” and emailing the completed form to emeritus@smc.edu.

If you have an active Corsair Connect account, you may provide or change your personal email address after login at smc.edu/cc.

1. Click the Enrollment tab;
2. Click on Profile/Preferences; and
3. Add your personal email address.

WHAT WILL BE SENT TO YOUR PERSONAL EMAIL ADDRESS

SMC will email three items of information to your personal email address after you are admitted. You may have to click on a button in an email to receive additional information in another email. You will be sent:

1. Your SMC student ID number,
2. Your assigned SMC username,
3. Your temporary password (which is in the same email as your username).

YOUR ASSIGNED STUDENT EMAIL ADDRESS

Upon your admission, an SMC student email address is automatically created for you. Check your student email account often, as most communication from Emeritus will be sent to your student email address. Go to smc.edu/google for more information.

Student email addresses are provided by Google Gmail, but each address ends with @student.smc.edu. Your assigned SMC student email address is always your **SMC username** followed by @student.smc.edu

Example username: **last_first01**

Example student email address: **last_first01@student.smc.edu**

WHAT TO DO

- A. After you receive the three items listed above, complete the one-time “activation” of your SMC username, set up your new password, and join the sign-on system by watching the video and following the Emeritus student instructions appropriate for you at smc.edu/activate.
- B. Remember or write down the password you set during the activation. Log in to all SMC computer systems with your SMC username and password.
- C. After you complete the activation, log in to the **Corsair Connect** student self-service system at smc.edu/cc to see the list of classes you are enrolled in.
 - Detailed instructions for Corsair Connect are online at smc.edu/ccguide.
 - You may add or drop classes with a course “section” number, found in the schedule of classes.
- D. Using the SMC@Mail graphic button in Corsair Connect or from the SMC Gmail link on the Corsair Connect login page, log in to your SMC student email account to see if an instructor or SMC has sent you anything yet.
- E. Instructors usually send course materials, including Zoom links, a day or two before the first class. If you do not receive your materials by then:
 1. Find the instructor’s name on your Corsair Connect class list (or the published schedule of classes).
 2. Find the instructor’s email address at smc.edu/directory.
 3. Email the instructor from your SMC student email address. Antispam systems sometimes block emails from nonSMC systems, so anything you send from a nonSMC email address might not be received.
- F. If you have questions about how to add classes, please contact the Emeritus office.
- G. If you have questions about your password, email account, or other College computer technology issues, please see the web page at smc.edu/studentithelp.



Welcome to SMC Emeritus!

Dear Emeritus Community,

Welcome to Winter 2022!

We are continuing Winter 2022 completely online. Our wonderful faculty and I are working on plans for Spring and beyond. We will have some classes online and some in-person in the future, and most likely will have a mix of in-person and online forever. However, you should know that before you register for any in-person classes, you will need to upload your proof of vaccination. There is no urgency to do so yet...but if you are so-inclined, you may visit smc.edu/emergitus and then click on "Submit Proof of Vaccination." Remember, if a class is in-person in Spring or later, and you wish to enroll, your proof of vaccination will need to be on file ahead of time. If you're tech savvy and can upload it now, I encourage you to do so...we will send out more emails and robocall reminders as we get closer to Spring.

I encourage you to become very familiar with Corsair Connect if you haven't already done so. Using your SMC credentials to register, to access SMC email and so much more makes many things easier, for you and for the program. You can even choose to forward your SMC email to your personal email account.

1. Log in to Corsair Connect at smc.edu/cc — from there you can activate your SMC email address, update your personal email address, and eventually even use Corsair Connect to register for classes.

Go to smc.edu/faq for instructional videos on how to log in to Corsair Connect, how to add a class in Corsair Connect, how to drop a class in Corsair Connect, and other resources.

2. Simple Zoom instructions available at smc.edu/emergitus, under COVID-19 Announcements.

I also highly encourage you to seek and offer support to each other, about class registration, sure, but also about life in general. Leverage the community we have all built together so we can all be as connected as possible during this time.

Please know that the Emeritus team, Vivian, Jessica, Ashley, the Emeritus faculty, even our new student workers and myself are working incredibly hard right now and always. If you get a chance, please let the team know how appreciative you are.

We look forward to welcoming you back into the Emeritus office in the very near future!

Sincerely,

Dr. Scott C. Silverman
Dean, Noncredit & External Programs

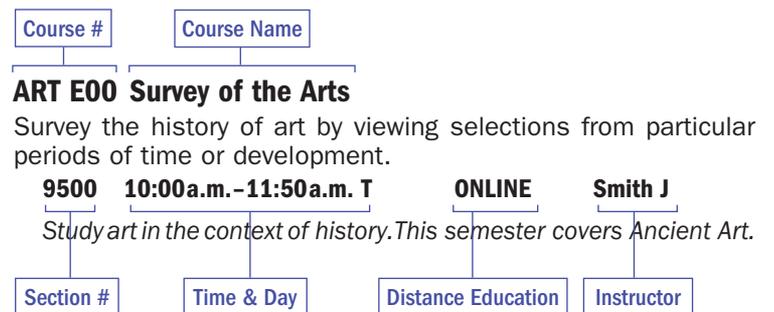


IMPORTANT NOTES TO STUDENTS:

All Winter 2022 Emeritus classes will be conducted remotely via **Distance Education (ONLINE)**. You must submit proof of COVID-19 vaccination if you are attending on-ground classes or accessing campus services in-person. To submit proof, request exceptions, or learn more about the vaccine program, visit smc.edu/vaccines. Most will be synchronous and happen at the time scheduled, through Zoom or another platform. Some will be asynchronous, where you can complete the course on your own schedule. The instructor for each class will send the students on their rosters more information prior to the first class meeting. **Please activate your SMC Gmail account in order to receive your instructor's Distance Education online class access information.**

- See page 4 for accessing distance education information.
- If you have concerns or questions about privacy, contact the Program Coordinator at 310-434-3851.
- Schedule is subject to change.

A SAMPLE OF A COURSE FROM THE SCHEDULE:



The 9000 level section number of the course must be placed in the "section" field on the application form or add card for correct enrollment.

Abbreviation of Days

| | |
|---------------|--------------------------|
| M = Monday | S = Saturday |
| T = Tuesday | MW = Monday & Wednesday |
| W = Wednesday | MF = Monday & Friday |
| Th = Thursday | TTh = Tuesday & Thursday |
| F = Friday | WF = Wednesday & Friday |

Check Out the
EMERITUS WEBSITE
smc.edu/emergitus

YOU'LL FIND

- Enrollment information and instructions
- Schedules of classes
- How to support Emeritus
- Emeritus news and information
- The Emeritus Voice newsletter
- Emeritus Gallery
- Contact information for Emeritus
- And more....



ARTS & CRAFTS

ART E15, Drawing

This course provides a supportive atmosphere for older adults—from beginners to more advanced students—to explore and experiment with self expression through drawing. Older adult students learn drawing skills, elements of design, composition, and creativity, as well as drawing techniques for representative or stylistic effect. As well, students learn to interpret the perceived “real world” in a two-dimensional field, and to improve their observation and hand-eye coordination. The course focuses on the processes by which one makes art, exposes students to different approaches, and challenges students to think about what they are doing or trying to do.

9501 9:00a.m.-11:15a.m. M ONLINE Adams L K

Learn the basics of drawing. Good for the beginner and students who would like to improve their drawing skills.

9502 12:30p.m.-2:45p.m. F ONLINE Tirr C A

Drawing in color media: Beginning and advanced techniques using colored pencils and pastels to draw still life studies, landscapes and cityscapes. Some drawing experience would be helpful.

ART E16, Life Drawing Studio

This course provides a opportunity for older adults to learn to see the human form and draw the anatomy of the human figure. This supportive class explores basic anatomy, movement, and skeletal structure of the figure using live models. Through demonstrations, class exercises, individual instruction, and guidance, beginning students learn basic life drawing skills, while more advanced students sharpen their skills in capturing the physical attributes of the model and expressiveness of the pose.

9503 9:00a.m.-11:50a.m. T ONLINE Harrison A B

Draw the human form from a live model. Learn basic drawing skills, perception and eye-hand coordination, elements of design, composition and creativity.

9504 11:00a.m.-1:50p.m. T ONLINE Adams L K

For beginners and others wanting to increase their skills. Includes lessons in anatomy, proportion, structure and expression. Short, medium and long poses.

9505 1:00p.m.-3:50p.m. M ONLINE Adams L K

Painting the human form — long pose for painting.

ART E19, Painting

This course enhances older adults’ artistic creativity and painting skills through positive motivation and instruction in oils and acrylics techniques that may use the palette knife for effect. Older adults learn how to select supplies and equipment, and basic elements of composition. Painting projects, demonstrations, group critiques, and discussions are used to explore two-dimensional artwork.

9506 9:00a.m.-11:50a.m. T ONLINE Donon S G

Assignments are designed for the progressing student. A basic grasp of the fundamentals of painting is highly recommended. This section focuses on oil, and water based mediums.

ART E20, Drawing and Painting

This course provides older adults with a supportive environment for instruction in drawing and painting. Older adults, from beginners to more advanced students, maintain or improve their drawing and/or painting skills in a constructive environment, and learn about space, line, value, and color in a workshop atmosphere.

9507 9:00a.m.-11:15a.m. M ONLINE Donon S G

This section focuses on oil, acrylic, drawing and mixed media. Projects will explore techniques, composition, and color.

9508 9:00a.m.-11:15a.m. W ONLINE Donon S G

Drawing and painting for all levels. This course focuses on water based mediums and different techniques. This section focuses on watercolor, techniques, composition, and color mixing.

9509 12:30p.m.-2:45p.m. W ONLINE Benson J K

9510 12:30p.m.-3:30p.m. M ONLINE Tirr C A

Drawing and painting, from pencil to pastel. Work in any dry medium. Develop your sense of composition, value, color and technique. Draw and paint still-lifes, landscapes and possible “plein air” sessions. Friendly critiques.

ART E21, Painting/Drawing, Oil and Acrylic

This course enhances older adults’ artistic creativity and painting skills through positive motivation and instruction in oils and acrylic techniques. Older adults learn basic painting techniques, the elements of composition, and how to select and use materials. Painting projects, demonstrations, and group critiques are used to explore two-dimensional artwork.



9511 1:00p.m.-3:15p.m. T ONLINE Harrison A B

Enhance your creativity through painting. This section is in memory of Francis J. Abrahams.

ART E22, Watercolor

This course allows older adults who have never used watercolors to acquire a strong foundation in watercolor techniques, and provides those students with some watercolor experience with a strongly supportive peer group in which to paint. Older adult students learn watercolor techniques and methods, as well as washes, brush strokes, color, value, and composition.

9512 9:00a.m.-11:15a.m. T ONLINE Manseau F J

Designed for beginning watercolorists. A techniques and methods class concentrating on the “how” of the medium: washes, brush strokes, color, value and composition.

9513 11:30a.m.-1:45p.m. T ONLINE Manseau F J

Intermediate watercolor. Review basics and further develop techniques toward a more personal creative result. Designed for students with some experience.

ART E24, Calligraphy II

This course expands older adults’ knowledge of calligraphy and everyday calligraphic forms to use for personal growth, self expression, or for family and volunteer projects. Older adult students learn the tools and equipment needed to write the calligraphy alphabet, as well as fundamental calligraphy techniques, lettering styles, and display methods.

9514 9:30a.m.-11:20a.m. F ONLINE Martorello J M

In this class, you will learn how to write and use a fun contemporary alphabet.

LOS ANGELES COUNTY

HELP LINE

Find housing, transportation, meals, medical care, senior centers, legal and elder abuse help.

Visit 211la.org for free information



ART E30, Watercolor Studio

This course allows older adults who have never used watercolors to acquire a strong foundation in watercolor techniques, and provides those students with some watercolor experience with a strongly supportive peer group in which to paint. Older adult students learn watercolor techniques and methods, as well as washes, textures, color, value, and composition.

9515 12:00p.m.-2:50p.m. W ONLINE Tirr C A

Studio watercolor covering the basics with a focus on strong composition and an understanding of the medium.

ART E80, Jewelry Making

This course provides older adults with an opportunity to create pieces of jewelry and learn an assortment of different techniques involved in creating jewelry. Students also learn about the wide range of materials available for making jewelry. Older adults make bracelets, earrings, and necklaces using techniques such as wire wrapping and bending, macrame, pearl knotting, crimping, and bead-weaving. Each week students learn a new technique and make a piece of jewelry using that technique.

9516 11:30a.m.-1:45p.m. Th ONLINE Ryza S V

New projects weekly — a wide range of jewelry-making techniques will be covered, including bead stringing, wirework, bead weaving, knotting, chain maille, and more. Guidelines for tools and materials purchasing will be given in class. This section is normally for more advanced jewelry projects, but in Winter, since there is no beginner class, projects will be geared towards being suitable for all levels.

EMPLOYMENT FOR SENIORS – COMPUTER TRAINING

REGISTER FOR ONE LEVEL ONLY WITHIN THE COMPUTER COURSES. The levels/content areas are:

- Basic Computer Training
- Word Processing – Beginning
- Word Processing – Intermediate
- Data Management
- Working with Photos
- Working with Videos
- Using the Internet and Internet Safety

Students will learn how to use computers confidently, and become familiar with basic concepts, terms and skills related to the Microsoft Windows Operating System and other software programs. Students will need a flash drive. Depending upon the instructor, a textbook may be used for this course. Your instructor will provide details.

OCC E00, Basic Computer Training (formerly Introduction to Computers)

This course is designed to assist students in accessing the world of computers and technology. Students acquire introductory computer skills, enabling them to interact with colleagues, family and friends and promote self-expression. Students learn about personal computers, improve technical vocabulary, review typing and mouse skills, conduct basic computer maintenance, and learn how to use computer special function keys.

9578 1:30p.m.-3:20p.m. F ONLINE Simmonds A R

YOU'VE GOT SMC EMAIL!

Every student at Emeritus has been assigned a Santa Monica College email address. Check it regularly to get information from college faculty and staff.

How do you get to your email?

- Go to the Santa Monica College website at **smc.edu**
- Click on the **Login** tab at the top of the screen and then click **Corsair Connect** below that
- Click onto the **SMC Gmail** link at the top of the **Corsair Connect** login screen
- A new window **SMC Sign-On** will appear
- Enter your **Username** and **Password** as directed on the SMC Sign-On page to gain access to your SMC Gmail account. If you have difficulty with the login, email us at **emeritus@smc.edu**
- If this is the first time you are using **Corsair Connect**, complete the one-time “activation” of your SMC username and set up your new password. Follow the instructions provided at **smc.edu/activate**. If you have questions about your password, email account, or other College computer technology issues, please visit the webpage at **smc.edu/studentithelp** or email **studentithelp@smc.edu**

OCC E01, Word Processing

This course assists older adults in acquiring the skills necessary to use word processing software. Older adults learn to create, save, and retrieve documents and gain consumer and personal management skills. The pace of the course is designed to meet the needs of older adults who are at least somewhat familiar with computer technology.

9579 9:00a.m.-10:50a.m. M ONLINE Woolen D W

Beginner course.

9580 10:00a.m.-11:50a.m. F ONLINE Woolen D W

Intermediate course.

OCC E10, Using Data Files

This course helps older adults understand how to use tables and data files to create mailing labels, financial records for taxes, or work in a volunteer or paid job requiring these and other consumer skills. The course is offered at a pace that helps older adults maximize their knowledge retention and continue learning.

9581 1:00p.m.-2:50p.m. W ONLINE Rodriguez J E



OCC E20, Using the Internet Safely

This course focuses on ways students can better protect themselves in a new technological environment and use the Internet to find valid information. Best practices in virus protection and using e-mail are discussed. In addition, students examine and discuss their computer and internet needs for personal and professional use.

9582 11:00a.m.-12:50p.m. M ONLINE Woolen D W

This section will focus on using the internet and social media safely on all devices: computers, smartphones, tablets, etc.

PHOTO E00, Digital Photography I

This course assists older adults in selecting and using digital cameras. Older adults are encouraged to take photographs, keep photographic records, use photography as a means of self-expression, and share their vision and photographic experiences with others.

9583 9:00a.m.-10:50a.m. T ONLINE Boggs A J

Digital Photography for those who want to expand their photographic abilities. Novice digital photographers are most welcome. Free image editing programs such as Picasa and FastStone will be explored. Guidelines for using your camera, composition and exposure will be discussed. Students are urged to bring a few pictures on flash drives along with their cameras and manuals to class. No computer knowledge is required. Cell phone photography will also be explored.

PHOTO E10, Digital Photography II

This course assists older adults in choosing and using modern technology for keeping photographic records of their family, friends, and travels, and helps them use photography as a means of self-expression. Older adults share their photographic visions with peers and other family members. Some emphasis is placed on documenting students' family histories.

9584 9:00a.m.-10:50a.m. Th ONLINE Rodriguez J E

This will be an Advanced Section. Use Adobe Premiere to create simple videos. Knowledge of and experience in the use of Photoshop Elements is recommended.

9585 1:00p.m.-2:50p.m. M ONLINE Rodriguez J E

Basic photography, digital cameras and software.

9528 8:30a.m.-10:20a.m. WF ONLINE Dee D

Please bring your own yoga mat (unless section is chair-based).

9529 10:00a.m.-11:50a.m. TTh ONLINE Cooper M

9530 11:00a.m.-12:50p.m. MW ONLINE Roseman T

Through the practice of yoga postures (asanas) and yogic breathing (pranayama) you will learn how to improve your overall health and well-being, to develop strength, flexibility, balance, improve your breathing, increase circulation, your ability to hold focus and to relax. Please bring your own yoga mat, a notebook, and a pencil.

9531 11:30a.m.-1:20p.m. TTh ONLINE Cass K

Above section 9531 is chair based — no mat required.

9532 2:00p.m.-3:50p.m. TTh ONLINE Dee D

Please bring your own yoga mat (unless section is chair-based).

HEALTH E22, Chi Gong Principles & Practices for Older Adults

This course is designed to enhance the health and safety of older adults through use of the principles and techniques of Chi Gong. Based on Chinese philosophy and healing concepts, the course will include the history, theory and practice of Chi Gong, including both the Wu School and Yang Style. Included are such Chinese philosophies as Yin and Yang, the Eight Directions, and Five Element theory and their applications to healthy living. Students work at their own level to improve tone, strength, flexibility and balance. Lectures, films, texts and discussions will explore the theory and practice of this traditional Chinese method for health and healing. Students will analyze which strategies best meet their needs, and create an individual health plan integrating Chi Gong techniques into their daily lives.

9533 8:30a.m.-9:45a.m. TTh ONLINE Holtzermann C

HEALTH E23, T'ai Chi Principles & Practices for Older Adults

This course offers an overview of the history, philosophy and techniques of the Chinese energy balancing health practice T'ai Chi Ch'uan. With a focus on enhancing healthy aging for older adults, the course offers strategies for improving balance and posture; increasing flexibility and endurance, reducing stress, and promoting relaxation and mindfulness. The course shows older adults how to avoid injury, conserve energy and use the body in an ergonomic manner. Students will create a personal health plan integrating T'ai Chi principles and techniques into their daily lives.

9534 9:00a.m.-10:15a.m. MF ONLINE Akers P A

For beginner and intermediate level students.

9535 12:00p.m.-1:15p.m. WF ONLINE Nardini A S

Intermediate/Advanced. This class is not appropriate for beginners. Students must have already learned the entire Yang Style Slow Set, 108 moves. If you do not know the whole Slow Set, please join the Beginner Class (Mondays and Fridays at 2 p.m.) to learn from the beginning.

9536 12:30p.m.-1:45p.m. TTh ONLINE Terry Jr P W

Beginner and intermediate.

9537 2:00p.m.-3:15p.m. MF ONLINE Akers P A

For intermediate/advanced level students. This class is not appropriate for beginners.

HEALTH & CONDITIONING

HEALTH E21, Yoga Health & Safety, Principles & Practices for Older Adults

This course focuses on the history, principles and practices of yoga. Designed to promote health and safety among older adults, it focuses on yoga principles and practices to enhance the health of older adults through improved flexibility, balance, range of motion, strength, lung capacity and circulation. Some course sections may focus on specific yogic methods. Some sections may include therapeutic applications of yoga to address specific health challenges for older adults. Students will be encouraged to share their physical, mental and emotional challenges in a supportive environment specifically for older adults. These challenges will then be addressed within the coursework. Students will create a Daily Personal Yoga Health Plan integrating their own personal therapeutic yoga applications. Students will be encouraged to practice daily, creating opportunities to rehabilitate challenges. The course is designed to help students to use yoga methods such as postures, breathing techniques, meditation, and visualization to enhance their confidence, health, and overall feeling of well being.



HEALTH E24, Physical Fitness Principles & Practices for Older Adults

This course focuses on physical fitness and conditioning principles to help older adults maintain or improve their health, safety and independence. It covers basic principles of anatomy and fitness, showing older adults how to improve their cardiovascular health, muscle strength, endurance, flexibility, posture and balance. Principles of good nutrition also will be covered. Students explore movement strategies that are particularly helpful for older adults. Included are proper concepts and methods for warm-ups, stretching, low-impact aerobic activity, cool-downs, strength training and balance work. Students learn how to avoid falls and safely accommodate physical conditions and challenges. Students create a customized personal fitness and conditioning plan to suit their individual needs and physical challenges.

| | | | |
|------|------------------------|--------|------------------|
| 9538 | 8:30a.m.-9:45a.m. TTh | ONLINE | Moy D N |
| 9539 | 9:00a.m.-10:15a.m. MW | ONLINE | Huner K A |
| 9540 | 9:00a.m.-10:15a.m. TTh | ONLINE | Wapner-Baart L J |
| 9541 | 9:30a.m.-10:45a.m. TTh | ONLINE | Huner K A |
| 9542 | 2:00p.m.-3:50p.m. W | ONLINE | Cass K |

This section will be a combination of chair-based and non-chair-based, yoga inspired activities.

HEALTH E25, Strength & Stamina Training Principles & Practices for Older Adults

This course focuses on how strength training and stamina building strategies help to promote health, safety and vitality in older adults. Principles of basic anatomy and physiology are covered. The course explores how older adults can maintain or improve their health and stamina through strength training using free weights, resistance devices and fitness techniques. The course emphasizes safe ways to start and maintain a program to increase strength, improve stamina and sustain bone density. Principles of good nutrition and stress management are included. Students create a personal fitness and strength training plan based on their individual needs and physical challenges.

| | | | |
|------|-------------------------|--------|--------------|
| 9543 | 10:00a.m.-11:15a.m. TTh | ONLINE | Regalado O |
| 9544 | 10:30a.m.-11:45a.m. MW | ONLINE | Huner K A |
| 9545 | 2:00p.m.-3:15p.m. TTh | ONLINE | Terry Jr P W |

HEALTH E30, Personal Safety – Fall Prevention

This course is designed to help students avoid falls, which are the most frequent cause of serious injury in older adults. The course focuses on how, when and where falls frequently occur; how to maintain mobility, and how to improve and recover one's balance. Students will create an individualized activity program to improve balance, endurance, strength and flexibility.

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|------|----------------------|--------|--------------|
| 9546 | 12:00p.m.-1:50p.m. W | ONLINE | Evans Jami R |
|------|----------------------|--------|--------------|

HEALTH E34, Stress Reduction through Yoga

This course offers older adults a range of strategies and techniques to reduce and manage stress in their lives. It includes stress reduction methods such as positive thinking, breathing exercises, meditation, humor, diet and exercise. The course also helps students establish peer support groups to help maintain their stress reduction skills.

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|------|----------------------|--------|---------------|
| 9547 | 8:00a.m.-9:50a.m. S | ONLINE | Holtzermann C |
| 9548 | 9:00a.m.-10:50a.m. M | ONLINE | Cooper M |

9549 11:00a.m.-12:50p.m. F ONLINE Roseman T

Learn through the focused practice of yoga postures (asanas)- standing, seated, supine (lying down), and/or inverted- with conscious yoga breathing (pranayama) how to increase your energy, support emotional balance, develop your ability to concentrate, induce relaxation and improve your overall health and well-being. Please bring your own yoga mat, a notebook, and a pencil.

HEALTH E38, Joint Health & Mobility for Older Adults

This course helps older adults with chronic joint pain or mobility problems to attain and maintain physical strength, mobility and flexibility. Older adults with arthritis and/or other minor physical limitations will learn about the function of joints in the human body and techniques to move effectively without joint stress. Students create an individual plan for mobility and physical fitness.

| | | | |
|------|-------------------------|--------|------------------|
| 9550 | 10:30a.m.-11:45a.m. TTh | ONLINE | Moy D N |
| 9551 | 10:30a.m.-11:45a.m. TTh | ONLINE | Wapner-Baart L J |
| 9552 | 12:30p.m.-1:45p.m. TTh | ONLINE | Regalado O |
| 9553 | 2:30p.m.-3:45p.m. MW | ONLINE | Albert G S |

HOME ECONOMICS

CT E00, The Fix-It Class – Repair Almost Anything

This course teaches older adults about household tools, how to make minor or more complex home repairs or maintenance, and how to evaluate proposed repair processes when hiring and paying a repair person. Older adults learn to repair leaky faucets, fix minor electrical problems, hang almost everything, caulk a bathtub, and so forth. The course is intended to help older adults be knowledgeable, confident, and prudent about home repairs and maintenance.

| | | | |
|------|----------------------|--------|----------|
| 9519 | 1:00p.m.-3:15p.m. Th | ONLINE | Ross M A |
|------|----------------------|--------|----------|

HME EC E52, Restaurant Critic – Dining Wisely: Healthy Eating Choices for Older Adults

This course helps older adults learn how to prepare healthy foods for a small household and how to make cost-effective choices in planning a menu. Older adults work together to create a cookbook or recipe book, share food and recipes with their peers, learn restaurant terms, learn to write a standard recipe, and discuss and write about memories involving food. The course also engages older adults in discussions about food fads and provides factual information on food additives, vitamins, safe food storage, health precautions, and basic nutritional information.

| | | | |
|------|----------------------|--------|-----------|
| 9557 | 11:30a.m.-1:50p.m. M | ONLINE | Salgado G |
|------|----------------------|--------|-----------|

HME EC E71, Needlecrafts II

This course provides a supportive, stimulating, and creative environment for older adults to create handmade needlework or other fiber arts projects using an assortment of techniques, including knitting, crochet, needlepoint, weaving and macrame. Beginning students will learn basic skills; students with some experience in needlework will learn more advanced techniques.

| | | | |
|------|---------------------|--------|----------|
| 9558 | 1:30p.m.-4:20p.m. W | ONLINE | Ryza S V |
|------|---------------------|--------|----------|

In this friendly and sociable remote class, we will cover a different needlecraft technique every week, with extra time spent on knitting and crochet. Other topics covered could include embroidery, weaving, macrame, needlepoint, applique, cross stitch, or any other yarn or cloth-related technique. Each topic will be geared towards all levels, from complete newbies to experienced needlecrafters.



HUMAN DEVELOPMENT

HUMDEV E06, Enjoy Life – Understanding Our Mind, Body & Brain for Senior Adults

This course familiarizes older adults with the aging process, including physiological, psychological, and sociological aspects. Older adults become more comfortable with changes in themselves and others over time, and learn to celebrate the benefits of a longer life. Older adults also learn new coping strategies and explore issues facing adults of all ages, including conflicts, stereotypes, age, bias, loss, and change.

9559 1:30p.m.-2:45p.m. TTh ONLINE Albert G S

HUMDEV E22, Senior Seminar: Through a Jewish Lens – Art, Culture & Entertainment

This course is designed to help older adult students learn about Jewish culture, from the historical backdrop of the 19th Century's worldwide advances, pogroms, and immigrations, to the flowering of Jewish art, culture and entertainment in 20th Century United States and beyond. The course aims to improve older adults outlook on life, stimulate their minds and imaginations, improve peer group interaction and communication, and increase their sense of positive aging and cultural identity with particular attention to Jewish humor and tenacity as survival mechanisms in the face of adversity. Older adults will engage with their peers in a positive and up-lifting manner while learning about the use of art and humor through the last century. They will learn about Jewish theater, literature, film, art and music, and how American culture has flourished as a result of the Jews' contributions. We will discuss: changes in stereotypes such as comedic images of older adults and other subgroups of the community; different types of art, self-expression and humor; and/or popular trends in all aspects of culture and entertainment.

9561 11:30a.m.-1:20p.m. W ONLINE Abatemarco A M

HUMDEV E24, Bereavement Support

This course helps older adults in the resolution of grief and toward a more positive view or reaction to the death of a loved one. The course provides older adults with a variety of alternative methods of dealing with loss in a small group setting. Older adults share their grief with others, receive encouragement and moral support, and learn about the natural grieving process, as well as how to heal and rebuild their lives.

9562 1:30p.m.-3:20p.m. M ONLINE Press P L

HUMDEV E27, Exercising the Brain

This course assists older adults in minimizing anxiety when memory behavior patterns change. The ultimate goal of the class is to stimulate thinking and to exercise the brain. Older adults learn the latest information on the causes, symptoms, and treatments of memory loss in older adults, as well as practice skills to enhance memory retention and retrieval.

9563 10:00a.m.-11:50a.m. T ONLINE Frand L

This class is not intended for anyone with Alzheimer's or any type of dementia.

9565 12:30p.m.-2:20p.m. T ONLINE Frand L

This class is not intended for anyone with Alzheimer's or any type of dementia.

PSYCH E33, Living as a Single Person

This course assists older adults who are facing a change in their lifestyle because they are now single. Older adults explore topics such as dealing with isolation ageism, depression, eating patterns, and social interactions. The course assists older adults in making the necessary transitions and adjustments to live a happy and successful life as an older single person.

9590 11:00a.m.-12:50p.m. M ONLINE Press P L

LITERATURE

BILING E01, Literature in Spanish

This course helps older adults explore a variety of Spanish literature in the language in which it was written and stimulates their appreciation of the vast literary output of Spain, Latin America, and other Spanish speaking countries. Students may also explore the history and culture of the country in which a literary work was produced, and participate in class discussions in Spanish.

IN SPANISH 9517 11:00a.m.-12:50p.m. F ONLINE Kim Yunsook

BILING E02, French Literature

This course helps older adults understand and appreciate the vast literary output of France and other French speaking countries, and introduces them to French culture and people. Older adults explore a variety of French literature in the language in which it was written and engage in stimulating discussions with their peers.

IN FRENCH 9518 2:00p.m.-3:50p.m. T ONLINE Isner-Ball D R

ENGL E20, Literature: The Novel

This course, which examines the world's greatest literary works (such as James Joyce's *Ulysses*) is designed to help older adults learn about trends in writing in different societies. Older adults learn about the uniqueness of each age of literature and each author under scrutiny. Various literary themes and the concerns of authors in different historical periods serve as a basis for discussion so that older adults may compare and contrast these topics with current events, modern cultures and sub-cultures, and societal structures and mores. Older adults will also discuss with their peers how these works relate to their own life experiences and accumulated knowledge.

9520 2:00p.m.-3:50p.m. M ONLINE Dwyer F

*A close reading and discussion of the great novels. In the winter 2022 session we will continue with Marcel Proust's *In Search of Lost Time: vol. 5: The Captive*, in the translation by C. K. Moncrieff, revised by Terence Kilmartin, and revised again by D. J. Enright. (It comes in a volume published by The Modern Library which also includes vol. 6: *The Fugitive*).*

ENGL E22, Short Story

This course is designed for older adults who want to explore literature, such as the works of Milton, Austen, Hawthorne, and T.S. Eliot, as well as short stories from Latin America, America, Europe, and Africa, and discuss it with their peers. This course allows older adults to experience a wide range of classic and contemporary literature in a social setting and relate that content and emotion to their own personal life experiences.

9521 11:00a.m.-12:50p.m. W ONLINE Ghabaei B



ENGL E23, Shakespeare

This course allows older adults to study and discuss selected plays by William Shakespeare and his contemporaries with their peers. Older adults will experience or re-experience the emotional and dramatic content in Shakespeare's classic works in light of their current life situations, and discuss the concerns of the human heart from the height of passion to the depths of despair.

9522 9:00a.m.-10:50a.m. M ONLINE Achorn J C

We will be looking at Shakespeare's Sonnets. Recommended text: the Arden edition.

9523 11:00a.m.-12:50p.m. M ONLINE Achorn J C

We will be looking at Shakespeare's Sonnets. Recommended text: the Arden edition.

ENGL E29, Greek Literature

This course introduces older adults to the world of ancient Greek drama and fosters discussion among peers. Older adults will study Greek theater from a literary viewpoint and learn about plots, characters, and different interpretations through comparative analysis. Older adults will learn how ancient Greek drama is interpreted in modern media and will relate it to their own lives and experiences.

9524 11:30a.m.-1:20p.m. M ONLINE Dwyer F

We will continue reading and contrasting two books: Homer's Iliad, in the translation by Caroline Alexander, and Christopher Logue's War Music. You will need the only complete edition of War Music, which is published by FSG. (It has a black helicopter on the cover).

ENGL E30, Creative Writing

This course nurtures, revitalizes, and stimulates older adult writers who may already be producing or thinking about producing written material. The course is intended to discover, encourage, and develop untapped writing talent in older adults. It also allows older adults to develop and refine their writing and self expression skills, discuss their writing with peers, and comment on their peers' writing in a respectful and constructive manner. The course is also a forum for older adults to share their creative voices with peers.

9525 9:00a.m.-11:15a.m. M ONLINE Kronsberg G J

Experiment with writing projects to explore style, content and effect from the basics to more sophisticated techniques.

9526 9:30a.m.-11:45a.m. T ONLINE Ghabaei B

Come learn the art of skillful writing. All levels are welcome.

ENGL E33, Autobiography

This course helps older adults review and integrate the experiences that have shaped their lives, share memories with peers, and create a record of events for themselves and their families. Through this class older adults achieve a sense of pride in their accomplishments, improve their writing abilities, and express themselves in writing that can be shared with family, friends, and the public if desired.

9527 9:30a.m.-11:45a.m. S ONLINE Fox Jr R W

PATHFINDERS PROGRAM

SMC Emeritus Pathfinders classes are geared towards the needs of individuals who are recovering from an acquired brain injury or stroke. Pathfinders exercise classes include the following:

- **HEALTH E63 Body Conditioning After a Stroke** help to improve balance, mobility, and physical endurance in a group setting.
- **HUMDEV E27 Exercising the Brain** is designed for individuals dealing with cognitive deficits.
- **HUMDEV E50 Communication After a Stroke** assist in the improvement of communication skills.

Interested SMC Emeritus students who would like to enroll in the aforementioned classes are required to call the SMC Center for Students with Disabilities ABI Program at 310-434-4442 for registration details. **You cannot enroll in the Pathfinders classes without first calling 310-434-4442. Registration is completed through the SMC Center for Students with Disabilities.**

HEALTH E63, Body Conditioning After a Stroke

This course helps older adults who have experienced an acquired brain injury to maintain or improve their mobility and physical endurance through an individualized program offered in a group setting. Topics include how to cope with the effects of brain injury or stroke and how to restore the student's natural energy and flexibility, through techniques used to regain and maintain physical fitness. Participation in this Pathfinders Program allows older adults to be included in their community and maintain their independence, and helps them to self-advocate and engage in activities that benefit their health.

| | | | |
|-------------|-------------------------------|---------------|---------------------|
| 9554 | 1:30p.m.-2:45p.m. Th | ONLINE | Jaffe A O |
| 9555 | 10:30a.m.-11:45a.m. F | ONLINE | Evans Jami R |
| 9556 | 1:30p.m.-2:45p.m. T | ONLINE | Deuel E M |
| 9595 | 10:30a.m.-11:45a.m. T | ONLINE | Deuel E M |
| 9596 | 12:00p.m.-1:15p.m. T | ONLINE | Deuel E M |
| 9597 | 10:30a.m.-11:45a.m. W | ONLINE | Evans Jami R |
| 9598 | 12:00p.m.-1:15p.m. F | ONLINE | Evans Jami R |
| 9599 | 10:30a.m.-11:45a.m. Th | ONLINE | Jaffe A O |
| 9600 | 12:00p.m.-1:15p.m. Th | ONLINE | Jaffe A O |

HUMDEV E27, Exercising the Brain

This course assists older adults in minimizing anxiety when memory behavior patterns change. The ultimate goal of the class is to stimulate thinking and to exercise the brain. Older adults learn the latest information on the causes, symptoms, and treatments of memory loss in older adults, as well as practice skills to enhance memory retention and retrieval.

| | | | |
|-------------|------------------------------|---------------|-------------------|
| 9602 | 9:00a.m.-10:45a.m. F | ONLINE | Nicholls J |
| 9564 | 11:00a.m.-12:15p.m. F | ONLINE | Nicholls J |

HUMDEV E50, Communication After a Stroke

This course, which is part of the Pathfinders Program, increases, enhances, and maintains the daily speech function of adults who have experienced speech impairments due to acquired brain injury. Older adults learn to cope with the effects of stroke or other brain injury on communication skills, get support from those in similar situations, and guidance from professionals after outpatient therapy is completed.

| | | | |
|-------------|------------------------------|---------------|---------------------|
| 9566 | 10:30a.m.-11:45a.m. W | ONLINE | Feinberg L H |
| | 12:00p.m.-1:15p.m. W | ONLINE | Feinberg L H |



MUSIC – PERFORMING ARTS

MUSIC E00, Concert Band

This course reinforces older adults' love of performing music in public and provides a structure for them to express themselves and participate in a performance group during their later years. Older adults also experience the physical benefits of deep breathing and head, eye, and ear coordination that result from playing a musical instrument. The course mentally stimulates older adults to concentrate on a wide variety of musical score, memorize parts, and problem solve in front of an audience.

9567 6:30p.m.-9:20p.m. T ONLINE Miyoshi Y

MUSIC E02, Guitar for Older Adults

This course re-stimulates older adults' interest in and knowledge of music played on the guitar and enhances their self-expression through music. Older adults learn basic and some advanced guitar chords, strumming patterns, and finger picks while playing songs from the 1920s, 1930s, 1940s, and 1950s, as well as traditional folk songs.

9568 9:30a.m.-10:50a.m. MW ONLINE Terry Jr P W

MUSIC E03, "The Merits" – Vocal Ensemble

This course provides older adults with an opportunity to express themselves musically, perform in community events, gain a sense of belonging to a creative peer group, and continue their life experiences in music. The course also helps older adults improve their vocal performance skills, rehearsal techniques, and general knowledge of music.

9569 10:00a.m.-12:50p.m. T ONLINE Bryant W

MUSIC E04, Voice Training

This course provides a venue for older adults to discover or strengthen their musical creativity, personal vocal skill, performance standards, and self-confidence. Vocal exercises and solo singing. Advanced memorization is stressed.

9570 12:30p.m.-2:50p.m. Th ONLINE Bryant W

MUSIC E06, Gospel Community Chorus

This course introduces older adults to gospel music, literature, and singing techniques with the goal of performing throughout the community. The course provides a venue for older adult students to express themselves through gospel music, gain knowledge of the history of gospel music, build or rebuild their self-confidence as soloists or group performers, and interact with a group of creative peers.

9571 1:00p.m.-2:50p.m. W ONLINE Bryant W

MUSIC E10, Spanish Folk Singing

This course provides older adults (primarily those with a working knowledge of the Spanish language) with an opportunity to practice and perform music in Spanish from around the world. Older adult students are introduced to Spanish music, literature, and singing techniques from their own and other cultures, and encouraged to express themselves through Spanish folk songs.

9572 12:00p.m.-1:50p.m. T ONLINE Perez J Z



MUSIC E30, Opera Appreciation

This course helps older adults understand and appreciate opera as a music form and provides opportunities for socialization through shared interests. Older adults learn about the creative aspects, history, and development of opera. The course includes operatic experiences, live productions, and other opportunities for mental stimulation and peer group socialization.

9573 11:00a.m.-12:50p.m. T ONLINE Jackson L R

MUSIC E32, Music Appreciation

This course helps older adults understand how music can enhance their life experiences by learning more about music styles, composition, performance, and historical periods. Older adults listen to and discuss musical selections and composers' biographies; expand their musical knowledge and understanding of different types of music, including orchestral, jazz, indigenous, and film music; and explore different aspects of musical performance by comparing different performers' recordings of the same piece.

9574 1:00p.m.-2:50p.m. M ONLINE Hetz M L

Explore Classical Music and learn about music. For all levels. Discuss the interaction between culture, language and social events that shape the creativity of musicians. Enjoy performances by rising student performers.

MUSIC E34, Lyric Chorus

This course provides older adults with a musical growth experience, opportunities to enhance their self-esteem and sense of belonging, and a way to express their creativity and interact with peers. Older adults rehearse and perform three-part arrangements of classics, Broadway hits, and ragtime music, and learn to be positive contributors to the sound, appearance, and artistic personality of a performing chorus while keeping their concentration and lung capacity at a peak.

9575 9:00a.m.-11:50a.m. Th ONLINE Gerhold T

MUSIC E51, Piano and Theory

This course is intended to enhance the enjoyment of creating music among older adults and enhance their ability to express themselves through music. Older adults learn to play piano music at their own level and pace, and participate in group discussions with peers. Older adults also learn musical skills and concepts and develop their ability to play piano music.

9576 11:00a.m.-12:50p.m. S ONLINE Hetz M L

This section is for intermediate and advanced students.

9577 12:00p.m.-2:20p.m. F ONLINE Hetz M L

This is for beginners!

POLITICAL SCIENCE

POL SC E00, Current Events

This course increases older adults' understanding of local, national, and international current affairs and how it affects their lives as well as the world around them. Older adults consider the political, economic, and social movements that determine domestic and foreign policies in the United States and around the world.

9586 9:00a.m.-10:50a.m. W ONLINE Stern R M

9587 10:00a.m.-11:50a.m. M ONLINE Reiner M

9588 2:00p.m.-3:50p.m. F ONLINE Trives N

2:00p.m.-3:50p.m. F ONLINE Johnson J P

9589 3:00p.m.-4:50p.m. M ONLINE Sarkissian R



THEATER ARTS

HUMDEV E15, Theater – History of Comedy

This seminar provides a supportive environment for older adults to discuss with their peers a variety of topics of interest to seniors, including the study of aging, public policy related to older adults, philosophy, literature, music and musicals, or religion. The course is designed to allow older adults to relate any of these topics to their life experiences and socialize with others in similar stages of life. Specific topics may vary from semester to semester and may include the history of comedy, the great American songbook, etc.

9560 9:00a.m.-10:50a.m. W ONLINE Achorn J C

We will be looking at Funny Women in Comedy.

TH ART E01, Principles of Acting

This course allows older adults to explore the human condition in historical and contemporary dramatic literature, fairy tales, myths, and legends, satire, and parody. By learning how to analyze and interpret these texts, older adults will be able to craft the characters that inhabit these stories. Through the transformative process of creativity, older adults improve their acting skills and participate in a public performance, which builds self-confidence and self esteem.

9591 11:00a.m.-1:50p.m. T ONLINE Gannen B

9601 10:00a.m.-11:50a.m. M ONLINE Camilleri G J

This section will focus on Improv Comedy.

TH ART E02, Theater Arts Appreciation

This course expands older adults' knowledge of play production methods and the history of the theater as it relates to current society and the life experiences of older adults. Older adults will learn about theater production from the viewpoint of the director, actor, critic, and viewer.

9592 9:00a.m.-10:50a.m. F ONLINE Abatemarco A M

TH ART E30, Dramatic Interpretation Through Movies

This course helps older adults explore the art, technology, language and appreciation of film from the point of view of the older adult. Older adult students analyze the fundamentals of film production as a means of encouraging mental stimulation and peer socialization. Film examples are shown in class for comparison and discussion.

9593 11:00a.m.-1:20p.m. F ONLINE Abatemarco A M

9594 1:30p.m.-3:45p.m. W ONLINE Abatemarco A M



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CLASSES BY THE DAY Winter 2022

All Winter 2022 Emeritus classes will be conducted remotely via **Distance Education (ONLINE)**. You must submit proof of COVID-19 vaccination if you are attending on-ground classes or accessing campus services in-person. To submit proof, request exceptions, or learn more about the vaccine program, visit smc.edu/vaccines. Most will be synchronous and happen at the time scheduled, through Zoom or another platform. Some will be asynchronous, where you can complete the course on your own schedule. The instructor for each class will send the students on their rosters more information prior to the first class meeting. **Please activate your SMC Gmail account in order to receive your instructor's Distance Education online class access information.**

MONDAY

| | | |
|---------------------|--|--------|
| 9:00a.m.-11:15a.m. | 9501 ART E15, Drawing | ONLINE |
| 9:00a.m.-11:15a.m. | 9507 ART E20, Drawing and Painting | ONLINE |
| 9:00a.m.-10:50a.m. | 9522 ENGL E23, Shakespeare | ONLINE |
| 9:00a.m.-11:15a.m. | 9525 ENGL E30, Creative Writing | ONLINE |
| 9:00a.m.-10:50a.m. | 9548 HEALTH E34, Stress Reduction through Yoga | ONLINE |
| 9:00a.m.-10:50a.m. | 9579 OCC E01, Word Processing | ONLINE |
| 10:00a.m.-11:50a.m. | 9587 POL SC E00, Current Events | ONLINE |
| 11:00a.m.-12:50p.m. | 9523 ENGL E23, Shakespeare | ONLINE |
| 11:00a.m.-12:50p.m. | 9582 OCC E20, Using the Internet Safely | ONLINE |
| 11:00a.m.-12:50p.m. | 9590 PSYCH E33, Living as a Single Person | ONLINE |
| 11:30a.m.-1:20p.m. | 9524 ENGL E29, Greek Literature | ONLINE |
| 11:30a.m.-1:50p.m. | 9557 HME EC E52, Restaurant Critic - Dining Wisely: Healthy Eating Choices | ONLINE |
| 12:30p.m.-3:30p.m. | 9510 ART E20, Drawing and Painting | ONLINE |
| 1:00p.m.-3:50p.m. | 9505 ART E16, Life Drawing Studio | ONLINE |
| 1:00p.m.-2:50p.m. | 9574 MUSIC E32, Music Appreciation | ONLINE |
| 1:00p.m.-2:50p.m. | 9585 PHOTO E10, Digital Photography II | ONLINE |
| 1:30p.m.-3:20p.m. | 9562 HUMDEV E24, Bereavement Support | ONLINE |
| 2:00p.m.-3:50p.m. | 9520 ENGL E20, Literature: The Novel | ONLINE |
| 3:00p.m.-4:50p.m. | 9589 POL SC E00, Current Events | ONLINE |

MONDAY AND WEDNESDAY

| | | |
|---------------------|---|--------|
| 9:00a.m.-10:15a.m. | 9539 HEALTH E24, Physical Fitness Principles & Practices | ONLINE |
| 9:30a.m.-10:50a.m. | 9568 MUSIC E02, Guitar | ONLINE |
| 10:30a.m.-11:45a.m. | 9544 HEALTH E25, Strength & Stamina Training Principles & Practices | ONLINE |
| 11:00a.m.-12:50p.m. | 9530 HEALTH E21, Yoga Health & Safety, Principles & Practices | ONLINE |
| 2:30p.m.-3:45p.m. | 9553 HEALTH E38, Joint Health & Mobility | ONLINE |

MONDAY AND FRIDAY

| | | |
|--------------------|--|--------|
| 9:00a.m.-10:15a.m. | 9534 HEALTH E23, T'ai Chi Principles & Practices | ONLINE |
| 2:00p.m.-3:15p.m. | 9537 HEALTH E23, T'ai Chi Principles & Practices | ONLINE |

TUESDAY

| | | |
|---------------------|---|--------|
| 9:00a.m.-11:50a.m. | 9503 ART E16, Life Drawing Studio | ONLINE |
| 9:00a.m.-11:50a.m. | 9506 ART E19, Painting | ONLINE |
| 9:00a.m.-11:15a.m. | 9512 ART E22, Watercolor | ONLINE |
| 9:00a.m.-10:50a.m. | 9583 PHOTO E00, Digital Photography I | ONLINE |
| 9:30a.m.-11:45a.m. | 9526 ENGL E30, Creative Writing | ONLINE |
| 10:00a.m.-11:50a.m. | 9563 HUMDEV E27, Exercising the Brain | ONLINE |
| 10:00a.m.-12:50p.m. | 9569 MUSIC E03, "The Merits" - Vocal Ensemble | ONLINE |
| 10:30a.m.-11:45a.m. | 9595 HEALTH E63, Body Conditioning After a Stroke | ONLINE |
| 11:00a.m.-12:50p.m. | 9573 MUSIC E30, Opera Appreciation | ONLINE |
| 11:00a.m.-1:50p.m. | 9504 ART E16, Life Drawing Studio | ONLINE |
| 11:00a.m.-1:50p.m. | 9591 TH ART E01, Principles of Acting | ONLINE |
| 11:30a.m.-1:45p.m. | 9513 ART E22, Watercolor | ONLINE |
| 12:00p.m.-1:50p.m. | 9572 MUSIC E10, Spanish Folk Singing | ONLINE |
| 12:00p.m.-1:15p.m. | 9596 HEALTH E63, Body Conditioning After a Stroke | ONLINE |

| | | |
|--------------------|---|--------|
| 12:30p.m.-2:20p.m. | 9565 HUMDEV E27, Exercising the Brain | ONLINE |
| 1:00p.m.-3:15p.m. | 9511 ART E21, Painting/Drawing, Oil and Acrylic | ONLINE |
| 1:30p.m.-2:45p.m. | 9556 HEALTH E63, Body Conditioning After a Stroke | ONLINE |
| 2:00p.m.-3:50p.m. | 9518 BILING E02, French Literature | ONLINE |
| 6:30p.m.-9:20p.m. | 9567 MUSIC E00, Concert Band | ONLINE |

TUESDAY AND THURSDAY

| | | |
|---------------------|--|--------|
| 8:30a.m.-9:45a.m. | 9533 HEALTH E22, Chi Gong Principles & Practices | ONLINE |
| 8:30a.m.-9:45a.m. | 9538 HEALTH E24, Physical Fitness Principles & Practices | ONLINE |
| 9:00a.m.-10:15a.m. | 9540 HEALTH E24, Physical Fitness Principles & Practices | ONLINE |
| 9:30a.m.-10:45a.m. | 9541 HEALTH E24, Physical Fitness Principles & Practices | ONLINE |
| 10:00a.m.-11:50a.m. | 9529 HEALTH E21, Yoga Health & Safety, Principles & Practices | ONLINE |
| 10:00a.m.-11:15a.m. | 9543 HEALTH E25, Strength & Stamina Training Principles & Practices | ONLINE |
| 10:30a.m.-11:45a.m. | 9550 HEALTH E38, Joint Health & Mobility | ONLINE |
| 10:30a.m.-11:45a.m. | 9551 HEALTH E38, Joint Health & Mobility | ONLINE |
| 11:30a.m.-1:20p.m. | 9531 HEALTH E21, Yoga Health & Safety, Principles & Practices | ONLINE |
| 12:30p.m.-1:45p.m. | 9536 HEALTH E23, T'ai Chi Principles & Practices | ONLINE |
| 12:30p.m.-1:45p.m. | 9552 HEALTH E38, Joint Health & Mobility | ONLINE |
| 1:30p.m.-2:45p.m. | 9559 HUMDEV E06, Enjoy Life - Understanding Our Mind, Body & Brain for Senior Adults | ONLINE |
| 2:00p.m.-3:50p.m. | 9532 HEALTH E21, Yoga Health & Safety, Principles & Practices | ONLINE |
| 2:00p.m.-3:15p.m. | 9545 HEALTH E25, Strength & Stamina Training Principles & Practices | ONLINE |

WEDNESDAY

| | | |
|---------------------|---|--------|
| 9:00a.m.-11:15a.m. | 9508 ART E20, Drawing and Painting | ONLINE |
| 9:00a.m.-10:50a.m. | 9560 HUMDEV E15, Theater - History of Comedy | ONLINE |
| 9:00a.m.-10:50a.m. | 9586 POL SC E00, Current Events | ONLINE |
| 10:30a.m.-11:45a.m. | 9566 HUMDEV E50, Communication After a Stroke | ONLINE |
| 10:30a.m.-11:45a.m. | 9597 HEALTH E63, Body Conditioning After a Stroke | ONLINE |
| 11:00a.m.-12:50p.m. | 9521 ENGL E22, Short Story | ONLINE |
| 11:30a.m.-1:20p.m. | 9561 HUMDEV E22, Senior Seminar: Through a Jewish Lens - Art, Culture & Entertainment | ONLINE |
| 12:00p.m.-2:50p.m. | 9515 ART E30, Watercolor Studio | ONLINE |
| 12:00p.m.-1:50p.m. | 9546 HEALTH E30, Personal Safety - Fall Prevention | ONLINE |
| 12:00p.m.-1:15p.m. | 9566 HUMDEV E50, Communication After a Stroke | ONLINE |
| 12:30p.m.-2:45p.m. | 9509 ART E20, Drawing and Painting | ONLINE |
| 1:00p.m.-2:50p.m. | 9571 MUSIC E06, Gospel Community Chorus | ONLINE |
| 1:00p.m.-2:50p.m. | 9581 OCC E10, Using Data Files | ONLINE |
| 1:30p.m.-4:20p.m. | 9558 HME EC E71, Needlecrafts II | ONLINE |
| 1:30p.m.-3:45p.m. | 9594 TH ART E30, Dramatic Interpretation Through Movies | ONLINE |
| 2:00p.m.-3:50p.m. | 9542 HEALTH E24, Physical Fitness Principles & Practices | ONLINE |

WEDNESDAY AND FRIDAY

| | | |
|--------------------|---|--------|
| 8:30a.m.-10:20a.m. | 9528 HEALTH E21, Yoga Health & Safety, Principles & Practices | ONLINE |
| 12:00p.m.-1:15p.m. | 9535 HEALTH E23, T'ai Chi Principles & Practices | ONLINE |

THURSDAY

| | | |
|---------------------|--|--------|
| 9:00a.m.-11:50a.m. | 9575 MUSIC E34, Lyric Chorus | ONLINE |
| 9:00a.m.-10:50a.m. | 9584 PHOTO E10, Digital Photography II | ONLINE |
| 10:30a.m.-11:45a.m. | 9599 HEALTH E63, Body Conditioning After a Stroke | ONLINE |
| 11:30a.m.-1:45p.m. | 9516 ART E80, Jewelry Making | ONLINE |
| 12:00p.m.-1:15p.m. | 9600 HEALTH E63, Body Conditioning After a Stroke | ONLINE |
| 12:30p.m.-2:50p.m. | 9570 MUSIC E04, Voice Training | ONLINE |
| 1:00p.m.-3:15p.m. | 9519 CT E00, The Fix-It Class - Repair Almost Anything | ONLINE |
| 1:30p.m.-2:45p.m. | 9554 HEALTH E63, Body Conditioning After a Stroke | ONLINE |



FRIDAY

| | | |
|---------------------|--|--------|
| 9:00a.m.-10:45a.m. | 9602 HUMDEV E27, Exercising the Brain | ONLINE |
| 9:00a.m.-10:50a.m. | 9592 TH ART E02, Theater Arts Appreciation | ONLINE |
| 9:30a.m.-11:20a.m. | 9514 ART E24, Calligraphy II | ONLINE |
| 10:00a.m.-11:50a.m. | 9580 OCC E01, Word Processing | ONLINE |
| 10:30a.m.-11:45a.m. | 9555 HEALTH E63, Body Conditioning After a Stroke | ONLINE |
| 11:00a.m.-12:50p.m. | 9517 BILING E01, Literature in Spanish | ONLINE |
| 11:00a.m.-12:50p.m. | 9549 HEALTH E34, Stress Reduction through Yoga | ONLINE |
| 11:00a.m.-12:15p.m. | 9564 HUMDEV E27, Exercising the Brain | ONLINE |
| 11:00a.m.-1:20p.m. | 9593 TH ART E30, Dramatic Interpretation Through Movies | ONLINE |
| 12:00p.m.-2:20p.m. | 9577 MUSIC E51, Piano and Theory | ONLINE |
| 12:00p.m.-1:15p.m. | 9598 HEALTH E63, Body Conditioning After a Stroke | ONLINE |
| 12:30p.m.-2:45p.m. | 9502 ART E15, Drawing | ONLINE |
| 1:30p.m.-3:20p.m. | 9578 OCC E00, Basic Computer Training (formerly Introduction to Computers) | ONLINE |
| 2:00p.m.-3:50p.m. | 9588 POL SC E00, Current Events | ONLINE |
| 2:00p.m.-3:50p.m. | 9588 POL SC E00, Current Events | ONLINE |

SATURDAY

| | | |
|---------------------|--|--------|
| 8:00a.m.-9:50a.m. | 9547 HEALTH E34, Stress Reduction through Yoga | ONLINE |
| 9:30a.m.-11:45a.m. | 9527 ENGL E33, Autobiography | ONLINE |
| 11:00a.m.-12:50p.m. | 9576 MUSIC E51, Piano and Theory | ONLINE |

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FACILITIES

| Facilities | Location | Big Blue Bus Lines |
|--|--|--|
| SMC Emeritus Classrooms and Offices: EC 1227 107, EC 1227 204, EC 1227 205, EC 1227 208, EC 1227 304, EC 1227 307, EC 1227 308, EC 1227 407, EC 1227 408, EC 1227 409, EC 1227 410 | 1227 Second St. (2nd & Wilshire), SM CALL US! Call 310-434-4306 | 3rd & Santa Monica: #5 (wkdy), #8 4th & Wilshire: #2, #3, Rapid #3 (wkdy, no midday service), and #9 Handicapped parking and bike racks are available on the street level of city parking structure #2. Additional metered handicapped parking entrance off 2nd Court alley. |
| BROOKDALE OCEAN | Brookdale Ocean House, 2107 Ocean Ave. (Ocean Ave. & Pacific St.), SM | Ocean & Pacific: #8 |
| BROOKDALE GARDENS | Brookdale Santa Monica Gardens, 851 2nd St.(2nd & Idaho), SM | 4th & Idaho: #9 |
| BUNDY | SMC Bundy Campus, 3171 S. Bundy Dr. (Bundy & College Dr.), LA | Bundy & Airport: #14 SMC Bundy Campus Parking Lot: #44 (Mon-Thu when SMC is in session) |
| CMD | SMC Center for Media and Design, 1660 Stewart St. (½ block N. of Olympic), SM | Stewart & Pennsylvania: #16 (wkdy), #43 (wkdy, no midday service) |
| CLOVER | Clover Park, 2600 Ocean Park Blvd. (Ocean Park & 25th), SM | Ocean Park & 25th: #8, #44 (Mon-Thu when SMC is in session) |
| DOUGLAS PARK | Douglas Park, 2439 Wilshire Blvd. (25th & Wilshire), SM | 26th & Wilshire: #2, #43 (wkdy, no midday service) |
| EUCLID PARK | Euclid Park, 1525 Euclid St. (between Colorado & Broadway), SM | Colorado & 14th: #5 (wkdy), #41 (Mon-Sat only) |
| FST PRES | First Presbyterian Church, 1220 2nd St. (2nd & Wilshire), SM | 4th & Wilshire: #2, #3, #Rapid 3 (wkdy, no midday service), #9 |
| 1450 OCEAN | Camera Obscura Art Lab, 1450 Ocean Ave. (Ocean & Broadway), SM | Ocean & Broadway: #8 |
| GOOSE EGG PARK | Goose Egg Park, 700 block of Palisades Ave. (1 block North of Montana), SM | 4th & Montana: #9 Lincoln & Montana: #18 |
| ITINERARY | Locations vary - instructor will inform class of the meeting places | |
| KEN EDWA | Ken Edwards Center/Wise Adult Day Services, 1527 Fourth St., SM (across the street from the Santa Monica Place near 4th & Broadway) | Broadway & 4th: #1, #2, #3, Rapid #3, (wkdy, no midday service) #7, Rapid #7 (wkdy), Express #7 (wkdy), #8, #9, Rapid #10 (wkdy, no midday service), #18 |
| LEVIN CTR | Jewish Family Services, Israel Levin Center, 201 Ocean Front Walk, Venice (off of Speedway & Ozone) | Main & Rose: #1 |
| LINCOLN | Lincoln Middle School, 1501 California Ave., Rm. 400 (15th & California), SM | Wilshire & 14th: #2 14th & California: #41 (Mon-Sat only) |
| MALIBU BLUFFS | Malibu Bluffs Park, Michael Landon Community Building, 24250 Pacific Coast Highway (PCH & Malibu Canyon Road), Malibu | Metro 534 |
| MALIBU SR CTR | Malibu Senior Center, 23825 Stuart Ranch Road, Malibu | Metro 534 |
| PAC | SMC Performing Arts Center, The Broad Stage & The Edge, 1310 11th Street (11th & Santa Monica), SM | Santa Monica & 11th: #1, Rapid #10 (wkdy, no midday service), #41 (Mon-Sat only) |
| REED PARK | Reed Park, 1133 7th St. (Lincoln & Wilshire), SM | Lincoln & Wilshire: #2, #18 |
| SM LIB | Santa Monica Library Main Branch, 601 Santa Monica Blvd., SM | Santa Monica & 6th: #1, #5 (wkdy), #7, Rapid #7 (wkdy), Rapid #10 (wkdy, no midday service), #18 |
| SMC | Santa Monica College Main Campus, 1900 Pico Blvd. (19th & Pico), SM | Pico & 18th: #7, Rapid #7 (wkdy), Express #7 (wkdy), #41 (Mon-Sat only), #43 (wkdy, no midday service) 14th & Pico: #44 (Mon-Thu when SMC is in session) 20th & Pearl: #16 (wkdy) |
| SM SYNG | The Santa Monica Synagogue, 1448 18th St. (18th & Broadway), SM | Santa Monica & 20th: #1, Rapid #10 (wkdy) Broadway & 18th: #42 |
| St Monica | St. Monica Catholic Church, 725 California Ave. (Lincoln & California), SM | Lincoln & California Ave: #18 Wilshire & Lincoln: # 2 |
| VA PK, VP CTR, VP PATIO, VP TERRY | Virginia Avenue Park, 2200 Virginia Ave. (Cloverfield & Pico), SM | Pico & 23rd: #7 |
| WHCHC | West Hollywood Community Housing Corporation 7302 Santa Monica Blvd., WH (Santa Monica & Poinsettia) | Fuller & Santa Monica Metro 704 |
| WISE | Ken Edwards Center/Wise & Healthy Aging Adult Day Services, 1527 4th St. (4th & Broadway), SM | Broadway & 4th: #1, #2, #3, Rapid #3 (wkdy, no midday service), #7, Rapid #7 (wkdy), Express #7 (wkdy), #8, #9, Rapid #10 (wkdy, no midday service), #18 |

SMC AND EMERITUS TRANSPORTATION & PARKING: Santa Monica College maps, transportation, and campus parking information are available online at smc.edu/transportation. For detailed public transit information, contact: Santa Monica Big Blue Bus, 310-451-5444 or TDD 310-395-6024, web address bigbluebus.com; Metro, 323 GO-METRO, 323-466-3876, web address metro.net. If you have Downtown Santa Monica parking questions, call the SP+ Parking Operations office at 310-576-4743. Students attending class at the SMC Emeritus Campus (1227 2nd Street) may park in the City of Santa Monica parking structure #2, adjacent to Emeritus on 2nd St. between Arizona and Wilshire. The standard parking rate for parking structure #2 is: first 90 minutes free, other times and fees are as posted in the City of Santa Monica parking structure and are subject to change. If you are taking a class at any of the other SMC locations (i.e. Main Campus, Bundy, or the SMC Performing Arts Center) you will need a virtual parking permit from SMC to avoid a citation. Parking permit information will be given to you by your faculty member on your first day in that class. For more information, visit smc.edu/emmeritus



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SMC Emeritus Program student Hope Copeland (1926–2018)

Questions? Contact Cheryl Ward at the SMC Foundation 310-434-4215 or ward_cheryl@smc.edu

NONCREDIT CERTIFICATE

INTRODUCTION TO WORKING WITH OLDER ADULTS

FREE COURSES

If you are an Emeritus student that has a caregiver, or know someone who does, please let them know that this program is for caregivers and friends and family of older adults.

This noncredit program prepares anyone looking for entry-level careers working with older adults and existing caregivers with skill-enhancement. Completion of this program may qualify you for entry in high-demand occupations such as Caregivers, Companions, Social and Human Service Assistants, Direct Support Professionals, and Resident Care Providers. Complete all three courses to earn the certificate.

For more information please visit smc.edu/noncredit or call 310-434-3453



ADA ACCOMMODATIONS

SMC Emeritus students who require ADA (The Americans with Disabilities Act) accommodations in order to successfully participate in our unique noncredit older adult program or to sign up for our specialized Pathfinders classes should contact the SMC Center for Students with Disabilities. Santa Monica College makes every effort to make its campus fully accessible to students with disabilities. The SMC Center for Students with Disabilities offers guidance and counseling on admission requirements and procedures, as well as a number of special programs to help students with their academic, vocational, and career-planning goals. In addition, the Center offers specialized equipment, adaptive computer training, and test proctoring, among many other services and accommodations for students who are eligible.

To arrange for ADA accommodation, call the SMC Center for Students with Disabilities at **310-434-4265** or visit **smc.edu/disabledstudent**.

STATEMENT OF NONDISCRIMINATION

The Santa Monica Community College District is committed to building an inclusive and diverse environment and maintains a comprehensive program to ensure that practice reflects these principles. Diversity within the college environment provides opportunity to foster mutual awareness, knowledge, and sensitivity, to challenge ingrained stereotypes, and to promote mutual understanding and respect. The District's equal employment opportunity and nondiscrimination policies are set forth in Board Policies 2405, 2410, 3120-3123, 5220, 5230, and 5530. As set forth in these Board Policies, the District is committed to equal employment opportunity and nondiscrimination in the learning and work environments in accordance with all applicable laws, including, without limitation, California Code of Regulations, Title 5, § 59300 et seq., California Government Code §§ 11135-11139.5, the Sex Equity in Education Act (California Education Code § 66250 et seq.), Title VI of the Civil Rights Act of 1964 (42 U.S.C. § 2000d), Title IX of the Education Amendments of 1972 (20 U.S.C. § 1681), Section 504 of the Rehabilitation Act of 1973 (29 U.S.C. § 794), the Americans with Disabilities Act of 1990 (42 U.S.C. § 12100 et seq.), and the Age Discrimination Act (42 U.S.C. § 6101).

It is important for students, employees, and others associated with the College to report concerns about possible violations of the District's policies regarding equal employment opportunity and nondiscrimination. If you need information about the District's policies or need to report a violation of the laws listed above, you should contact:

- SMC Human Resources Office, 310-434-4415 or *hrcomplaints@smc.edu* (located on the second floor of the SMC Administration Building, 2714 Pico Blvd), regarding any complaint of unlawful discrimination, including sexual harassment and sexual discrimination; or
- Eric Oifer, ADA/504 Compliance Officer, 310-434-8912 or *oifer_eric@smc.edu* (office located in Student Services Center S276) regarding disability discrimination complaints.

El Distrito de Santa Monica Community College tiene el compromiso de crear un ambiente inclusivo y diverso y de mantener un programa

comprehensivo para asegurarse de que la practica refleja estos principios. La diversidad entre el ambiente colegial provee oportunidad para fomentar el conocimiento, la erudición, y la sensibilidad mutua, luchar contra los estereotipos arraigados, y promover la comprensión y respeto mutua. Las reglas del Distrito sobre igualdad de oportunidades del empleo y de nondiscriminación se disponen en las polisas 2405, 2410, 3120-3123, 5220, 5230 y 5530. El Distrito está comprometido a la igualdad de oportunidades y nondiscriminación en los ambientes de la educación y del trabajo en acuerdo con las leyes, incluyendo, sin la limitación, el Código de las Regulaciones de California Título 5, § 59300 y ss.; el Código de Gobierno de California §§ 11135-11139.5; la Ley sobre Equidad de Sexo en la Educación (Código de Educación de California § 66250 y ss.); el Título VI de la Ley de 1964 sobre Derechos Civiles (42 U.S.C. § 2000d); el Título IX de las Enmiendas de Educación de 1972 (20 U.S.C. § 1681), Artículo 504 de la Ley de 1973 sobre Rehabilitación (29 U.S.C. § 794); la Ley de 1990 sobre Americanos con Incapacidades (42 U.S.C. § 12100 y ss.); y la Ley sobre Discriminación por Edad (42 U.S.C. § 6101).

Es importante que los estudiantes, el personal y las demás personas relacionadas con el SMC reportan las inquietudes sobre posibles violaciones de las polisas relacionadas a la igualdad de oportunidades del empleo y de nondiscriminación. Si Ud. necesita información sobre las polisas del Distrito o tiene que reportar una violación de cualquier de estas leyes, debe ponerse en contacto con:

- La oficina de SMC Human Resources 310-434-4415 o *hrcomplaints@smc.edu* (ubicada en el segundo piso del Edificio Administrativo del SMC en 2714 Pico Blvd.) sobre cualquier reporte de discriminación, incluyendo el acoso sexual o discriminación sexual; o con
- Eric Oifer, ADA/504 Oficial de Conformidad 310-434-4182 o *oifer_eric@smc.edu* (oficina ubicada en la Sala S276 del Centro de Servicios Estudiantiles (Student Services Center) sobre reportes de discriminación por discapacidad.

THIS SCHEDULE IS PREPARED BY THE SANTA MONICA COLLEGE OFFICE OF MARKETING

Donald Girard, *Senior Director, Government Relations and Institutional Communications*
Ming-Yea Wei, *Marketing Design Analyst*
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Santa Monica College Contributors: Dr. Kathryn E. Jeffery, Dr. Scott Silverman, Vivian Rankin-Scales, Ashley Price, and Jessica Riojas.

DONATIONS

Help provide for activities, special performances, supplies, equipment, and more. Please make checks payable to "SMC Foundation" and write "Emeritus" in the memo line. Donations can be mailed with your Emeritus registration. Please allow additional time for donation acknowledgments during peak registration periods. Thank You.





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Website: smc.edu/emeritus

SMC EMERITUS STAFF

Dr. Scott Silverman, Dean, Noncredit and External Programs
Vivian Rankin-Scales, Program Coordinator
Ashley Price, Administrative Assistant
Jessica Riojas, Student Services Clerk

VOLUNTEERS

Mady Bergman, London Carter, Susan Cohen, Walter Coronel,
Pat Gorman, Fida Habib, Alice Hirsh, Jeffrey Hogue, Suzie Kim,
Cecelia Krippendorf, Shanta Lulla, Ruth Okin, Joseph “Wally” Pegrum,
Susan Shapiro, Lillia Singer

EMERITUS STUDENT ADVISORY COUNCIL

Student membership of the Associate Dean’s Emeritus Student
Advisory Council will be listed on the SMC Emeritus website at:
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SMC Emeritus Winter 2022 Schedule of Classes

WHAT IS SMC EMERITUS?

SMC Emeritus, started in 1975, is a noncredit older adult program of Santa Monica College. SMC Emeritus serves over 3,600 students annually and offers over 120 free classes of interest to senior citizens. All classes are held during the day at convenient locations throughout the community or at our home base on Second Street. The name Emeritus refers to people “retired with honor.” All older adults are welcome. For more information, call the SMC Emeritus office at 310-434-4306, visit our website at smc.edu/emeritus or stop by our office at 1227 Second Street, Santa Monica.

¿ QUÉ ES SMC EMERITUS ?

SMC Emeritus, inaugurado en 1975, es un programa sin créditos que ofrece Santa Monica College para adultos mayores. SMC Emeritus atiende a más de 3,600 estudiantes anualmente y ofrece más de 120 clases gratuitas de interés a personas de la tercera edad. Todas las clases se llevan a cabo durante el día en lugares accesibles en toda la comunidad o en nuestra sede en Second Street. El nombre Emeritus se refiere a personas “jubiladas con honor”. Todos los adultos mayores son bienvenidos. Para más información, llame a la oficina de SMC Emeritus al 310-434-4306, visite nuestro sitio web en smc.edu/emeritus o acuda a nuestra oficina ubicada en 1227 Second Street, Santa Monica. Ofrecemos clases en español. Mire dentro de este catálogo para mayor información.



COVER IMAGES ARE FROM THE ART EXHIBITION OF JUDY BENSON, CYNTHIA COTTAM, YOUNG-HE KEH, AND DENISE PEAK

Front Cover:

Judy Benson, *Tiger*
Denise Peak, *Malibu Landscape*
Cynthia Cottam, *At Home*
Young-He Keh, *Verbena*

Back Cover:

Cynthia Cottam, *Saguaro*

smc.edu/emeritusgallery