

REGISTRATION

IMPORTANT SEMESTER DATES

Classes for the spring semester are happening in distance education and on-ground environments.

Thursday, November 30, 2023	. Schedule available online at smc.edu/emeritus
Monday, January 8, 2024First day of	of Registration/Enrollment
Monday, February 12, 2024 SPR	RING SEMESTER BEGINS
Monday, February 19, 2024	Presidents' Day (no classes/campus closed)
Friday, March 1, 2024	Departmental Flex Day (no classes/campus closed)
Tuesday, March 12, 2024	Institutional Flex Day (no classes/campus closed)
Monday, April 8 – Saturday, April 13, 2024	Spring Break (no classes/campus closed)
Monday, May 27, 2024 Memorial Day	(no classes/campus closed)
Saturday, June 8, 2024 SP	PRING SEMESTER ENDS

How to Reach Us



1227 2nd Street, Santa Monica, CA 90401

Business Hours: Mon. – Fri., 8:30 a.m. – 4:30 p.m.

Telephone: 310-434-4306 Email: emeritus@smc.edu Web: smc.edu/emeritus

ENROLLMENT SERVICES OPTIONS

The Emeritus Enrollment Services Office is open for enrollment assistance Monday – Friday, 8:30 a.m. – 4:30 p.m.

You must enroll every semester. For the 2024 spring semester, you may initially enroll in a maximum of four (4) classes. Two weeks prior to the start of the spring semester, this cap will be lifted, and you may enroll in additional classes when space is available. Please note: The same enrollment rules apply, so you will not be able to enroll in duplicate sections of the same course or enroll in a class that causes a time conflict.

NEW AND RETURNING STUDENTS

NEW STUDENTS are students without an SMC Student Identification Number. RETURNING STUDENTS are students who have been away from classes for three or more semesters. New and returning students may register and enroll using either the application form in the back of this schedule or the fillable PDF application at smc.edu/emeritus. Please note that a typed signature on the fillable online application is acceptable. Please send the completed application as an attachment to emeritus@smc.edu. You may also fill out an application in person and mail or place the completed application in the SMC Emeritus mail slot located near the front door of 1227 2nd Street. After you complete your registration, you will receive an email with your student ID number, username, and temporary password to activate your SMC online account, along with instructions to follow at smc.edu/activate.

CONTINUING STUDENTS

CONTINUING STUDENTS are students actively enrolled in the current semester or either of the previous 2 semesters. Continuing students may enroll online at **smc.edu/cc** by using the fillable PDF application available at **smc.edu/emeritus** or by using a paper enrollment application. At least two weeks prior to the start of enrollment, Continuing Student Enrollment Cards will be mailed to the address on record. At the top of the form, you will find your online enrollment appointment date/time, which will rotate to an earlier appointment each semester. For immediate processing, enroll online on your appointment date/time (or any time thereafter) using SMC's Corsair Connect system at **smc.edu/cc**. If you are not assigned an online enrollment appointment, you **cannot** enroll online.

If you prefer, you may use the fillable PDF application at smc.edu/emeritus, your Continuing Student Enrollment Card, or the paper application form at the back of this printed schedule, and return the form via email attachment to emeritus@smc.edu. You may also fill out an application in person and mail or place the completed form in the SMC Emeritus mail slot located near the front door of 1227 2nd Street. Only continuing students who received an enrollment appointment may use authorization codes given to them by faculty to enroll in closed classes after the start of the semester. If you receive an authorization code from an instructor for a closed class, enroll in the class online at smc.edu/cc. If you have not previously activated your SMC online account, you must use your student ID number, username, and password to complete the one-time process at smc.edu/activate.

ONLINE ENROLLMENT SYSTEM FOR CONTINUING STUDENTS: CORSAIR CONNECT

The online enrollment process at Emeritus takes place through SMC's Corsair Connect system at **smc.edu/cc**. Online enrollment appointments are computer generated and rotate to a previous day each term. Online enrollment gives continuing students the best odds for successful enrollment. Enroll online on your appointment date/time or any time thereafter. Detailed online enrollment instructions are available at **smc.edu/emeritus** or in the Emeritus Enrollment Services

Information

SPRING 2024

Office. Emeritus mini computer lab volunteers can assist you with online enrollment when the mini lab is open.

- Go to **smc.edu/emeritus** Click on the helpful links located on the left side of the page for instructions for online enrollment, Corsair Connect, a searchable schedule (to find which classes are open), and other useful information.
- Go to **smc.edu/cc** Use "Corsair Connect" to enroll online. Make sure you have your SMC/Emeritus username, password, and desired class section numbers available. If you cannot log in or have forgotten your password, please see **smc.edu/studentithelp**.
- For the link to the searchable schedule, visit **smc.edu/searchclasses**. Once on the searchable schedule page, select the (1) Semester (e.g. Winter 2021), (2) Class Type (Emeritus), (3) Class Modality (All), and (4) Class Status (Open & Closed). Scroll down and click the "Search" button. A listing of classes will appear below the "Search" button. Click the right arrow at the bottom of the page to access the next set of classes.

APPLICATION FORM ENROLLMENT

The fillable PDF application form is available online at **smc.edu/emeritus**. A typed or signed signature is required before sending the application as an email attachment to **emeritus@smc.edu**.

If you choose to use the paper application located in the back of this schedule, you may drop it off or mail it to the Emeritus office, or you may scan/take a photo and send the form as an email attachment to **emeritus@smc.edu**.

- Fill out the form completely, sign, date, and provide an emergency contact and number on the form.
- List courses in priority order. Do NOT enroll in duplicate sections of the same course or classes that overlap in time.
- Write "Alt" to indicate your second choice for a better chance of getting a course of your choice.
- Write in a personal email address on your enrollment form.

All enrollment forms — whether completed in the Emeritus office, dropped off, emailed, placed into the mail slot near the front door of Emeritus, or mailed — are processed on a daily basis after all the continuing student online appointments have expired.

NOT ABLE TO ENROLL?

If you are unable to enroll because of missing application information, a required instructor code change, unpaid for-credit course fees, a records hold, disqualification status, or any other reason, please contact the Emeritus office for information. If you are unable to enroll due to a closed class, please see the Closed Classes/Wait List section below. If you are having any other enrollment issues, call the Emeritus office at 310-434-4306 for assistance.

TRANSACTION RECEIPT/CONFIRMATION OF ENROLLMENT

If you enroll online, you will not be sent a transaction receipt via US mail. Instead, you must print your transaction receipt through Corsair Connect at **smc.edu/cc.** If you have submitted a paper application for

enrollment, you will receive a transaction receipt via US mail and via email. If a class you selected is not listed, that indicates that the class is filled, or that there is a time conflict with another class you enrolled in, or that you tried to enroll in two sections of the same course. The class ID numbers are listed on the upper left of the confirmation/receipt.

CLOSED CLASSES / WAIT LIST

For closed classes, if you enroll online, you can add yourself to the wait list by clicking "Wait for a Class." if you submit a paper enrollment form, you will automatically be added to the wait list. The maximum length of a wait list is approximately 30% of the maximum capacity for the class. The wait list is in chronological order, with the student who joined the list the earliest at the top (#1). Once the class starts, instructors will use the wait list as a reference to issue authorization (add) codes or sign add cards/continuing student forms. The wait list will be updated as students enroll in the class or remove themselves from it. When a seat opens up in a class, all active students on the wait list will be sent an Open Seat Notification to their SMC email account. The open seat is available on a "first to enroll" basis, so the person who enrolls first gets the seat. Being on the wait list or receiving an Open Seat Notification does not guarantee an actual seat to anyone. For a better chance of getting the open seat, check your SMC email regularly and register online.

GENERAL INFORMATION AND ENROLLMENT TIPS

- Courses are free, but we gladly accept donations.
- Attend the first class or you may be dropped. Regular attendance throughout the semester is expected or you may be dropped from the class
- Low enrollment and low attendance may cause class cancellations.
- Only enrolled students may attend and participate in a class.

ADDRESS CHANGES

For address changes, either use an address card or make changes online at **smc.edu/emeritus**. In the menu on the left side of the page, click on "Corsair Connect" and log in. Then, click "View/Edit Profile" on the left side of the page. Here you will be able to update your address, emergency contact, and personal email address.

EMERGENCY INFORMATION CARDS

Help us help you. Make sure your emergency information is current each term.

SCHOLARSHIPS/GRANTS

Scholarships and grants are available for materials or books for students experiencing financial difficulties. Make a confidential request to the Program Coordinator by calling 310-434-4306.

See page 4 for more distance education information.

DISTANCE EDUCATION INFORMATION

ALL students enrolling in distance education classes must set up or activate their SMC **Corsair Connect** account. Through Corsair Connect, you can view enrollment results, enroll online after your initial semester as an SMC Emeritus student, and receive communication from your instructors through your SMC student email account.

ONLINE CLASSES

To attend classes and activities online over the internet, you will need a computer, smartphone, or other suitable device (iPad, Android tablet, Chromebook, etc.). If you do not have a suitable device, contact the Emeritus office to discuss options.

Course materials, including Zoom links for class, will be sent to your SMC student email address, which is automatically created for you upon admission (see below).

PERSONAL EMAIL ADDRESS IS REQUIRED

As of February 1, 2021, you are required to have a personal email address in addition to your SMC student email address.

While SMC will communicate with you primarily through your SMC student email address, your personal email address is **required** so you can receive startup instructions. You may provide your personal email address by going to **smc.edu/emeritus**, clicking on "Application Form," and emailing the completed form to **emeritus@smc.edu**.

If you have an active Corsair Connect account, you may provide or change your personal email address after login at **smc.edu/cc**.

- 1. Click the Enrollment tab;
- 2. Click on Profile/Preferences; and
- 3. Add your personal email address.

WHAT WILL BE SENT TO YOUR PERSONAL EMAIL ADDRESS

SMC will email three items of information to your personal email address after you are admitted. You may have to click on a button in an email to receive additional information in another email. You will be sent:

- 1. Your SMC student ID number,
- 2. Your assigned SMC username,
- 3. Your temporary password (which is in the same email as your username).

YOUR ASSIGNED STUDENT EMAIL ADDRESS

Upon your admission, an SMC student email address is automatically created for you. Check your student email account often, as most communication from Emeritus will be sent to your student email address. Go to smc.edu/google for more information.

Student email addresses are provided by Google Gmail, but each address ends with @student.smc.edu. Your assigned SMC student email address is always your SMC username followed by @student.smc.edu

Example username: last_first01

Example student email address: last_first01@student.smc.edu

WHAT TO DO

- A. After you receive the three items listed above, complete the one-time "activation" of your SMC username, set up your new password, and join the sign-on system by watching the video and following the Emeritus student instructions appropriate for you at smc.edu/activate.
- B. Remember or write down the password you set during the activation. You can log in to all SMC computer systems with your SMC username and password.
- C. After you complete the activation, log in to the **Corsair Connect** student self-service system at **smc.edu/cc** to see the list of classes you are enrolled in.
 - Detailed instructions for Corsair Connect are available online at smc.edu/ccguide.
 - You may add or drop classes with a course "section" number, found in the schedule of classes.
- D. Using the SMC@Mail graphic button in Corsair Connect or from the SMC Gmail link on the Corsair Connect login page, log in to your SMC student email account to see if an instructor or SMC has sent you anything yet.
- E. Instructors usually send course materials, including Zoom links, a day or two before the first class. If you do not receive your materials by then:
 - 1. Find the instructor's name on your Corsair Connect class list (or the published schedule of classes).
 - 2. Find the instructor's email address at smc.edu/directory.
 - 3. Email the instructor from your SMC student email address. Antispam systems sometimes block emails from nonSMC systems, so anything you send from a nonSMC email address might not be received.
- F. If you have questions about how to add classes, please contact the Emeritus office.
- G. If you have questions about your password, email account, or other College computer technology issues, please see the webpage at **smc.edu/studentithelp**.

Welcome to SMC Emeritus!

Dear Emeritus Community,

Welcome to Spring 2024!

As we step into the vibrant season ahead, we are thrilled to share some exciting updates at SMC. One notable development is the introduction of the Living Histories Project, generously supported by Mitzi Blahd, a dedicated advocate of SMC. This initiative serves as a meaningful endeavor to weave the tapestry of the Emeritus community's oral history and legacy.

Through a captivating series of short documentary stories featuring SMC Emeritus students and figures, starting with the inspiring narrative of Maggie Hall, we aim to preserve and celebrate the extraordinary stories of our Emeritus members. This documentation of Emeritus history will be a wonderful way to commemorate and reflect on our collective journey as we prepare to celebrate the 50th anniversary of the Emeritus program.

As you explore our spring 2024 schedule of classes, you'll find a diverse array of in-person, online, and hybrid classes, providing an opportunity for a dynamic and interactive learning experience. Please be aware that class locations may be subject to change based on evolving circumstances.

Our commitment to fostering a thriving learning community remains steadfast. We are dedicated to creating a supportive environment where students like you can flourish both academically and personally. Explore the multitude of resources and opportunities available at SMC to enhance your educational journey.

On behalf of the SMC Emeritus program, I extend a warm welcome to all students joining us this spring. As we embrace this season of growth and renewal, and embark on the Living Histories Project, we are steadfast in our commitment to your success and look forward to supporting you throughout your educational endeavors.

Best regards,

Guadalupe Salgado Associate Dean (Interim) of SMC Emeritus



IMPORTANT NOTES TO STUDENTS:

SMC Emeritus will offer **Distance Education (ONLINE)** and **on-ground** classes for the 2024 spring semester. COVID safety requirements are subject to change. Visit **smc.edu/coronavirus** for SMC's current requirements. Most online classes will be synchronous and happen at the time scheduled, through Zoom or another platform. Some will be asynchronous, where you can complete the course on your own schedule. The instructor for each class you enroll in will send you more information prior to the first class meeting. **Please activate your SMC Gmail account in order to receive your instructor's Distance Education online class access information.**

- If you have not received information from your instructor prior to the day before the first class period, go to **smc.edu/emeritus** and click on the "About Faculty" page to find the instructor's email address.
- See page 4 for details on how to access Distance Education information.
- Visit smc.edu/emeritus for facilities, parking, and transportation information.
- If you have concerns or questions about privacy, contact the Program Coordinator at 310-434-3851.
- · Schedule is subject to change without notice.
- If you need disability accommodation, please see page 22.

HOW A COURSE IS LISTED IN THE SCHEDULE:

Course # Course Name

ART E00 Survey of the Arts

Survey the history of art by viewing selections from particular periods of time or development.

9500 10:00a.m.-11:50a.m.T ONLINE Smith J
Study art in the context of history.This semester covers Ancient Art.

Section # Time & Day Distance Education Instructor

The section number of the course must be placed in the "section" field on the application form or add card for correct enrollment.

Abbreviation of Days

M = Monday S = Saturday

T = Tuesday MW = Monday & Wednesday W = Wednesday MF = Monday & Friday Th = Thursday Th = Tuesday & Thursday F = Friday WF = Wednesday & Friday

Check Out the EMERITUS WEBSITE

smc.edu/emeritus

- Enrollment information and instructions
- · Schedules of classes
- Ways to support Emeritus
- · Emeritus news and information
- The Emeritus Voice newsletter
- Emeritus Gallery shows and events
- Contact information for Emeritus
- And more....



ARTS & CRAFTS

ART E00, Survey of Art

This course provides older adult students with in-depth knowledge about the chronological, social, and historical development of art and/or architecture. Older adults investigate the history of art and view selections from different time periods, regions, or developmental stages, and compare and contrast artwork from different periods with their peers.

9701	9:00a.m10:50a.m. T	ONLINE	Benson J K
9702	10:00a.m11:50p.m.T	ONLINE	Taylor V
9703	11:00a.m12:50p.m. M	ITINERARY	Willman H
9704	9:00a.m10:50a.m. W	ITINERARY	Harrison A B
9705	11:00a.m12:50p.m. Th	ITINERARY	Taylor V

ART E15, Drawing

This course provides a supportive atmosphere for older adults – from beginners to more advanced students – to explore and experiment with self expression through drawing. Older adult students learn drawing skills, elements of design, composition, and creativity, as well as drawing techniques for representative or stylistic effect. As well, students learn to interpret the perceived "real world" in a two-dimensional field, and to improve their observation and hand-eye coordination. The course focuses on the processes by which one makes art, exposes students to different approaches, and challenges students to think about what they are doing or trying to do.

9706	9:30a.m11:45a.m. Th	EC 1227 205	Donon S G
9707	11:00a.m1:15p.m. T	MALBU 220	Donon S G

Above section 9707 meets at the Malibu Campus, 23555 Civic Center Way, Malibu CA 90265. Please be advised that the distance between the main SMC Campus and the Malibu Campus is approximately 15 miles. Please plan your schedule to accommodate travel time, which will vary depending on time of day and mode of transportation.

9708 12:30p.m.-2:45p.m. F EC 1227 204 Tirr C A

ART E16, Life Drawing Studio

This course provides an opportunity for older adults to learn to see the human form and draw the anatomy of the human figure. This supportive class explores basic anatomy, movement, and skeletal structure of the figure using live models. Through demonstrations, class exercises, individual instruction, and guidance, beginning students learn basic life drawing skills, while more advanced students sharpen their skills in capturing the physical attributes of the model and expressiveness of the pose.

9709	9:00a.m11:50a.m. M	EC 1227 204	Adams L K
9710	9:00a.m11:50a.m. W	ONLINE	Gonzales L
9711	9:30a.m12:20p.m. Th	MALBU 220	Harrison A B

Above section 9711 meets at the Malibu Campus, 23555 Civic Center Way, Malibu CA 90265. Please be advised that the distance between the main SMC Campus and the Malibu Campus is approximately 15 miles. Please plan your schedule to accommodate travel time, which will vary depending on time of day and mode of transportation.

ART E19, Painting

This course enhances older adults' artistic creativity and painting skills through positive motivation and instruction in oils and acrylics techniques that may use the palette knife for effect. Older adults learn how to select supplies and equipment, and basic elements of composition. Painting projects, demonstrations, group critiques, and discussions are used to explore two-dimensional artwork.

9712	9:00	a.n	n11:50	a.m	. W	ONI	LINE	Tirr C A	
Paintin	ng in	а	variety	of	media	and	techniques:	acrylics,	oils,
ground	ds, wa	sh	es, layei	ring	, color i	mixing	g, and finishe	es.	

9713	9:00a.m11:50a.m. Th	ONLINE	Adams L K
9714	10:00a.m12:50p.m. F	ONLINE	Benson J K
9715	1:00p.m3:50p.m.T	ONLINE	Burchman J H
9716	1:20p.m4:20p.m. Th	MALBU 220	Harrison A B

Above section 9716 meets at the Malibu Campus, 23555 Civic Center Way, Malibu CA 90265. Please be advised that the distance between the main SMC Campus and the Malibu Campus is approximately 15 miles. Please plan your schedule to accommodate travel time, which will vary depending on time of day and mode of transportation.

ART E20, Drawing and Painting

This course provides older adults with a supportive environment for instruction in drawing and painting. Older adults, from beginners to more advanced students, maintain or improve their drawing and/or painting skills in a constructive environment, and learn about space, line, value, and color in a workshop atmosphere.

9717 9:30a.m.-11:45a.m. F ONLINE Donon S G

This section focuses on improving watercolor skills, beginner to advanced. Students may also use other water-based media.

9718 2:45p.m.-5:00p.m. M EC 1227 204 Adams L K

This section focuses on improving acrylic and oil-based medium, beginner to advanced. Students may also use other water-based media.

9719	12:30p.m2:45p.m. W	ONLINE	Benson J K
9720	4:00n.m6:50n.m. M	MALBU 220	Tirr C A

Above section 9720 meets at the Malibu Campus, 23555 Civic Center Way, Malibu CA 90265. Please be advised that the distance between the main SMC Campus and the Malibu Campus is approximately 15 miles. Please plan your schedule to accommodate travel time, which will vary depending on time of day and mode of transportation.

ART E21, Painting/Drawing, Oil and Acrylic

This course enhances older adults' artistic creativity and painting skills through positive motivation and instruction in oils and acrylic techniques. Older adults learn basic painting techniques, the elements of composition, and how to select and use materials. Painting projects, demonstrations, and group critiques are used to explore two-dimensional artwork.

9721	12:15p.m2:30p.m. M	EC 1227 204	Adams L K
9722	1:00p.m3:15p.m. T	ONLINE	Gonzales L

Class will meet in-person 3 times at a scheduled itinerary delivered by the instructor during the first day of class.

ART E22, Watercolor

This course allows older adults who have never used watercolors to acquire a strong foundation in watercolor techniques, and provides those students with some watercolor experience with a strongly supportive peer group in which to paint. Older adult students learn watercolor techniques and methods, as well as washes, brush strokes, color, value, and composition.

9723	9:00a.m11:15a.m. T	ONLINE	Manseau F J
9724	11:30a.m1:45p.m. T	ONLINE	Manseau F J
9847	9:30a.m11:45a.m. W	EC 1227 204	Donon S G



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ART E23, Calligraphy for Older Adults

This course assists older adults in acquiring basic skills in calligraphy to use for personal growth, self expression, or for family and volunteer projects. Older adult students learn the tools and equipment needed to write the beginning calligraphy alphabet, as well as fundamental calligraphy techniques.

9853 2:00p.m.-3:50p.m. F

EC 1227 205 Martorello J M

This is a hybrid class. The class will meet in person on the first Friday of the month. The instructor will be providing a Zoom link for online meetings.

ART E24, Calligraphy II

This course expands older adults' knowledge of calligraphy and everyday calligraphic forms to use for personal growth, self expression, or for family and volunteer projects. Older adult students learn the tools and equipment needed to write the calligraphy alphabet, as well as fundamental calligraphy techniques, lettering styles, and display methods.



9848 9:30a.m.-11:20a.m. F EC 1227 205 Martorello J M

This is a hybrid class. The class will meet in person on the first Friday of the month. The instructor will be providing a Zoom link for online meetings.

ART E30, Watercolor Studio

This course allows older adults who have never used watercolors to acquire a strong foundation in watercolor techniques, and provides those students with some watercolor experience with a strongly supportive peer group in which to paint. Older adult students learn watercolor techniques and methods, as well as washes, textures, color, value, and composition.

9726	9:00a.m11:50a.m. Th	EC 1227 204	Manseau F
9727	9:00a.m11:50a.m. F	ITINERARY	Tirr C A
9728	12:30n.m3:20n.m. W	ONLINE	Tirr C A

ART E55, Sculpture

This course introduces older adults to three-dimensional design principles and elements, and helps them create expressive works of sculpture. Older adults learn to appreciate sculpture as a medium of self expression, and use a combination of materials and techniques to create a sculptural form and develop an expressive idea using a variety of materials, including items from everyday life. Students are required to purchase or bring their own materials.

9730 12:00p.m.-2:15p.m.Th ONLINE Benson J K

ART E80, Jewelry Making

This course provides older adults with an opportunity to create pieces of jewelry and learn an assortment of different techniques involved in creating jewelry. Students also learn about the wide range of materials available for making jewelry. Older adults make bracelets, earrings, and necklaces using techniques such as wire wrapping and bending, macrame, pearl knotting, crimping, and bead-weaving. Each week students learn a new technique and make a piece of jewelry using that technique.

9731 11:30a.m.-1:45p.m.Th EC 1227 407 Ryza S V

Advanced Jewelry Making: New, more advanced projects weekly — bead stringing, wirework, bead weaving, knotting, chain maille, and more. Students should master basic jewelry skills taught in the beginning class prior to enrolling. Guidelines for tools and materials purchasing will be given in class.

9732 2:00p.m.-4:15p.m. Th EC 1227 205 Ryza S V

Beginning/Intermediate Jewelry Making: New projects weekly — a wide range of jewelry-making techniques will be covered, including bead stringing, wirework, bead weaving, knotting, chain maille, and more. Guidelines for tools and materials purchasing will be given during class.

HME EC E71, Needlecrafts II

This course provides a supportive, stimulating, and creative environment for older adults to create handmade needlework or other fiber arts projects using an assortment of techniques, including knitting, crochet, needlepoint, weaving and macrame. Beginning students will learn basic skills; students with some experience in needlework will learn more advanced techniques.

9798 1:30p.m.-4:20p.m. W ONLINE Ryza S V

In this friendly, relaxed, social class, learn a wide variety of needlecraft techniques, including knitting, crochet, embroidery, weaving, macrame, needlepoint, and others. New projects are presented each week. Class is suitable for complete beginners or more advanced students. Students choose which projects they want to pursue while learning all the presented techniques.

YOU'VE GOT SMC EMAIL!

Every Emeritus student is assigned an SMC student email address for official communication with the College, including class messages. Check your student email account regularly after completing one-time activation of online services at **smc.edu/activate**.

An overview of each SMC online service, instructions on how to ask for help, and an alternate direct link to student email are at **smc.edu/studentithelp**.

A self-help menu for resolving login problems is at **smc.edu/studentaccounthelp**.

How do you get to your email?

- Go to the Santa Monica College website at smc.edu
- Click on the **Login** tab at the top of the screen and then click **Corsair Connect** below that
- Sign in to Corsair Connect with your assigned username and the password you previously set for yourself
- Click SMC Email in the Corsair Connect menu
- Email is a separate online service so enter your username and password again on the SMC
 SIGN-ON page

EMPLOYMENT FOR SENIORS - COMPUTER TRAINING

REGISTER FOR ONE LEVEL ONLY WITHIN THE COMPUTER COURSES. The levels/content areas are:

- Basic Computer Training
- · Word Processing Beginning
- Word Processing Intermediate
- · Data Management
- Working with Photos
- · Working with Videos
- Using the Internet and Internet Safety

Students will learn how to use computers confidently, and become familiar with basic concepts, terms and skills related to the Microsoft Windows Operating System and other software programs. Students will need a flash drive. Depending upon the instructor, a textbook may be used for this course. Your instructor will provide details.

OCC E00, Basic Computer Training (formerly Introduction to Computers)

This course is designed to assist students in accessing the world of computers and technology. Students acquire introductory computer skills, enabling them to interact with colleagues, family and friends and promote self-expression. Students learn about personal computers, improve technical vocabulary, review typing and mouse skills, conduct basic computer maintenance, and learn how to use computer special function keys.

9824 9:00a.m.-10:50a.m. W EC 1227 208 Simmonds A R

The above section 9824 is a special iteration of the Basic Computer Skills course, applied specifically to phones and tablets using the Android operating system. This section will NOT address Apple devices.

9825 11:00a.m.-12:50p.m. F ONLINE Woolen D W

The above section 9825 special iteration of the Basic Computer Skills course, applied specifically to Apple iPhones and iPads. Bring your Apple iPhone and/or iPad to class, and be sure you know your Apple ID and password.

OCC E01, Word Processing

This course assists older adults in acquiring the skills necessary to use word processing software. Older adults learn to create, save, and retrieve documents and gain consumer and personal management skills. The pace of the course is designed to meet the needs of older adults who are at least somewhat familiar with computer technology.

9826 11:00a.m.-12:50p.m. M EC 1227 208 Woolen D W

This is a hybrid class and the instructor will provide a Zoom link for those wishing to join remotely. This class is for beginning MS Word Processing students.

OCC E10, Using Data Files

This course helps older adults understand how to use tables and data files to create mailing labels, financial records for taxes, or work in a volunteer or paid job requiring these and other consumer skills. The course is offered at a pace that helps older adults maximize their knowledge retention and continue learning.

EC 1227 208 Rodriguez J E 9827 11:00a.m.-12:50p.m. W

This is a hybrid class and will be taught through Zoom and in-person simultaneously. This course will teach students how to

9828 11:00a.m.-12:50p.m. M **ONLINE** Simmonds A R

OCC E20, Using the Internet Safely

This course focuses on ways students can better protect themselves in a new technological environment and use the Internet to find valid information. Best practices in virus protection and using e-mail are discussed. In addition, students examine and discuss their computer and internet needs for personal and professional use.

9829 9:00a.m.-10:50a.m. M EC 1227 208 Woolen D W

This is a hybrid class and the instructor will provide a Zoom link for those wishing to join remotely.

PHOTO E00, Digital Photography I

This course assists older adults in selecting and using digital cameras. Older adults are encouraged to take photographs, keep photographic records, use photography as a means of self-expression, and share their vision and photographic experiences with others.

9830 9:00a.m.-10:50a.m.T **ONLINE** Cohen Ma A

PHOTO E10, Digital Photography II

This course assists older adults in choosing and using modern technology for keeping photographic records of their family, friends, and travels, and helps them use photography as a means of self-expression. Older adults share their photographic visions with peers and other family members. Some emphasis is placed on documenting students' family histories.

9831 11:00a.m.-12:50p.m. F EC 1227 208 Rodriguez J E

This is a hybrid class and will be taught through Zoom and in-person simultaneously. This is an advanced section. Use Adobe Premiere to create simple videos. Knowledge of and experience in the use of Photoshop Elements is recommended.

HEALTH & CONDITIONING

HEALTH E10, Movement and Conditioning for Older Adults

This course helps older adults maintain or improve their physical health, muscle strength, coordination, and cardiovascular conditioning by engaging in low-impact aerobic exercises, some strength training, floor exercises, and stretch movements. Older adults will also increase their range of motion and flexibility with a variety of stretches to fun and lively music.

9855 12:30p.m.-1:45p.m. TTh EC 1227 308 Chiba S

HEALTH E21, Yoga Health & Safety, Principles & Practices for Older Adults

This course focuses on the history, principles and practices of yoga. Designed to promote health and safety among older adults, it focuses on yoga principles and practices to enhance the health of older adults through improved flexibility, balance, range of motion, strength, lung capacity and circulation. Some course sections may focus on specific yogic methods. Some sections may include therapeutic applications of yoga to address specific health challenges for older adults. Students will be encouraged to share their physical, mental and emotional challenges in a supportive environment specifically for older adults. These challenges will then be addressed within the coursework. Students will create a Daily Personal Yoga Health Plan integrating their own personal therapeutic yoga applications. Students will be encouraged to practice daily, creating opportunities to rehabilitate challenges. The course is designed to help students to use yoga methods such as postures, breathing techniques, meditation, and visualization to enhance their confidence, health, and overall feeling of well

9756 8:30a.m.-10:20a.m. WF **ONLINE** Dee D 9757 10:00a.m.-11:50a.m. TTh **ONLINE** Cooper M



9758 10:30a.m.-12:20p.m. TTh ONLINE Cass F

This section is chair-based with options for standing. No mat required. Learn Yoga and Ayurveda wellness practices.

9759 11:00a.m.-12:50p.m. MW ONLINE Roseman T 9760 2:00p.m.-3:50p.m. TTh EC 1227 308 Dee D

HEALTH E22, Chi Gong Principles & Practices for Older Adults

This course is designed to enhance the health and safety of older adults through use of the principles and techniques of Chi Gong. Based on Chinese philosophy and healing concepts, the course will include the history, theory and practice of Chi Gong, including both the Wu School and Yang Style. Included are such Chinese philosophies as Yin and Yang, the Eight Directions, and Five Element theory and their applications to healthy living. Students work at their own level to improve tone, strength, flexibility and balance. Lectures, films, texts and discussions will explore the theory and practice of this traditional Chinese method for health and healing. Students will analyze which strategies best meet their needs, and create an individual health plan integrating Chi Gong techniques into their daily lives.

9761 8:30a.m.-9:45a.m. TTh VA PK Shieh YAbove section meets at Virginia Avenue Park, 2200 Virginia Ave.

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HEALTH E23, T'ai Chi Principles & Practices for Older Adults

This course offers an overview of the history, philosophy and techniques of the Chinese energy balancing health practice T'ai Chi Ch'uan. With a focus on enhancing healthy aging for older adults, the course offers strategies for improving balance and posture; increasing flexibility and endurance, reducing stress, and promoting relaxation and mindfulness. The course shows older adults how to avoid injury, conserve energy and use the body in an ergonomic manner. Students will create a personal health plan integrating T'ai Chi principles and techniques into their daily lives.

9762 9:00a.m.-10:15a.m. MF VP CTR Akers P A

Above section meets at Virginia Avenue Park, 2200 Virginia Ave. For beginners and intermediate-level students. You will learn the long, slow Yang style from the beginning, with focus on sections one and two.

9763 12:30p.m.-1:45p.m. Th ONLINE Terry Jr P W *This section is for beginners.*

9764 12:00p.m.-1:15p.m. WF VA PK Nardini A S

Above section meets at Virginia Avenue Park, 2200 Virginia Ave. For intermediate-level students. Students must already know the Yang Style Slow Form, 108 moves. This class is not appropriate for beginners.

9765 2:00p.m.-3:10p.m.WF VA PK Nardini A SAbove section meets at Virginia Avenue Park, 2200 Virginia Ave. For beginners.

9766 2:00p.m.-3:15p.m. MF EC 1227 304 Akers P A

For intermediate and advanced-level students. This class is not appropriate for beginners.

HEALTH E24, Physical Fitness Principles & Practices for Older Adults

This course focuses on physical fitness and conditioning principles to help older adults maintain or improve their health, safety and independence. It covers basic principles of anatomy and fitness, showing older adults how to improve their cardiovascular health, muscle strength, endurance, flexibility, posture and balance. Principles of good nutrition also will be covered. Students explore movement strategies that are particularly helpful for older adults. Included are proper concepts

and methods for warm-ups, stretching, low-impact aerobic activity, cool-downs, strength training and balance work. Students learn how to avoid falls and safely accommodate physical conditions and challenges. Students create a customized personal fitness and conditioning plan to suit their individual needs and physical challenges.

9767	9:00a.m10:15a.m. W	ONLINE	Chiba S
9768	9:00a.m10:15a.m. M	EC 1227 304	Wapner-Baart L J
	9:00a.m10:15a.m. W	ONLINE	Wapner-Baart L J
9769	9:00a.m10:15a.m. TTh	ONLINE	Wapner-Baart L J
9770	11:00a.m12:15p.m. TTh	ONLINE	Terry Jr P W
9772	2:30p.m4:20p.m. W	ONLINE	Cass K

This section is a combination of chair-based and (optional) standing Yoga and mindful movement inspired activities.

HEALTH E25, Strength & Stamina Training Principles & Practices for Older Adults

This course focuses on how strength training and stamina building strategies help to promote health, safety and vitality in older adults. Principles of basic anatomy and physiology are covered. The course explores how older adults can maintain or improve their health and stamina through strength training using free weights, resistance devices and fitness techniques. The course emphasizes safe ways to start and maintain a program to increase strength, improve stamina and sustain bone density. Principles of good nutrition and stress management are included. Students create a personal fitness and strength training plan based on their individual needs and physical challenges.

9773	8:30a.m9:45a.m. TTh	ONLINE	Regalado O
9774	10:00a.m11:15a.m. ∏h	ONLINE	Regalado O
9775	10:30a.m11:45a.m. M	EC 1227 304	Wapner-Baart L J
	10:30a.m11:45a.m. W	ONLINE	Wapner-Baart L J
9776	10:30a.m11:45a.m. MW	ONLINE	Huner K A
9777	12:00p.m1:15p.m. TTh	ONLINE	Wapner-Baart L J

Research shows that line dancing to all forms of music and types of dances is beneficial in so many ways. Line dancing improves cardiovascular function, endurance, bone strength, muscular strength, memory, and brain function. All this while having fun too! Learn new choreography each week. No partner or prior dance experience necessary.

HEALTH E30, Personal Safety - Fall Prevention

This course is designed to help students avoid falls, which are the most frequent cause of serious injury in older adults. The course focuses on how, when and where falls frequently occur; how to maintain mobility, and how to improve and recover one's balance. Students will create an individualized activity program to improve balance, endurance, strength and flexibility.

9778 12:00p.m.-1:50p.m. W ONLINE Albert G S

VOLUNTEER LOS ANGELES

Check out your options to volunteer at a local nonprofit organization. Work with the best.

volunteer.lamayor.org

HEALTH E34, Stress Reduction through Yoga

This course offers older adults a range of strategies and techniques to reduce and manage stress in their lives. It includes stress reduction methods such as positive thinking, breathing exercises, meditation, humor, diet and exercise. The course also helps students establish peer support groups to help maintain their stress reduction skills.

 9779
 8:00a.m.-9:50a.m. S
 ONLINE
 Roseman T

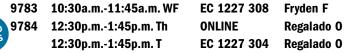
 9780
 9:00a.m.-10:50a.m. M
 ONLINE
 Cooper M

 9781
 11:00a.m.-12:50p.m. F
 EC 1227 304
 Roseman T

HEALTH E38, Joint Health & Mobility for Older Adults

This course helps older adults with chronic joint pain or mobility problems to attain and maintain physical strength, mobility and flexibility. Older adults with arthritis and/or other minor physical limitations will learn about the function of joints in the human body and techniques to move effectively without joint stress. Students create an individual plan for mobility and physical fitness.

9782 10:30a.m.-11:45a.m.TTh ONLINE Wapner-Baart L J *This section focuses on health through line-dancing.*



Above section 9784 is a hybrid class taught on campus and online via the Internet. For additional information, go to smc.edu/OnlineEd. This class uses World Music with rhythmic movement to enhance joint health, flexibility, and overall health.

9785 2:30p.m.-3:45p.m. MW ONLINE Albert G S

HEALTH E65, Pool Exercises for Older Adults

This course assists older adults with joint difficulties and other chronic conditions by helping them engage in a zero-impact exercise in water. Older adults learn routines that use the resistance of water to build strength and stamina.

9858 12:30p.m.-1:45p.m. MW POOL Cass K

Above section meets at Santa Monica Swim Center, 2225 16th

St. (16th & Pico). This class focuses on Aqua Yoga techniques and offers gentle water-based adaptations to classic Yoga practices.

HOME ECONOMICS

CT E00, The Fix-It Class - Repair Almost Anything

This course teaches older adults about household tools, how to make minor or more complex home repairs or maintenance, and how to evaluate proposed repair processes when hiring and paying a repair person. Older adults learn to repair leaky faucets, fix minor electrical problems, hang almost everything, caulk a bathtub, and so forth. The course is intended to help older adults be knowledgeable, confident, and prudent about home repairs and maintenance.

9736 1:00p.m.-3:15p.m. Th ONLINE Ross M A

HME EC E01, Sewing Lab

This course helps older adults learn sewing-based skills, including how to construct clothing, engage in creative sewing projects, use patterns, engage in patchwork or machine quilting, and/or other specialized sewing techniques. Older adults learn economical sewing techniques and socialize with their peers in a supportive and creative environment.

9796 12:00p.m.-2:50p.m. M ONLINE Lewis K

HME EC E52, Restaurant Critic – Dining Wisely: Healthy Eating Choices for Older Adults

This course helps older adults learn how to prepare healthy foods for a small household and how to make cost-effective choices in planning a menu. Older adults work together to create a cookbook or recipe book, share food and recipes with their peers, learn restaurant terms, learn to write a standard recipe, and discuss and write about memories involving food. The course also engages older adults in discussions about food fads and provides factual information on food additives, vitamins, safe food storage, health precautions, and basic nutritional information.

9797 11:30a.m.-1:50p.m. M ITINERARY Ryza S V

Students will eat at a different restaurant each week. Itinerary of restaurants will be provided before the first meeting.

9852 11:00a.m.-1:20p.m. W EC 1227 407 Dinka B C

HME EC E74, Creative Stitchery for Older Adults

This course provides a supportive and creative learning environment for older adults to create inexpensive, handmade needlework projects. Older adults will learn knitting and crocheting techniques, as well as cabling and blocking.

9799 4:00p.m.-5:50p.m. F BUS 107 Ardell J B

Above section meets at the main Santa Monica College Campus, 1900 Pico Blvd. (17th & Pico).

HUMAN DEVELOPMENT

HUMDEV E06, Enjoy Life – Understanding Our Mind, Body & Brain for Senior Adults

This course familiarizes older adults with the aging process, including physiological, psychological, and sociological aspects. Older adults become more comfortable with changes in themselves and others over time, and learn to celebrate the benefits of a longer life. Older adults also learn new coping strategies and explore issues facing adults of all ages, including conflicts, stereotypes, age bias, loss, and change.

9800 1:30p.m.-2:45p.m. TTh ONLINE Albert G S

HUMDEV E22, Senior Seminar: Through a Jewish Lens – Art, Culture & Entertainment

This course is designed to help older adult students learn about Jewish culture, from the historical backdrop of the 19th Century's worldwide advances, pogroms, and immigrations, to the flowering of Jewish art, culture and entertainment in 20th Century United States and beyond. The course aims to improve older adults outlook on life, stimulate their minds and imaginations, improve peer group interaction and communication, and increase their sense of positive aging and cultural identity with particular attention to Jewish humor and tenacity as survival mechanisms in the face of adversity. Older adults will engage with their peers in a positive and up-lifting manner while learning about the use of art and humor through the last century. They will learn about Jewish theater, literature, film, art and music, and how American culture has flourished as a result of the Jews' contributions. We will discuss: changes in stereotypes such as comedic images of older adults and other subgroups of the community; different types of art, selfexpression and humor; and/or popular trends in all aspects of culture and entertainment.

9803 11:30a.m.-1:20p.m. W EC 1227 107 Abatemarco A M This is a hybrid class and will be held both through Zoom and in-person weekly.

SPRING 2024

HUMDEV E24, Bereavement Support

This course helps older adults in the resolution of grief and toward a more positive view or reaction to the death of a loved one. The course provides older adults with a variety of alternative methods of dealing with loss in a small group setting. Older adults share their grief with others, receive encouragement and moral support, and learn about the natural grieving process, as well as how to heal and rebuild their lives.

9804 1:30p.m.-3:20p.m. M ONLINE Press P L

HUMDEV E27, Exercising the Brain

This course assists older adults in minimizing anxiety when memory behavior patterns change. The ultimate goal of the class is to stimulate thinking and to exercise the brain. Older adults learn the latest information on the causes, symptoms, and treatments of memory loss in older adults, as well as practice skills to enhance memory retention and retrieval.

9805 10:00a.m.-11:50a.m.T **ONLINE** Frand I

This class is not intended for anyone with Alzheimer's or any type of dementia.

9806 12:30p.m.-2:20p.m. T ONLINE

This class is not intended for anyone with Alzheimer's or any type of dementia.

9807 12:30p.m.-2:20p.m. W ONLINE Frand L

This class is not intended for anyone with Alzheimer's or any type of dementia.

PSYCH E33, Living as a Single Person

This course assists older adults who are facing a change in their lifestyle because they are now single. Older adults explore topics such as dealing with isolation, ageism, depression, eating patterns, and social interactions. The course assists older adults in making the necessary transitions and adjustments to live a happy and successful life as an older single person.

9839 11:00a.m.-12:50p.m. M ONLINE

This class provides the psychological, emotional, and intellectual tools necessary for living alone at an older age. We confront the changes that are experienced, and transform feelings of fear and loneliness into confidence and tranquility and hope. Being single is not a requirement for this course.

LITERATURE

BILING E01, Literature in Spanish

This course helps older adults explore a variety of Spanish literature in the language in which it was written and stimulates their appreciation of the vast literary output of Spain, Latin America, and other Spanish speaking countries. Students may also explore the history and culture of the country in which a literary work was produced, and participate in class discussions in Spanish.

9733 9:00a.m.-10:50a.m. F

ONLINE Kim Yunsook

BILING E02, French Literature

This course helps older adults understand and appreciate the vast literary output of France and other French speaking countries, and introduces them to French culture and people. Older adults explore a variety of French literature in the language in which it was written and engage in stimulating discussions with their peers.

9734 2:00p.m.-3:50p.m.T

ONLINE Isner-Ball D R

BILING E03, Literature from Around the World

This course helps older adults experience and appreciate the vast literary output from non-English speaking countries and discuss that literature with peers in the language in which it was written. Course sections may focus on literature from any non-English speaking country, as long as there are sufficient numbers of interested students and faculty who can teach in that language are available.

9735 1:30p.m.-3:20p.m. W ONLINE Reich S L

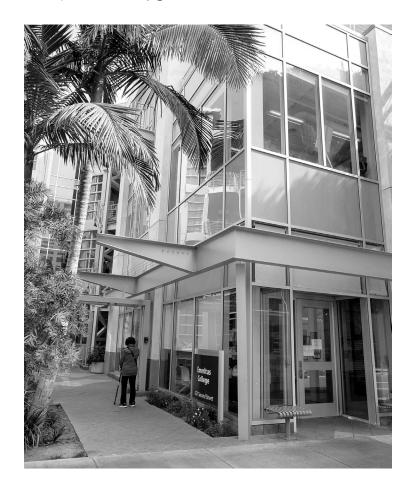
This section will explore a variety of Yiddish literature in the language in which it was written, and appreciate Yiddish culture. Some Yiddish speaking and reading skills are needed to fully enjoy this class. Share life experiences; read aloud newspapers, classic stories, and modern literature to learn about a thousand years of Yiddish culture.

ENGL E20, Literature: The Novel

This course, which examines the world's greatest literary works (such as James Joyce's Ulysses) is designed to help older adults learn about trends in writing in different societies. Older adults learn about the uniqueness of each age of literature and each author under scrutiny. Various literary themes and the concerns of authors in different historical periods serve as a basis for discussion so that older adults may compare and contrast these topics with current events, modern cultures and sub-cultures, and societal structures and mores. Older adults will also discuss with their peers how these works relate to their own life experiences and accumulated knowledge.

9737 2:00p.m.-3:50p.m. M ONLINE Dwyer F

A close reading and discussion of the great novels. In the 2024 spring semester, we will continue with Marcel Proust's "In Search of Lost Time: vol. 5: The Captive," in the translation by C. K. Moncrieff, revised by Terence Kilmartin, and revised again by D. J. Enright. (It comes in a volume published by The Modern Library, which also includes vol. 6: The Fugitive.) New students are encouraged to join us: There will be extensive review, with a comprehensive study guide handout.



ENGL E22, Short Story

This course is designed for older adults who want to explore literature, such as the works of Milton, Austen, Hawthorne, and T.S. Eliot, as well as short stories from Latin America, America, Europe, and Africa, and discuss it with their peers. This course allows older adults to experience a wide range of classic and contemporary literature in a social setting and relate that content and emotion to their own personal life experiences.

9738 10:00a.m.-11:50a.m.T ONLINE Wali M 9739 11:00a.m.-12:50p.m.W EC 1227 409 Ghabaei B

ENGL E23, Shakespeare

This course allows older adults to study and discuss selected plays by William Shakespeare and his contemporaries with their peers. Older adults will experience or re-experience the emotional and dramatic content in Shakespeare's classic works in light of their current life situations, and discuss the concerns of the human heart from the height of passion to the depths of despair.

9740 9:00a.m.-10:50a.m. M EC 1227 107 Achorn J CThis is a hybrid class. We will look at Shakespeare's late play "Cymbeline," using the Folger's edition.

9741 11:00a.m.-12:50p.m. M EC 1227 107 Achorn J C This is a hybrid class. We will look at Shakespeare's late play "Cymbeline," using the Folger's edition.

ENGL E24, Bible as Literature

This course introduces older adults to a wide variety of interpretations of biblical literature, encouraging students to offer interpretations based on their own knowledge and life experiences.

9742 10:00a.m.-11:50a.m. Th EC 1227 408 Jenks G

ENGL E25, Literature: The American Novel

This course assists older adults in analyzing American novels, discussing them with their peers, and renewing their appreciation for this unique form of literature. Older adults learn background and trends in writing in different time periods and regions of America, and discuss how these works relate to their own life experiences and accumulated knowledge.

9743 9:00a.m.-10:50a.m.T EC 1227 107 Achorn J C

This is a hybrid class. We will be reading the American classic novel "McTeague" by Frank Norris, using the Norton Critical Edition.

ENGL E27, Poetry and Fiction

This course helps older adults explore a wide variety of poetry; in particular, poetry as adventure, confirmation, and renewal. Older adults also employ selected poems as a means to examine their life experiences and discuss these experiences with their peers. This course is designed to refresh older adults' enjoyment and increase their appreciation of poetry as a means of expression, and helps older adults explore poetry in relation to other types of literature, in particular in its use of language and imagery.

9744 10:00a.m.-11:50a.m. W ONLINE Davis C V 9745 1:00p.m.-2:50p.m. F MALBU 219 Fox Jr R W

Above section 9745 meets at the Malibu Campus, 23555 Civic Center Way, Malibu CA 90265. Please be advised that the distance between the main SMC Campus and the Malibu Campus is approximately 15 miles. Please plan your schedule to accommodate travel time, which will vary depending on time of day and mode of transportation.



SPRING 2024

ENGL E29, Greek Literature

This course introduces older adults to the world of ancient Greek drama and fosters discussion among peers. Older adults will study Greek theater from a literary viewpoint and learn about plots, characters, and different interpretations through comparative analysis. Older adults will learn how ancient Greek drama is interpreted in modern media and will relate it to their own lives and experiences.

9746 11:30a.m.-1:20p.m. M **ONLINE** Dwyer F

We will continue our investigation of the importance, evolution, and influence of Greek tragedy with a reading and discussion of the terrible times and astonishing plays of the Stoic philosopher Seneca. TEXTBOOK: "Six Tragedies by Seneca," translated by Emily Wilson (Oxford World's Classics).

ENGL E30, Creative Writing

This course nurtures, revitalizes, and stimulates older adult writers who may already be producing or thinking about producing written material. The course is intended to discover, encourage, and develop untapped writing talent in older adults. It also allows older adults to develop and refine their writing and self expression skills, discuss their writing with peers, and comment on their peers' writing in a respectful and constructive manner. The course is also a forum for older adults to share their creative voices with peers.

9747 9:00a.m.-11:15a.m. M **ONLINE** Kronsberg G J 9748 9:30a.m.-11:20a.m.T **MALBU 219** Davis C V

Above section 9748 meets at the Malibu Campus, 23555 Civic Center Way, Malibu CA 90265. Please be advised that the distance between the main SMC Campus and the Malibu Campus is approximately 15 miles. Please plan your schedule to accommodate travel time, which will vary depending on time of day and mode of transportation.

9749 9:30a.m.-11:45a.m.T EC 1227 408 Ghabaei B

This is a hybrid class and the instructor will provide a link to students wishing to join remotely.

ENGL E33, Autobiography

This course helps older adults review and integrate the experiences that have shaped their lives, share memories with peers, and create a record of events for themselves and their families. Through this class older adults achieve a sense of pride in their accomplishments, improve their writing abilities, and express themselves in writing that can be shared with family, friends, and the public if desired.

9750	10:00a.m12:15p.m. Th	EC 1227 408	Wali M
9751	9:30a.m11:45a.m. S	EC 1227 409	Fox Jr R W
9752	12:00p.m2:15p.m. S	ONLINE	Mackay K
9753	3:00p.m4:50p.m. F	MALBU 219	Fox Jr R W

Above section 9753 meets at the Malibu Campus, 23555 Civic Center Way, Malibu CA 90265. Please be advised that the distance between the main SMC Campus and the Malibu Campus is approximately 15 miles. Please plan your schedule to accommodate travel time, which will vary depending on time of day and mode of transportation.

ENGL E34, Writing for Publication

This course will be split into three units of focus. The first unit will be spent writing and sharing new pieces of memoir, fiction or poetry. During the second unit, students will prepare their selected piece (or several short ones) for publication in the Emeritus Chronicles journal. Each student will give and receive several rounds of editorial feedback. During the third and last unit of this course, enrolled students will give editorial feedback to writers not enrolled in this class who also submitted pieces to the Emeritus Chronicles. This course will culminate in the assembly of the Emeritus Chronicles which will be published in the spring.

9754 1:00p.m.-3:50p.m. M ONLINE Mackay K

This is a hands-on course focusing on the production of the SMC Emeritus Newsletter and literary journals, as well as being an active writer's workshop with an emphasis on polishing and revising work in preparation for submission and publication. The class will produce the SMC Emeritus Newsletter in the first 4 weeks of the course and then turn its focus to producing either the Chronicles or the Ongoing Moment, the two literary journals of Emeritus.

ENGL E37, Writing Seminar

This course develops and refines older adults' writing skills in an informal round-table atmosphere through classroom readings and critiques of their own and classmates' writing. The course is intended to discover, encourage, and develop untapped writing talent in older adults and nurture, revitalize. and stimulate older adult writers who may already be expressing themselves through the written word. The course is also a forum for older adults to share their creative voices with peers.

9755 11:30a.m.-1:20p.m. M ONLINE Kronsberg G J

MUSIC - PERFORMING ARTS

HUMDEV E17, Senior Seminar - Luisa R.G. Kot Concert Series

This seminar provides a supportive atmosphere for discussions about a variety of topics of interest to older adults. Topics may include philosophy, music, laughter as good medicine, legislation that affects older adults, and others. For example, in a seminar focused on philosophy, older adults might explore philosophical sources and connections between ideas, values, and concepts that are relevant to older adults' life experiences. In a seminar focused on musical performance, older adults might be exposed to different performers, composers, and musicians and engage in stimulating discussions about music, performers' lives, the ways in which music and art can enrich one's life, and so forth. Regardless of the specific topic, this seminar provides a space for older adults to socialize with their peers and validate their life experiences while gaining exposure to mentally stimulating content.

9802 3:00p.m.-4:50p.m. Th

EC 1227 107 Peterson J D

This is a hybrid class and only meets on select dates. Instructor will provide in-person class schedule.

MUSIC E00, Concert Band

This course reinforces older adults' love of performing music in public and provides a structure for them to express themselves and participate in a performance group during their later years. Older adults also experience the physical benefits of deep breathing and head, eye, and ear coordination that result from playing a musical instrument. The course mentally stimulates older adults to concentrate on a wide variety of musical score. memorize parts, and problem solve in front of an audience.

9812 6:30p.m.-9:20p.m. Th PAC 110 Miyoshi Y Above section 9812 meets at the Performing Arts Center, 1310 11th Street.

MUSIC E02. Guitar for Older Adults

This course re-stimulates older adults' interest in and knowledge of music played on the guitar and enhances their self-expression through music. Older adults learn basic and some advanced guitar chords, strumming patterns, and finger picks while playing songs from the 1920s, 1930s, 1940s, and 1950s, as well as traditional folk songs.

9813 9:30a.m.-11:00a.m. MW **ONLINE** Terry Jr P W 9851 2:00p.m.-3:30p.m. TTh EC 1227 409 Schulman J

MUSIC E03, "The Merits" - Vocal Ensemble

This course provides older adults with an opportunity to express themselves musically, perform in community events, gain a sense of belonging to a creative peer group, and continue their life experiences in music. The course also helps older adults improve their vocal performance skills, rehearsal techniques, and general knowledge of music.

9814 10:00a.m.-12:50p.m.T FST PRES Bryant WAbove section meets at First Presbyterian Church, 1220 2nd St. (2nd & Wilshire).

MUSIC E04, Voice Training

This course provides a venue for older adults to discover or strengthen their musical creativity, personal vocal skill, performance standards, and self-confidence. Vocal exercises and solo singing. Advanced memorization is stressed.

MUSIC E06, Gospel Community Chorus

This course introduces older adults to gospel music, literature, and singing techniques with the goal of performing throughout the community. The course provides a venue for older adult students to express themselves through gospel music, gain knowledge of the history of gospel music, build or rebuild their self-confidence as soloists or group performers, and interact with a group of creative peers.

9816 1:00p.m.-2:50p.m. W PAC 107 Bryant W

Above section 9816 meets at the Performing Arts Center, 1310 11th Street.

MUSIC E10, Spanish Folk Singing

This course provides older adults (primarily those with a working knowledge of the Spanish language) with an opportunity to practice and perform music in Spanish from around the world. Older adult students are introduced to Spanish music, literature, and singing techniques from their own and other cultures, and encouraged to express themselves through Spanish folk songs.

Above section meets at Virginia Avenue Park, 2200 Virginia Ave.

MUSIC E30, Opera Appreciation

This course helps older adults understand and appreciate opera as a music form and provides opportunities for socialization through shared interests. Older adults learn about the creative aspects, history, and development of opera. The course includes operatic experiences, live productions, and other opportunities for mental stimulation and peer group socialization.

9818 11:00a.m.-12:50p.m.T ONLINE Jackson L R

MUSIC E32, Music Appreciation

This course helps older adults understand how music can enhance their life experiences by learning more about music styles, composition, performance, and historical periods. Older adults listen to and discuss musical selections and composers' biographies; expand their musical knowledge and understanding of different types of music, including orchestral, jazz, indigenous, and film music; and explore different aspects of musical performance by comparing different performers' recordings of the same piece.





Explore a New Path

SMC offers FREE noncredit courses and certificate programs for adults 18 and over. Whether you are interested in learning new skills or ready to jumpstart a new career, noncredit courses and programs can help you reach your goals.

Programs available for the spring:

- Bicycle Maintenance
- Business Essentials
- Customer Service
- English as a Second Language
- ESL for College and Career Pathways
- · Citizenship Prep
- · Introduction to Early Care & Education
- · Certified Nursing Assistant (Pre-certification)
- · Home Health Aide (Pre-certification)
- · Sustainability in Organics Aide
- · Transition to College and Career

For class listing, go to smc.edu/searchclasses and select "Non Credit Classes" under Class Type.

For more information or to enroll in classes: smc.edu/noncredit

Noncredit certificates are not applicable toward credit certificates or an Associate degree.

SPRING 2024



9819 12:00p.m.-1:50p.m. F 9820 1:00p.m.-2:50p.m. M ONLINE Peterson J D EC 1227 107 Hetz M L

This is a hybrid class and only meets on select dates. Instructor will provide in-person class schedule.

MUSIC E34, Lyric Chorus

This course provides older adults with a musical growth experience, opportunities to enhance their self-esteem and sense of belonging, and a way to express their creativity and interact with peers. Older adults rehearse and perform three-part arrangements of classics, Broadway hits, and ragtime music, and learn to be positive contributors to the sound, appearance, and artistic personality of a performing chorus while keeping their concentration and lung capacity at a peak.

9821 9:00a.m.-11:50a.m. Th EC 1227 107 Gerhold T

MUSIC E51, Piano and Theory

This course is intended to enhance the enjoyment of creating music among older adults and enhance their ability to express themselves through music. Older adults learn to play piano music at their own level and pace, and participate in group discussions with peers. Older adults also learn musical skills and concepts and develop their ability to play piano music.

9822 11:00a.m.-12:50p.m. S PAC 206 Hetz M L

This is a hybrid class. Above section 9822 meets at the Performing Arts Center, 1310 11th Street. This section is for Intermediate and Advanced students.

9823 12:00p.m.-1:50p.m. F PAC 206 Hetz M L

This is a hybrid class. Above section 9823 meets at the Performing Arts Center, 1310 11th Street. This section is for beginners.



PATHFINDERS PROGRAM

SMC Emeritus Pathfinders classes are geared toward the needs of individuals who are recovering from an acquired brain injury (ABI) or stroke. Pathfinders exercise classes include the following:

- HEALTH E63 Body Conditioning After a Stroke to help to improve balance, mobility, and physical endurance in a group setting.
- HUMDEV E50 Communication After a Stroke to assist in the improvement of communication skills.
- **HUMDEV E55 BrainFlex** to help individuals dealing with cognitive deficits.

Interested SMC Emeritus students who would like to enroll in these classes are required to call the SMC Center for Students with Disabilities ABI Program at 310-434-4442 for registration details. You cannot enroll in the Pathfinders classes without first calling 310-434-4442. Registration is completed through the SMC Center for Students with Disabilities.

HEALTH E63, Body Conditioning After a Stroke

This course helps older adults who have experienced an acquired brain injury to maintain or improve their mobility and physical endurance through an individualized program offered in a group setting. Topics include how to cope with the effects of brain injury or stroke and how to restore the student's natural energy and flexibility, through techniques used to regain and maintain physical fitness. Participation in this Pathfinders Program allows older adults to be included in their community and maintain their independence, and helps them to self-advocate and engage in activities that benefit their health.

9786	10:00a.m11:15a.m. Th	ONLINE	Jaffe A O
9787	10:30a.m11:45a.m. M	EC 1227 307	Akerson M
9788	10:00a.m11:15a.m.T	ONLINE	Fryden F
9791	12:00p.m1:15p.m. M	EC 1227 307	Akerson M
9792	11:30a.m12:45p.m. T	ONLINE	Fryden F
9793	12:00p.m1:15p.m. Th	EC 1227 307	Jaffe A 0

HUMDEV E50, Communication After a Stroke

This course, which is part of the Pathfinders Program, increases, enhances, and maintains the daily speech function of adults who have experienced speech impairments due to acquired brain injury. Older adults learn to cope with the effects of stroke or other brain injury on communication skills, get support from those in similar situations, and guidance from professionals after outpatient therapy is completed.

9808	9:30a.m10:45a.m. W	ONLINE	Nicholls J
agna	11:00a m -12:15n m W	ONLINE	Nichalle I

HUMDEV E55, BrainFlex

This course helps older adults who have sustained an acquired brain injury maintain or improve their functional cognition through individualized feedback offered in a group setting. Emphasis will be placed on maintenance of skills such as memory, verbal reasoning, and attention span. Participation in this class allows adults to develop compensatory techniques so that they can maintain their independence and safely participate in home and community tasks that promote self-reliance and active decision making.

9810	9:30a.m10:45a.m. F	ONLINE	Nicholls J
9811	11:00a.m12:15p.m. F	ONLINE	Nicholls J

POLITICAL SCIENCE

POL SC E00, Current Events

This course increases older adults' understanding of local, national, and international current affairs and how it affects their lives as well as the world around them. Older adults consider the political, economic, and social movements that determine domestic and foreign policies in the United States and around the world.

9833	9:00a.m10:35a.m. W	ONLINE	Olney W
9834	9:30a.m11:20a.m. W	MALBU 202	Sarkissian R

Above section 9834 meets at the Malibu Campus, 23555 Civic Center Way, Malibu CA 90265. Please be advised that the distance between the main SMC Campus and the Malibu Campus is approximately 15 miles. Please plan your schedule to accommodate travel time, which will vary depending on time of day and mode of transportation.



9835 10:00a.m.-11:50a.m. M EC 1227 408 Reiner M

This is a hybrid class and the instructor will provide a link to students wishing to join remotely.

9836	2:00p.m3:50p.m. F	ONLINE	Trives N
	2:00p.m3:50p.m. F	ONLINE	Johnson J P
9837	3:00p.m4:50p.m. M	ONLINE	Sarkissian R

POL SC E10, Music, Politics and Social Change

This course helps Emeritus students understand how music and culture influences and is influenced by political movements. Emphasis will be placed on listening to the music of various eras in American history and discussing how the music shaped and was shaped by those historical events, and what the impacts of those events are on current American life and politics.

9838	12:30p.m2:20p.m. M	ONLINE	Sarkissian R
	12:30p.m2:20p.m. M	ONLINE	Terry P J
9857	9:00a.m10:50a.m. Th	ONLINE	Lepoint 0

THEATER ARTS

HUMDEV E15, Theater - History of Comedy

This seminar provides a supportive environment for older adults to discuss with their peers a variety of topics of interest to seniors, including the study of aging, public policy related to older adults, philosophy, literature, music and musicals, or religion. The course is designed to allow older adults to relate any of these topics to their life experiences and socialize with others in similar stages of life. Specific topics may vary from semester to semester and may include the history of comedy, the great American songbook, etc.



9801 9:00a.m.-10:50a.m. W EC 1227 107 Achorn J C

This is a hybrid class. We will be looking at American Film Comedy from the silents to today. We will be examining the history of American humor in folktales, Native stories, political comedy, and other elements that trace the development of the American character through its evolution as a nation.

TH ART E01, Principles of Acting

This course allows older adults to explore the human condition in historical and contemporary dramatic literature, fairy tales, myths, and legends, satire, and parody. By learning how to analyze and interpret these texts, older adults will be able to craft the characters that inhabit these stories. Through the transformative process of creativity, older adults improve their acting skills and participate in a public performance, which builds self-confidence and self esteem.

9840	11:00a.m1:50p.m. T	ONLINE	Gannen B
9841	2:00p.m4:50p.m.T	ONLINE	Gannen B

TH ART E02, Theater Arts Appreciation

This course expands older adults' knowledge of play production methods and the history of the theater as it relates to current society and the life experiences of older adults. Older adults will learn about theater production from the viewpoint of the director, actor, critic, and viewer.

9842 9:00a.m.-10:50a.m. F ONLINE Abatemarco A M

TH ART E05, Reader's Theater

This course increases older adults' knowledge of how to present dramatic literature and allows them to express themselves by reading scenes, poetry, illuminating literature, or speeches in front of an audience. Older adults also interpret plays and practice acting skills with their peers. This course expands older adults' experience with dramatic literature without requiring perfect recall from memory.

9843 11:00a.m.-12:50p.m. F ONLINE Abatemarco A M

TH ART E20, Improvisation

This course encourages older adults to awaken their childhood by introducing them to the fundamentals of theatre improvisation. Students will joyfully explore essential improvisation performance techniques like spontaneity, creating an environment, character development, and structuring a scene. Build community with classmates through exercises, games, and group activities while having fun developing transferable life skills like quickthinking, playfulness, imagination, and self-discovery. No improv experience necessary.

9844 10:00a.m.-11:50a.m. M **ONLINE**

TH ART E22, Principles of Illusion: Close-up and Stage

In this performance-based class, students will be expected to learn and perform Close-up and Stage Magic. From card tricks to dinner table gags, the illusions covered in this class are practical, easy, and fun to do. Students will focus on entertaining friends and family while mastering the physical and mental concentration needed to create a successful trick. We will also discuss performance skills and presence on stage.

9845 12:00p.m.-1:50p.m. M ONLINE Camilleri G J

TH ART E30, Dramatic Interpretation Through Movies

This course helps older adults explore the art, technology, language and appreciation of film from the point of view of the older adult. Older adult students analyze the fundamentals of film production as a means of encouraging mental stimulation and peer socialization. Film examples are shown in class for comparison and discussion.

9846 1:30p.m.-3:45p.m. W **ONLINE** Laffey S A

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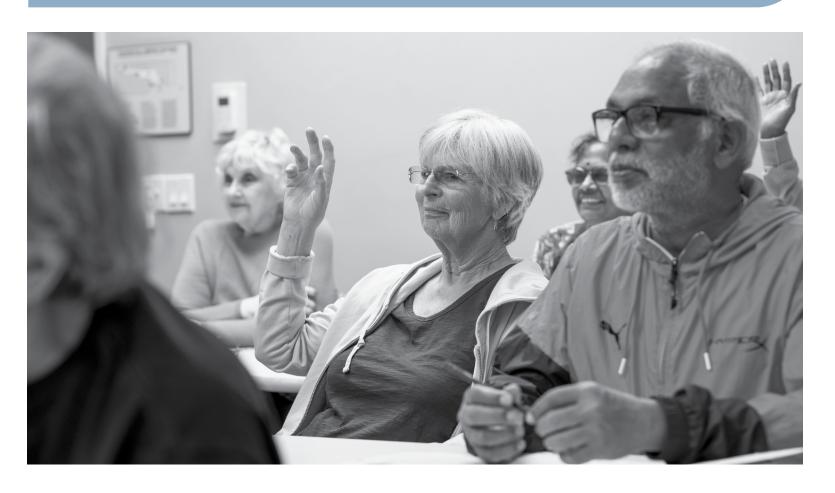
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Questions? Contact the SMC Foundation at 310-434-4215 or foundation@smc.edu



CLASSES BY THE DAY SPRING 2024

11:00a.m.-12:50p.m. 9818 MUSIC E30, Opera Appreciation



Monday			11:00a.m1:50p.m. 9840 TH ART E01, Principles of Acting ONL
	9768 HEALTH E24, Physical Fitness Principles	EC 1227 304	11:30a.m1:45p.m. 9724 ART E22, Watercolor ONL 11:30a.m12:45p.m. 9792 HEALTH E63, Body Conditioning After a Stroke ONL
0.00d.iii. 10.10d.iii.	& Practices	20 1221 001	12:00p.m1:50p.m. 9817 MUSIC E10, Spanish Folk Singing VA
9:00a.m11:50a.m.	9709 ART E16, Life Drawing Studio	EC 1227 204	12:30p.m1:45p.m. 9817 MuSic E10, Spanish Folk Singing VA
	9740 ENGL E23, Shakespeare	EC 1227 107	12:30p.m2:20p.m. 9806 HUMDEV E27, Exercising the Brain ONL
	9747 ENGL E30, Creative Writing	ONLINE	1:00p.m3:50p.m. 9715 ART E19, Painting ONL
	9780 HEALTH E34, Stress Reduction through Yoga	ONLINE	1:00p.m3:15p.m. 9722 ART E21, Painting/Drawing, Oil and Acrylic ONL
	9829 OCC E20, Using the Internet Safely	EC 1227 208	2:00p.m3:50p.m. 9734 BILING E02, French Literature ONL
	n. 9835 POL SC E00, Current Events	EC 1227 408	2:00p.m4:50p.m. 9841 TH ART E01, Principles of Acting ONL
10:00a.m11:50a.m	n. 9844 TH ART E20, Improvisation	ONLINE	
10:30a.m11:45a.m	n. 9775 HEALTH E25, Strength & Stamina Training Principles & Practices	EC 1227 304	TUESDAY AND THURSDAY
10:30a.m11:45a.m	n. 9787 HEALTH E63, Body Conditioning After a Stroke	EC 1227 307	8:30a.m9:45a.m. 9761 HEALTH E22, Chi Gong Principles & Practices VA
10:30a.m11:45a.m	n. 9776 HEALTH E25, Strength & Stamina Training Principles & Practices	EC 1227 304	8:30a.m9:45a.m. 9773 HEALTH E25, Strength & Stamina ONL Training Principles & Practices 9:00a.m10:15a.m. 9769 HEALTH E24, Physical Fitness ONL
11:00a.m12:50p.m	n. 9703 ART E00, Survey of Art	ITINERARY	9:00a.m10:15a.m. 9769 HEALTH E24, Physical Fitness ONL Principles & Practices
11:00a.m12:50p.m	n. 9741 ENGL E23, Shakespeare	EC 1227 107	10:00a.m11:50a.m. 9757 HEALTH E21, Yoga Health & Safety, ONL
11:00a.m12:50p.m	n. 9826 OCC E01, Word Processing	EC 1227 208	Principles & Practices
•	n. 9828 OCC E10, Using Data Files	ONLINE	10:00a.m11:15a.m. 9774 HEALTH E25, Strength & Stamina ONL
•	n. 9839 PSYCH E33, Living as a Single Person	ONLINE	Training Principles & Practices
·	9746 ENGL E29, Greek Literature	ONLINE	10:30a.m12:20p.m. 9758 HEALTH E21, Yoga Health & Safety, ONL
•	9755 ENGL E37, Writing Seminar	ONLINE	Principles & Practices
11:30a.m1:50p.m.	9797 HME EC E52, Restaurant Critic –	ITINERARY	10:30a.m11:45a.m. 9782 HEALTH E38, Joint Health & Mobility ONL
10.00	Dining Wisely: Healthy Eating Choices	E0 4007 007	11:00a.m12:15p.m. 9770 HEALTH E24, Physical Fitness Principles & Practices ONL
	9791 HEALTH E63, Body Conditioning After a Stroke		12:00p.m1:15p.m. 9777 HEALTH E25, Strength & Stamina ONL
	9796 HME EC EO1, Sewing Lab	ONLINE	Training Principles & Practices
12:00p.m1:50p.m.	9845 TH ART E22, Principles of Illusion:	ONLINE	12:30p.m1:45p.m. 9855 HEALTH E10, Movement and Conditioning EC 1227 3
10:15n m 0:20n m	Close-up and Stage	EC 1227 204	1:30p.m2:45p.m. 9800 HUMDEV E06, Enjoy Life – Understanding ONL
	9721 ART E21, Painting/Drawing, Oil and Acrylic 9838 POL SC E10, Music, Politics and Social Chan		Our Mind, Body & Brain for Senior Adults
1:00p.m3:50p.m.	9754 ENGL E34, Writing for Publication	ONLINE	2:00p.m3:50p.m. 9760 HEALTH E21, Yoga Health & Safety, EC 1227 3 Principles & Practices
1:00p.m2:50p.m.	9820 MUSIC E32, Music Appreciation	EC 1227 107	2:00p.m3:30p.m. 9851 MUSIC E02, Guitar EC 1227
1:30p.m3:20p.m.	9804 HUMDEV E24, Bereavement Support	ONLINE	
2:00p.m3:50p.m.	9737 ENGL E20, Literature: The Novel	ONLINE	Wednesday
2:45p.m5:00p.m.	9718 ART E20, Drawing and Painting	EC 1227 204	9:00a.m10:15a.m. 9767 HEALTH E24, Physical Fitness Principles & Practices ONL
3:00p.m4:50p.m.	9837 POL SC E00, Current Events	ONLINE	9:00a.m10:15a.m. 9768 HEALTH E24, Physical Fitness Principles & Practices ONL
4:00p.m6:50p.m.	9720 ART E20, Drawing and Painting	MALBU 220	9:00a.m10:50a.m. 9704 ART E00, Survey of Art ITINER
		WINEDO 220	9:00a.m11:50a.m. 9710 ART E16, Life Drawing Studio ONL
Monday .	and Wednesday		9:00a.m11:50a.m. 9712 ART E19, Painting ONL
9:30a m -11:00a m	9813 MUSIC E02, Guitar	ONLINE	9:00a.m10:50a.m. 9801 HUMDEV E15, Theater – History of Comedy EC 1227 3
	n. 9759 HEALTH E21, Yoga Health & Safety,	ONLINE	9:00a.m10:35a.m. 9833 POL SC E00, Current Events ONL
11.00u.m. 12.00p.m	Principles & Practices	OHEME	9:00a.m10:50a.m. 9856 POL SC E00, Current Events ONL
12:30p.m1:45p.m.	9858 HEALTH E65, Pool Exercises	POOL	9:00a.m10:50a.m. 9824 OCC E00, Basic Computer Training EC 1227 2
	9785 HEALTH E38, Joint Health & Mobility	ONLINE	9:30a.m10:45a.m. 9808 HUMDEV E50, Communication After a Stroke ONL
'	<u> </u>		9:30a.m11:20a.m. 9834 POL SC E00, Current Events MALBU 2
MONDAY .	and Friday		9:30a.m11:45a.m. 9847 ART E22, Watercolor EC 1227 2
9:00a.m10:15a.m.	9762 HEALTH E23, T'ai Chi Principles & Practices	VP CTR	10:00a.m11:50a.m. 9744 ENGL E27, Poetry and Fiction ONL
2:00p.m3:15p.m.		EC 1227 304	10:30a.m11:45a.m. 9775 HEALTH E25, Strength & Stamina ONL Training Principles & Practices
TUESDAY			11:00a.m12:50p.m. 9739 ENGL E22, Short Story EC 1227
	9701 ART E00, Survey of Art	ONLINE	11:00a.m12:15p.m. 9809 HUMDEV E50, Communication After a Stroke ONL
9:00a.m11:15a.m.	9723 ART E22, Watercolor	ONLINE	11:00a.m12:50p.m. 9827 OCC E10, Using Data Files EC 1227 2
	9743 ENGL E25, Literature: The American Novel	EC 1227 107	11:00a.m1:20p.m. 9852 HME EC E52, Restaurant Critic - EC 1227
	9830 PHOTO E00, Digital Photography I	ONLINE	Dining Wisely: Healthy Eating Choices
	9748 ENGL E30, Creative Writing	MALBU 219	11:30a.m1:20p.m. 9803 HUMDEV E22, Senior Seminar: Through EC 1227
9:30a.m11:45a.m.	9749 ENGL E30, Creative Writing	EC 1227 408	a Jewish Lens - Art, Culture & Entertainment
10:00a.m11:50p.m	n. 9702 ART E00, Survey of Art	ONLINE	12:00p.m1:50p.m. 9778 HEALTH E30, Personal Safety – Fall Prevention ONL
	n. 9738 ENGL E22, Short Story	ONLINE	12:30p.m2:45p.m. 9719 ART E20, Drawing and Painting ONL
10:00a.m11:15a.m	n. 9788 HEALTH E63, Body Conditioning After a Strok	e ONLINE	12:30p.m3:20p.m. 9728 ART E30, Watercolor Studio ONL
10:00a.m11:50a.m	n. 9805 HUMDEV E27, Exercising the Brain	ONLINE	12:30p.m2:20p.m. 9807 HUMDEV E27, Exercising the Brain ONL
10:00a.m12:50p.m	n. 9814 MUSIC E03, "The Merits" - Vocal Ensemble	FST PRES	1:00p.m2:50p.m. 9816 MUSIC E06, Gospel Community Chorus PAC 1
•	9707 ART E15, Drawing	MALBU 220	1:30p.m3:20p.m. 9735 BILING E03, Literature from Around the World ONL
11.00 10.50	0010 MIICIC E20 Opera Appropriation	ONLINE	1:20n m 4:20n m 0708 HME EC E71 Noodlografts II ONI

1:30p.m.-4:20p.m. 9798 HME EC E71, Needlecrafts II

ONLINE

ONLINE

1:30p.m.-3:45p.m. 9846 TH ART E30, Dramatic Interpretation Through Movies ONLINE 2:30p.m.-4:20p.m. 9772 HEALTH E24, Physical Fitness Principles & Practices ONLINE

WEDNESDAY AND FRIDAY

8:30a.m10:20a.m.	9756	HEALTH E21, Yoga Health & Safety,	
		Principles & Practices	ONLINE
10:30a.m11:45a.m.	9783	HEALTH E38, Joint Health & Mobility	EC 1227 308
12:00p.m1:15p.m.	9764	HEALTH E23, T'ai Chi Principles & Practices	VA PK
2:00p.m3:10p.m.	9765	HEALTH E23, T'ai Chi Principles & Practices	VA PK

Thursday

9:00a.m11:50a.m.	9713	ART E19, Painting	ONLINE
9:00a.m11:50a.m.	9726	ART E30, Watercolor Studio	EC 1227 204
9:00a.m11:50a.m.	9821	MUSIC E34, Lyric Chorus	EC 1227 107
9:00a.m10:50a.m.	9857	POL SC E10, Music, Politics and Social Chang	ge ONLINE
9:30a.m11:45a.m.	9706	ART E15, Drawing	EC 1227 205
9:30a.m12:20p.m.	9711	ART E16, Life Drawing Studio	MALBU 220
10:00a.m11:50a.m.	9742	ENGL E24, Bible as Literature	EC 1227 408
10:00a.m12:15p.m.	9750	ENGL E33, Autobiography	EC 1227 408
10:00a.m11:15a.m.	9786	HEALTH E63, Body Conditioning After a Stroke	e ONLINE
10:00a.m11:50a.m.	9849	POL SC E10, Music, Politics and Social Chang	ge ONLINE
11:00a.m12:50p.m.	9705	ART E00, Survey of Art	ITINERARY
11:30a.m1:45p.m.	9731	ART E80, Jewelry Making	EC 1227 407
12:00p.m2:15p.m.	9730	ART E55, Sculpture	ONLINE
12:00p.m1:15p.m.	9793	HEALTH E63, Body Conditioning After a Stroke	EC 1227 307
12:30p.m1:45p.m.	9763	HEALTH E23, T'ai Chi Principles & Practices	ONLINE
12:30p.m1:45p.m.	9784	HEALTH E38, Joint Health & Mobility	ONLINE
12:30p.m2:50p.m.	9815	MUSIC E04, Voice Training	EC 1227 107
1:00p.m3:15p.m.	9736	CT E00, The Fix-It Class - Repair Almost Anyth	ning ONLINE
1:20p.m4:20p.m.	9716	ART E19, Painting	MALBU 220
2:00p.m4:15p.m.	9732	ART E80, Jewelry Making	EC 1227 205
3:00p.m4:50p.m.	9802	HUMDEV E17, Senior Seminar- Luisa R.G. Kot Concert Series	EC 1227 107
6:30p.m9:20p.m.	9812	MUSIC E00, Concert Band	PAC 110
0.00p.m3.20p.m.	JU12	MODIO EDD, COMOCIL Dana	170 110

FRIDAY

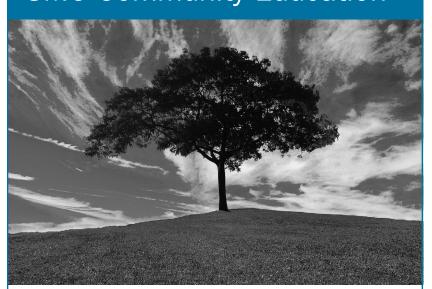
9:00a.m11:50a.m.	9727	ART E30, Watercolor Studio	ITINERARY
9:00a.m10:50a.m.	9733	BILING E01, Literature in Spanish	ONLINE
9:00a.m10:50a.m.	9842	TH ART E02, Theater Arts Appreciation	ONLINE
9:30a.m11:45a.m.	9717	ART E20, Drawing and Painting	ONLINE
9:30a.m10:45a.m.	9810	HUMDEV E55, BrainFlex	ONLINE
9:30a.m11:20a.m.	9848	ART E24, Calligraphy II	EC 1227 205
10:00a.m12:50p.m.	9714	ART E19, Painting	ONLINE
11:00a.m12:50p.m.	9781	HEALTH E34, Stress Reduction through Yoga	EC 1227 304
11:00a.m12:15p.m.	9811	HUMDEV E55, BrainFlex	ONLINE
11:00a.m12:50p.m.	9825	OCC E00, Basic Computer Training	ONLINE
11:00a.m12:50p.m.	9831	PHOTO E10, Digital Photography II	EC 1227 208
11:00a.m12:50p.m.	9843	TH ART E05, Reader's Theater	ONLINE
12:00p.m1:50p.m.	9819	MUSIC E32, Music Appreciation	ONLINE
12:00p.m1:50p.m.	9823	MUSIC E51, Piano and Theory	PAC 206
12:30p.m2:45p.m.	9708	ART E15, Drawing	EC 1227 204
1:00p.m2:50p.m.	9745	ENGL E27, Poetry and Fiction	MALBU 219
2:00p.m3:50p.m.	9836	POL SC E00, Current Events	ONLINE
2:00p.m3:50p.m.	9836	POL SC E00, Current Events	ONLINE
2:00p.m3:50p.m.	9853	ART E23, Calligraphy	EC 1227 205
3:00p.m4:50p.m.	9753	ENGL E33, Autobiography	MALBU 219
4:00p.m5:50p.m.	9799	HME EC E74, Creative Stitchery	BUS 107

SATURDAY

8:00a.m9:50a.m.	9779	HEALTH E34, Stress Reduction through Yoga	ONLINE
9:30a.m11:45a.m.	9751	ENGL E33, Autobiography	EC 1227 409
11:00a.m12:50p.m	. 9822	MUSIC E51, Piano and Theory	PAC 206
12:00p.m2:15p.m.	9752	ENGL E33. Autobiography	ONLINE

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BROOKDALE OCEAN	Brookdale Ocean House, 2107 Ocean Ave. (Ocean Ave. & Pacific St.), SM	Ocean & Pacific: #8
BROOKDALE GARDENS	Brookdale Santa Monica Gardens, 851 2nd St.(2nd & Idaho), SM	4th & Idaho: #9
BUNDY	SMC Bundy Campus, 3171 S. Bundy Dr. (Bundy & College Dr.), LA	Bundy & Airport: #14
CMD	SMC Center for Media and Design, 1660 Stewart St. (½ block N. of Olympic), SM	Stewart & Pennsylvania: #16 (wkdy), #43 (wkdy, no midday service)
CLOVER	Clover Park, 2600 Ocean Park Blvd. (Ocean Park & 25th), SM	Ocean Park & 25th: #8
DOUGLAS PARK	Douglas Park, 2439 Wilshire Blvd. (25th & Wilshire), SM	26th & Wilshire: #2, #43 (wkdys, no midday service)
EUCLID PARK	Euclid Park, 1525 Euclid St. (between Colorado & Broadway), SM	Colorado & 14th: #5 (wkdy), #41 (Mon-Fri only)
FST PRES	First Presbyterian Church, 1220 2nd St. (2nd & Wilshire), SM	Santa Monica & 3rd: #5 (wkdy), #8, #9 4th & Wilshire: #2, #3, Rapid #3 (wkdy, no midday service), and #9 Handicapped parking and bike racks are available on the street level of city parking structure #2. Additional metered handicapped parking entrance off 2nd Court alley.
1450 OCEAN	Camera Obscura Art Lab, 1450 Ocean Ave. (Ocean & Broadway), SM	Ocean & Broadway: #8
GOOSE EGG PARK	Goose Egg Park, 700 block of Palisades Ave. (1 block North of Montana), SM	4th & Montana: #9 Lincoln & Montana: #18
ITINERARY	Locations vary – instructor will inform class of the meeting places	
KEN EDWA	Ken Edwards Center/WISE Adult Day Services, 1527 Fourth St., SM (across the street from the Santa Monica Place near 4th & Broadway	4th & Broadway: #2, #7, Rapid #7 (wkdy), #8, #9,
LEVIN CTR	Jewish Family Services, Israel Levin Center, 201 Ocean Front Walk, Venice (off of Speedway & Ozone)	Main & Rose: #1
LINCOLN	Lincoln Middle School, 1501 California Ave., Rm. 400 (15th & California), SM	14th & California: #41 (Mon-Fri only)
MALBU	SMC Malibu Campus, 23555 Civic Center Way, Malibu	Metro 134
MALIBU BLUFFS	Malibu Bluffs Park, Michael Landon Community Building, 24250 Pacific Coast Highway (PCH & Malibu Canyon Road), Malibu	Metro 534
MALIBU SR CTR	Malibu Senior Center, 23825 Stuart Ranch Road, Malibu	Metro 534
PAC	SMC Performing Arts Center, The Broad Stage & The Edye, 1310 11th St. (11th & Santa Monica), SM	Santa Monica & 11th: #1, Rapid #10 (wkdy, no midday service), #41 (Mon-Fri only)
REED PARK	Reed Park, 1133 7th St. (Lincoln & Wilshire), SM	Lincoln & Wilshire: #2, #18
SM LIB	Santa Monica Library Main Branch, 601 Santa Monica Blvd., SM	Santa Monica & 6th: #1, #5 (wkdy), #7, Rapid #7 (wkdy), Rapid #10 (wkdy, no midday service), #18
SMC	Santa Monica College Main Campus, 1900 Pico Blvd. (17th & Pico), SM	Pico & 18th: #7, Rapid #7 (wkdy), #41 (Mon-Fri only), #43 (wkdy, no midday service) 20th & Pearl: #16 (wkdy)
SM SYNG	The Santa Monica Synagogue, 1448 18th St. (18th & Broadway), SM	Santa Monica & 17th: #1, Rapid #10 (wkdy, no midday service)
St Monica	St. Monica Catholic Church, 725 California Ave. (Lincoln & California), SM	Lincoln & California Ave: #18 Wilshire & Lincoln:# 2
VA PK, VP CTR, VP PATIO, VP TERRY	Virginia Avenue Park, 2200 Virginia Ave. (Cloverfield & Pico), SM	Pico & Cloverfield: #7
WHCHC	West Hollywood Community Housing Corporation 7302 Santa Monica Blvd., WH (Santa Monica & Poinsettia)	Fuller & Santa Monica Metro 704
WISE	Ken Edwards Center/WISE & Healthy Aging Adult Day Services, 1527 4th St. (4th & Broadway), SM	Broadway & 4th: #1, #2, #7, Rapid #7 (wkdy), #8, #9, Rapid #10 (wkdy, no midday service), #18

SMC AND EMERITUS TRANSPORTATION & PARKING: Santa Monica College maps, transportation, and campus parking information are available online at smc.edu/transportation. For detailed public transit information, contact: Santa Monica Big Blue Bus, 310-451-5444 or TDD 310-395-6024, web address bigbluebus.com; Metro, 323 GO-METRO, 323-466-3876, web address metro.net. If you have Downtown Santa Monica parking questions, call the SP+ Parking Operations office at 310-576-4743. Students attending class at the SMC Emeritus Campus (1227 2nd Street) may park in the City of Santa Monica parking structure #2, adjacent to Emeritus on 2nd St. between Arizona and Wilshire. The standard parking rate for parking structure #2 is: first 90 minutes free, other times and fees are as posted in the City of Santa Monica parking structure and are subject to change. If you are taking a class at any of the other SMC locations (i.e. Main Campus in Structure #3, Bundy, or the SMC Performing Arts Center) you will need a valid virtual parking permit from SMC to avoid a citation. Please visit smc.edu/parking to secure your virtual parking permit. Sign in with your SMC credentials and register your car. The permit is virtual and there is no printed document required.

WITHOUT YOU, THERE IS NO "US" IN EMERITUS.

OUR SUCCESS DEPENDS ON THE SUPPORT WE GET FROM YOU.

SMC EMERITUS IS RECRUITING VOLUNTEERS.

If you are interested, please call the Program Coordinator, Vivian Rankin-Scales, at 310-434-3851.

Got Suggestions?

You can give Emeritus your feedback in several ways:

• Email: emeritus@smc.edu

• **Phone:** 310-434-4306

Suggestion boxes: located on
 1st & 2nd floors of Emeritus

• **In person:** Emeritus 1st or 4th floor

administrative offices



If you love Emeritus, imagine how much your friends and family would love other SMC programs.

DISCOVER SMC

If you have friends or family ready to start their college journey, pick up an extra course to graduate, or enhance their career opportunities — there's a place for them at Santa Monica College.

- #1 in Transfers to the UC for 32 years
- #1 in Transfers to UCLA, USC, and LMU
- #1 Job Trainer in the Westside
- Over 200 Degrees and Certificates
- Earn a Degree or Certificate Online
- Free Noncredit Courses and Certificates
- Free Classes for High School Students
- Affordable World-Class Education

Enroll in classes today! smc.edu/apply



ADA Accommodations

SMC Emeritus students who require ADA (The Americans with Disabilities Act) accommodations in order to successfully participate in our unique noncredit older adult program — or to sign up for our specialized Pathfinders classes — should contact the SMC Center for Students with Disabilities. Santa Monica College makes every effort to make its campus fully accessible to students with disabilities. The SMC Center for Students with Disabilities offers guidance and counseling on admission requirements and procedures, as well as a number of special programs to help students with their academic, vocational, and career-planning goals. In addition, the Center offers specialized equipment, adaptive computer training, and test proctoring, among many other services and accommodations for students who are eligible.

To arrange for ADA accommodation, call the SMC Center for Students with Disabilities at **310-434-4265** or visit **smc.edu/dsps**.

STATEMENT OF NONDISCRIMINATION

The Santa Monica Community College District is committed to building an inclusive and diverse environment and maintains a comprehensive program to ensure that practice reflects these principles. Diversity within the college environment provides opportunity to foster mutual awareness, knowledge, and sensitivity, to challenge ingrained stereotypes, and to promote mutual understanding and respect. The District's equal employment opportunity and nondiscrimination policies are set forth in Board Policies 2405, 2410, 3120-3123, 5220, 5230, and 5530. As set forth in these Board Policies, the District is committed to equal employment opportunity and nondiscrimination in the learning and work environments in accordance with all applicable laws, including, without limitation, California Code of Regulations, Title 5, § 59300 et seq., California Government Code §§ 11135-11139.5, the Sex Equity in Education Act (California Education Code § 66250 et seq.), Title VI of the Civil Rights Act of 1964 (42 U.S.C. § 2000d), Title IX of the Education Amendments of 1972 (20 U.S.C. § 1681), Section 504 of the Rehabilitation Act of 1973 (29 U.S.C. § 794), the Americans with Disabilities Act of 1990 (42 U.S.C. § 12100 et seq.), and the Age Discrimination Act (42 U.S.C. § 6101).

It is important for students, employees, and others associated with the College to report concerns about possible violations of the District's policies regarding equal employment opportunity and nondiscrimination. If you need information about the District's policies or need to report a violation of the laws listed above, you should contact:

- SMC Human Resources Office, 310-434-4415 or *hrcomplaints@ smc.edu* (located on the second floor of the SMC Administration Building, 2714 Pico Blvd), regarding any complaint of unlawful discrimination, including sexual harassment and sexual discrimination; or
- Eric Oifer, ADA/504 Compliance Officer, 310-434-8912 or *oifer_eric@smc.edu* (office located in Student Services Center S276) regarding disability discrimination complaints.

El Distrito de Santa Monica Community College tiene el compromiso de crear un ambiente inclusivo y diverso y de mantener un programa comprensivo para asegurarse de que la practica refleja estos principios. La diversdad entre el ambiente colegial provée oportunidad para fomentar el conocimiento, la erudición, y la sensibilidad mutual, luchar contra los estereotipos arraigados, y promover la comprensión y

respeto mutual. Las reglas del Distrito sobre igualdad de oportunidades del empleo y de nondiscriminación se disponen en las polisas 2405, 2410, 3120-3123, 5220, 5230 y 5530. El Distrito está comprometido a la igualdad de oportunidades y nondiscriminación en los ambientes de la educación y del trabajo en acuerdo con las leyes, incluyendo, sin la limitación, el Código de las Regulaciones de California Título 5, § 59300 y ss.; el Código de Gobierno de California §§ 11135-11139.5; la Ley sobre Equidad de Sexo en la Educación (Código de Educación de California § 66250 y ss.); el Título VI de la Ley de 1964 sobre Derechos Civiles (42 U.S.C. § 2000d); el Título IX de las Enmiendas de Educación de 1972 (20 U.S.C. § 1681), Artículo 504 de la Ley de 1973 sobre Rehabilitación (29 U.S.C. § 794); la Ley de 1990 sobre Americanos con Incapacidades (42 U.S.C. § 12100 y ss.); y la Ley sobre Discriminación por Edad (42 U.S.C. § 6101).

Es importante que los estudiantes, el personal y las demás personas relacionadas con el SMC reportan las inquietudes sobre posibles violaciones de las polisas relacionadas a la igualdad de oportunidades del empleo y de nondiscriminación. Si Ud. necesita información sobre las polisas del Distrito o tiene que reportar una violación de cualquier de estas leyes, debe ponerse en contacto con:

- La oficina de SMC Human Resources 310-434-4415 o hrcomplaints@smc.edu (ubicada en el segundo piso del Edificio Administrativo del SMC en 2714 Pico Blvd.) sobre cualquier reporte de discriminación, incluyendo el acoso sexual o discriminación sexual; o con
- Eric Oifer, ADA/504 Oficial de Conformidad 310-434-8912 o *oifer_eric@smc.edu* (oficina ubicada en la Sala S276 del Centro de Servicios Estudiantiles (Student Services Center) sobre reportes de discriminación por discapacidad.

THIS SCHEDULE IS PREPARED BY THE SANTA MONICA COLLEGE OFFICE OF MARKETING AND COMMUNICATIONS

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DONATIONS

Help provide for activities, special performances, supplies, equipment, and more. Please make checks payable to "SMC Foundation" and write "Emeritus" in the memo line. Donations can be mailed with your Emeritus registration. Please allow additional time for donation acknowledgments during peak registration periods. *Thank You*.





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1227 2nd Street, Santa Monica, CA 90401 Business Hours: Mon. – Fri., 8:30 a.m. – 4:30 p.m.

Telephone: 310-434-4306 Email: emeritus@smc.edu Website: smc.edu/emeritus

SMC EMERITUS STAFF

Dr. Scott Silverman, Dean, Noncredit and External Programs Guadalupe Salgado, Associate Dean (Interim) Vivian Rankin-Scales, Program Coordinator Ashley Price, Administrative Assistant Jessica Riojas, Student Services Clerk

VOLUNTEERS

Mady Bergman, Denis Campbell, Suzie Kim, Andrea Roberts, Edgar Wild

EMERITUS STUDENT ADVISORY COUNCIL

Student membership on the Associate Dean's Emeritus Student Advisory Council will be listed on the SMC Emeritus website at: smc.edu/emeritus

SMC BOARD OF TRUSTEES

Barry Snell, Chair; Dr. Margaret Quiñones-Perez, Vice Chair; Dr. Susan Aminoff; Dr. Nancy Greenstein; Dr. Tom Peters; Rob Rader; Dr. Sion Roy; Alyssa Arreola, Student Trustee; Kathryn E. Jeffery, Ph.D., Superintendent/President

SMC Emeritus Spring 2024 Schedule of Classes

WHAT IS SMC EMERITUS?

SMC Emeritus, started in 1975, is a noncredit older adult program of Santa Monica College. SMC Emeritus serves more than 3,600 students annually and offers over 120 free classes of interest to older adults. All classes are held during the day at our home base on Second Street or at convenient locations throughout the community. The name Emeritus refers to people "retired with honor." All older adults are welcome. For more information, call the SMC Emeritus office at 310-434-4306, visit our website at <code>smc.edu/emeritus</code> or stop by our office at 1227 Second Street, Santa Monica.

¿ QUÉ ES SMC EMERITUS ?

SMC Emeritus, inaugurado en 1975, es un programa sin créditos que ofrece Santa Monica College para adultos mayores. SMC Emeritus atiende a más de 3,600 estudiantes anualmente y ofrece más de 120 clases gratuitas de interés a personas de la tercera edad. Todas las clases se llevan a cabo durante el día en nuestra sede en Second Street o en lugares accesibles en toda la communidad. El nombre Emeritus se refiere a personas "jubiladas con honor." Todos los adultos mayores son bienvenidos. Para más información, llame la oficina de SMC Emeritus al 310-434-4306, visite nuestro sitio web en smc.edu/emeritus, o acuda a nuestra oficina ubicada en 1227 Second Street, Santa Monica. Ofrecemos clases en español. Mire dentro de este catálogo para información.





THE ONGOING MOMENT: LITERATURE AND ART FROM SMC EMERITUS

VISIT **SMC.EDU/EMERITUSGALLERY** TO VIEW THE EXHIBITION

Front cover:

Francine Lucey, A City That Never Sleeps, watercolor, 15" x 11"

Back cover:

Left: Kathleen Higgins, *The Elasticity of Time*, acrylic painting, 30" x 22.5"

Right: Lori Pollack, Turbulence, watercolor, 12"x9"