Smeritus College



# **REGISTRATION**

## **IMPORTANT SEMESTER DATES**

Monday, June 17, 2016Schedule available online at www.smc.edu/emeritus
Tuesday, July 5, 2016 Schedule available at Emeritus College and Santa Monica Libraries
Monday, July 11, 2016 First day of Registration/Enrollment
Monday, August 29, 2016 FALL SEMESTER BEGINS
Monday, September 5, 2016 Labor Day Holiday (no classes/campus closed)
Friday, November 11, 2016Veterans Day Holiday (no classes/campus closed)
Thu. – Sat., November 24 – 26, 2016 Thanksgiving Day Holiday (no classes/campus closed)
Saturday, December 17, 2016 FALL SEMESTER ENDS

## How to reach us

SANTA MONICA COLLEGE



Business Hours: Mon. – Fri., 8:30 a.m. – 4:30 p.m. Telephone: (310) 434-4306 Email: emeritus@smc.edu

### **ENROLLMENT SERVICES OPTIONS**

Listed above are the important semester dates. Students must enroll every semester. *Students are allowed to enroll in a maximum of 4 classes for the Fall 2016 semester.* 

**NEW STUDENTS** are those without an SMC Student Identification Number. New students must register/enroll in person at the Emeritus College Enrollment Services Office & provide a picture ID in order for their paper application to be processed and to receive their permanent student ID#. The Application Forms are located in the back of this schedule, at the Enrollment Services office, or online at **www.smc.edu/emeritus**.

**RETURNING STUDENTS** are those absent from classes for three semesters or more. They must use a large Application Form to enroll in classes. The large Application Forms are located in the back of this schedule, at the Enrollment Services office, or online at **www.smc.edu/emeritus**. **CONTINUING STUDENTS** are students actively enrolled in the present or either of the previous 2 semesters. Continuing students may enroll themselves online or use a paper form. One week prior to the start of enrollment, Continuing Student Enrollment Cards are mailed to the address on record. Listed at the top of the form is a computer generated online enrollment appointment date/time that will rotate to a previous day each term. You may enroll online using the SMC Corsair Connect Enrollment System on your appointment date/ time or anytime thereafter. If you are not assigned an online enrollment appointment, you cannot enroll online and must fill out a paper form to enroll (either use the Continuing Student Enrollment Card or an Application Form available in the back of this schedule). Continuing Students who received an online enrollment appointment are the only students who are eligible to use authorization codes given to them by faculty to selfenroll online in closed classes after the start of the semester. If you receive an authorization code from an instructor for a closed class, enroll yourself in the class online to get yourself processed into the class faster than submitting a paper add card to the Enrollment Services office.

### ONLINE ENROLLMENT SYSTEM FOR CONTINUING STUDENTS: CORSAIR CONNECT

The online enrollment process at Emeritus occurs through SMC's Corsair Connect system. Online enrollment appointments are computer generated and rotate to a previous day each term. Online enrollment gives continuing students the best odds for successful enrollment. Enroll online on your appointment date/time or any time thereafter. Detailed online enrollment instructions are available online at **www.smc.edu/emeritus** or in the Emeritus College Enrollment Services office. Emeritus College mini computer lab volunteers can assist students with online enrollment when the mini lab is open. Go to room #209 during the first week of the enrollment period and use this great service! Mini lab hours are posted on the door and usually are from 9am – 4pm during the first week of enrollment. If a volunteer is unavailable, the mini lab will close that day. For helpful information online:

- Go to **www.smc.edu/emeritus** click onto the links located at the left hand side. There you will find helpful links, such as: Instructions for Online Enrollment; Corsair Connect (Online Enrollment & SMC Email); Searchable Schedule (to search which classes are open); and other helpful links.
- To use "Corsair Connect" to enroll online, make sure you have your SMC/Emeritus Student ID number, password and class section numbers available. If this is the first time you are using Corsair Connect, then your initial password will be your 6-digit date of birth (MMDDYY) and you will then be asked to convert your 6-digit date of birth password to a new alphanumeric password. You are responsible for retaining your new password and for printing your online enrollment transaction receipt. If you have forgotten your



ID number or password, click on "I cannot access my account" on the Corsair Connect login screen and follow the next directions to retrieve your login information.

• To use "Searchable Schedule" to look for open classes, go to **www.smc.edu/emeritus**; on the left side menu, under the "Schedule of Classes" sub-menu, click onto "Searchable Schedule." Then, select 1) the Semester (e.g. Fall), 2) Class Type (Emeritus), and 3) Class Status (e.g. open). Scroll down & click the "Search" button. A listing of classes appears below the "Search" button. Click the right arrow at the bottom of the page to access the next rows/pages of classes.

### PAPER APPLICATION ENROLLMENTS

Students using the paper application enrollment option may mail or drop off forms no earlier than the official first day of enrollment to the Emeritus College Enrollment Services Office. Paper enrollment forms are processed after all the online appointments have expired with mailed-in forms taking precedence.

- Mailed forms are processed prior to hand-delivered forms on a daily basis. Postmarks are used to determine processing order.
- Fill out all forms completely, sign, date and provide an emergency contact/number on the form.
- List courses in priority order; do not enroll in duplicate sections of the same course or classes that overlap in time.
- Write "Alt" to indicate your 2nd choice for a better chance of receiving a course of your choice.

### NOT ABLE TO ENROLL?

If you are unable to enroll because of missing application information, a required matriculation code change, unpaid credit course fees, a records hold, or disqualification status, call the Emeritus College office for information. If you are unable to enroll due to a closed class, please see section below on closed classes. If you are unable to enroll online due to technical challenges, we will refer you to the mini computer lab volunteers in room #209 to assist you with online enrollment. Please use this great student service. Due to a small staff, we are unable to train students to enroll online over the telephone.

### TRANSACTION RECEIPT/CONFIRMATION OF ENROLLMENT

Students enrolling online will not receive a mailed transactions receipt from Emeritus College. They must print their transaction receipts from the SMC Corsair Connect online enrollment system. If you have submitted a paper application for enrollment, you will receive a transaction receipt via US mail. If a class you selected is not listed: that indicates the class was filled, there was a time conflict, or you tried to enroll in two sections of the same course. ID#s are listed on the upper left hand of the confirmation/receipt. BRING YOUR RECEIPT TO THE FIRST CLASS(ES) or TO THE OFFICE IF YOU HAVE ENROLLMENT QUESTIONS.

#### **CLOSED CLASSES**

Class sections reopen automatically when students drop. Check for openings periodically by using the online Searchable Schedule. For closed classes, approach the instructor at the first meeting to ask if there is space in the class and, if so, to receive an AUTHORIZATION CODE to enroll yourself in the class online or to have the instructor sign an add card/continuing student form. The AUTHORIZATION CODE is a one-time code to add via the Corsair Connect Web enrollment system. Please note the expiration date of authorization codes.

### **GENERAL INFORMATION AND ENROLLMENT TIPS:**

- Courses are free but we gladly accept donations.
- Attend the first class or you may be dropped.
- Regular attendance is expected. Low attendance & low enrollment may cause class cancellations.
- Only enrolled students may attend and participate in class after one observational visit.

### ADDRESS CHANGES

Use an address card for changes or make the change online at **www.smc.edu/emeritus**, click on "Corsair Connect (Online Enrollment & SMC Email)" from the menu on the left side and login. Then, click the "Enrollment" blue tab/link in the middle of the page. From the left side menu, click "Profile / Preferences" and update your address, then press "Submit Changes" at the bottom of the page to save the new information.

### **EMERGENCY INFORMATION CARDS**

Help us help you. Make sure your emergency information is current each term. If you need to make changes to your emergency information, then fill out an Emergency Card in person at Enrollment Services or fill in the info on your enrollment form.

#### A sample of a course from the schedule:



#### **ART E00 Survey of the Arts**

Survey the history of art by viewing selections from particular<br/>periods of time or development.950010:00a-11:50a TEC 1227 107Smith JStudy art in the context of history. This semester covers Ancient Art.Section #Time & DayLocationInstructor

The 9000 level section number of the course must be placed in the "section" field on the application form or add card for correct enrollment.

### Abbreviation of Days

M = Monday	S = Saturday
T = Tuesday	MW = Monday & Wednesday
W = Wednesday	MF = Monday & Friday
Th = Thursday	TTh = Tuesday & Thursday
F = Friday	WF = Wednesday & Friday

### News from the SMC Associate Dean of Emeritus College

#### June 2016

### Dear Emeritus Community,

Welcome to the new academic year! As many of you are already aware, Santa Monica College (SMC) has a new Superintendent/President, Dr. Kathryn Jeffery, who started in February 2016. We were honored to officially welcome Dr. Jeffery as our special guest at the Emeritus College Student Art Exhibition on May 5, 2016 where she mingled with many students at the reception. Dr. Jeffery later gave us a surprise visit as a volunteer for the Emeritus College Annual Fund Drive on May 25, 2016. We are all very thankful for Dr. Jeffery's support of Emeritus and look forward to her leadership at SMC.

Speaking of the Annual Fund Drive, I'd like to thank Walter Coronel and Bob Stern from the Emeritus College Advisory Council (ECAC) for leading those efforts as the ECAC Fundraising subgroup co-chairs. I'd also like to acknowledge Judy Blits (a previous ECAC Fundraising subgroup co-chair) for all her tremendous help behind the scenes, as well as all the other many volunteers who helped out this year. And, of course, special thanks go to the many donors who support Emeritus College!

Starting this past Summer 2016, Emeritus College began piloting a new online enrollment appointment process. Previously, online enrollment appointments were generated randomly and, unfortunately, some people got the bad luck of getting a later enrollment appointment more often than others. Consequently, Emeritus College staff received a lot of student feedback about this issue and the ECAC Student Services subgroup advocated each semester for a resolution to this problem. After many discussions with the IT department, we decided to pilot a process where online enrollment appointments rotate to a previous day each term. We are thankful to the IT department for assisting us to find a more equitable solution and we thank students for your patience as we pilot this new process.

As we mentioned in the Fall 2015 schedule of classes, there have been some organizational changes made to the ECAC structure. Please see page 10 of this schedule for more details on those changes. Also, starting in July 2016, we welcome four ECAC members with new terms: Michael Baroff, Edythe London, Natalie Newman, and Gerald Schneir. They are replacing the following departing ECAC members: Beverly Fischer, Lidia Rubinstein, and Helen Wachs. We thank the departing ECAC members for their many years of service to the ECAC and look forward to a new year with our revised ECAC team.

Best regards,

Gita Runkle Associate Dean, Emeritus College

# **COURSES FOR OLDER ADULTS**

Look for this symbol to find new course opportunities, classes offered in other languages, or tribute classes.

### **IMPORTANT NOTES TO STUDENTS:**

- See the Facilities list on page 14 for a full description of each location abbreviation.
- The description of the courses showing "ITINERARY" as a location requires the ability for students to traverse uneven ground and negotiate stairs.
- Volunteers handle registration information in a confidential manner. If you have concerns or questions about privacy, contact the Program Coordinator at 310.434.3851.

### **ARTS AND CRAFTS**

### **ART E00 Survey of Art**

Survey of art: View selections from selected time periods and artists. Classes with "ITINERARY" listed as a location have field trips to galleries, museums, studios and sitespecific works of art. For "ITINERARY" location classes, first meeting only at 1227 2nd St. to receive the itinerary ask front desk for location of first meeting. Gallery tour schedules may change due to venue schedules.

9701	9:00a-10:50a F	EC 1227 409	Staff
9702	11:00a-12:50p T	ITINERARY	Walker C L
9703	1:00p-2:50p F	ITINERARY	Hero C J
9704	1:30p-3:20p W	ITINERARY	Hero C J
9705	1:30p-3:20p Th	ITINERARY	Hero C J

### **ART E06 Artistic Expression through Gardening**

	first at the SE co ana, to receive the	& Marguerita,	north of
9706 9707	10:00a-11:50a M 10:00a-11:50a T	 Jaeger J E Jaeger J E	

#### **ART E15 Drawing**

**9708 9:00a-11:15a T EC 1227 205 James N M** Learn the basics of drawing realistically. Good for the beginner and students who would like to improve their drawing skills. A variety of materials and subjects will be included.

#### 9709 9:00a-11:15a F EC 1227 204 Hero C J

Advanced and experimental drawing: Focus on structure, form, value and visual perception. Discussion and attention are given to theories of contemporary practices in art.

### 9710 12:30p-2:45p F EC 1227 204 Tirr C A

Drawing in color media: Beginning and advanced techniques using colored pencils and pastels to draw still life studies, landscapes and cityscapes. Some drawing experience would be helpful.

**9711 12:30p-2:45p T MALIBU Trentham B M** Pastel painting of still-life, landscape and possibly "plein air" painting.

### ART E16 Life Drawing Studio

**9712 9:00a-11:50a W EC 1227 204 Reynolds T** Draw the human form from a live model. Learn basic drawing skills, perception and eye-hand coordination, elements of design, composition and creativity.

# FALL 2016

### **ART E19 Painting**

#### 9715 9:00a-11:50a M EC 1227 205 Harrison A B

Assignments are designed for the progressing student. A basic grasp of the fundamentals of painting is highly recommended.

### 9821 9:00a-11:50a Th EC 1227 204 Adams L K

Painting in a variety of mediums and techniques: acrylics, oils, grounds, washes, layering, color mixing, and finishes. A few sessions will have a live model.

### **ART E20 Drawing and Painting**

Multimedia drawing and painting for persons at all levels of skill. Learn about space, line, value and color in a workshop atmosphere.

#### 9716 9:00a-11:15a M EC 1227 204 Benson J K

Drawing and painting with emphasis on the portrait. Studio time split between working with live models and other in-class exercises.

### 9822 1:00p-3:50p Th EC 1227 204 Adams L K

A few sessions in the above section will have a live model.

### ART E21 Painting/Drawing, Oil and Acrylic

#### 9717 9:00a-11:15a Th EC 1227 205 Brutsche J

Learn to paint with traditional oil paint without using solvents. Paint still life setups or work from your own photos. Individual instruction and class demonstrations along with learning the technique of this method of painting in oil will enable you to paint in a healthier way.

#### 9718 9:00a-11:15a F EC 1227 205 Harrison A B

Learn the techniques of classical and contemporary masters, new painting techniques and expand your visual vocabulary. Painting with oils or acrylics for persons of all levels. Learn the basic techniques.

### 🛐 9719 11:30a-1:45p M EC 1227 204 Benson J K

Interdisciplinary studio. For persons at all levels of skill. Learn about concept, composition, value and color in a workshop atmosphere. This section is endowed in the memory of Francis J. Abrahams.

### **ART E22 Watercolor**

#### 9720 9:00a-11:15a T EC 1227 204 Manseau F J

Designed for beginning watercolorists. A techniques and methods class concentrating on the "how" of the medium: washes, brush strokes, color, value and composition.

#### 9721 11:30a-1:45p T EC 1227 204 Manseau F J

Intermediate watercolor. Review basics and further develop techniques toward a more personal creative result. Designed for students with some experience.

### ART E24 Calligraphy II

**9722 9:30a-11:20a F 1450 OCEAN Martorello J M** Learn a variety of calligraphic hands. Enhance your project with grace and style.

### **ART E30 Watercolor Studio**

### 9723 9:00a-11:50a Th ITINERARY Walker C L

All levels welcome. An outdoor studio class at a variety of urban cityscapes and natural gardens. Develop techniques and learn about new materials. Work in a supportive environment. Learn from group critiques. First meeting only at Clover Park (Ocean Park Blvd. & 25th Street) to get the itinerary.

#### 9724 9:00a-11:50a F ITINERARY Tirr C A

An outdoor, "plein air" class meeting at a variety of locations for instruction in techniques, composition, selection of subject, and quickly capturing a landscape. Critiques are at the easel. The 1st meeting is at: Tongva Park on Main St., between Colorado Ave. & Olympic Dr., across the street from Santa Monica City Hall.

#### 9725 12:00p-2:50p T EC 1227 205 James N M

Watercolor, drawing, and design inspired by the beauty of nature and still life. Express yourself in watercolor. All levels are welcome.

### 9726 12:00p-2:50p W EC 1227 204 Tirr C A

Studio watercolor covering the basics with a focus on strong composition and an understanding of the medium.

#### **ART E55 Sculpture**

#### 9727 12:00p-2:15p Th EC 1227 205 Benson J K

Become inspired creatively in three dimensions. Material options to be discussed on first day of class. Students will be introduced to sculpture processes involving clay, paper, wire, balsa wood, found objects, plaster of Paris, mold-making rubber and casting resin.

### **ART E80 Jewelry Making**

### 9728 11:30a-1:45p Th 1450 OCEAN Ryza S V

Advanced: Projects for this section are more complex, new projects weekly. Students should master basic jewelry skills prior to enrolling.

### 9729 2:00p-4:15p Th 1450 OCEAN Ryza S V

Beginning: New projects weekly—knotting, wire wrapping, bead weaving, attaching clasps and more. Use a wide assortment of tools and materials. Students purchase their materials per guidelines. Bring any beads or tools you already own to the first class.

### Check Out the EMERITUS COLLEGE WEBSITE

### www.smc.edu/emeritus

### YOU'LL FIND

- Enrollment information and instructions
- Schedules of classes
- How to support Emeritus College
- Emeritus College news and information
- Bulletin Board of community events
- The Emeritus Voice newsletter
- Advisory Council pictures and bios
- Contact information for Emeritus College
- And more....

# **COURSES FOR OLDER ADULTS**

### **BUSINESS, ESTATE PLANNING, AND FINANCE**

### BUS E00 Planning for Retirement, Healthcare and Estate Planning

For men, women & couples: methods of long range planning for a secure future. Deal with estate planning, retirement and healthcare issues. Legal aspects of wills, trusts and charitable giving by attorney Wes Hicks. Income planning, survivorship, and retirement issues by financial advisor Pat McIlrath. Healthcare, Medicare, and long term care issues by Virginia Hart.

9733 11:30a-1:20p Th EC 1227 408 McIlrath P K

### **EMPLOYMENT FOR SENIORS** - COMPUTER TRAINING

REGISTER FOR ONE LEVEL ONLY WITHIN THE COMPUTER COURSES. The levels/content areas are:

- Introduction to Computers
- Word Processing Beginning
- Word Processing Intermediate
- Data Management
- Working with Photos
- Working with Videos
- Using the Internet and Internet Safety

Students will learn how to use computers confidently, and become familiar with basic concepts, terms and skills related to the Microsoft Windows Operating System and other software programs.

Bring a flash drive to class. Depending upon the instructor, a textbook may be used for this course. Your instructor will provide details.

#### **OCC E00 Introduction to Computers**

This course assists older adults in accessing the world of computers and technology to improve interaction with their families and to promote self-expression. Older adults learn about personal computers, improve technical vocabulary, review typing and mouse skills, and learn how to use special function computer keys.

9801 11:00a-12:50p F EC 1227 208 Espinosa-Frech H A

#### **OCC E01 Word Processing**

Acquire the skills necessary to use word processing software. Learn to create, save, and retrieve documents. This course will help you perform various word processing functions with ease.

9802	9:00a-10:50a M	EC 1227 208	Rodriguez J E
Begin	ner course.		
9803	11:00a-12:50p M	EC 1227 208	Rodriguez J E
Interm	nediate course.		
9804	1:30p-3:20p F	EC 1227 208	Espinosa-Frech H A
Begin	ner course.		

#### **OCC E10 Using Data Files**

This course helps older adults understand how to use tables and data files to create mailing labels, financial records for taxes, or work in a volunteer or paid job requiring these and other consumer skills. The course is offered at a pace that helps older adults maximize their knowledge retention and continue learning.

9805 11:00a-12:50p T EC 1227 208 Simmonds A R

#### OCC E20 Using the Internet Safely for Older Adults

Introduction to the internet. Learn the secrets of safely searching for information on the internet, sending and receiving emails, or attaching and sending pictures to friends and family. Develop confidence using the internet. Build your skills and understanding of the computer.

9806 11:00a-12:50p Th EC 1227 208 Simmonds A R

#### PHOTO E00 Digital Photography I

9807 9:00a-10:50a T EC 1227 107 Schneir G

Digital Photography for those who want to expand their photographic abilities. Novice digital photographers are most welcome. Free image editing programs such as Picasa and FastStone will be explored. Guidelines for using your camera, composition and exposure will be discussed. Students are urged to bring a few pictures on flash drives along with their cameras and manuals to class. No computer knowledge is required.

#### PHOTO E10 Digital Photography II

#### 9808 9:00a-10:50a W EC 1227 208 Rodriguez J E

Intermediate level. Take your Photoshop skills to the next level. Students are encouraged to bring a few personal pictures on flash drives to edit during class. Should have some experience with Photoshop prior to enrolling.

**9809 9:00a-10:50a F EC 1227 208 Espinosa-Frech H A** Learn about videos. Use Adobe Premiere to create simple videos. Knowledge and use of Photoshop Elements experience is recommended.

9810 1:00p-2:50p M EC 1227 208 Buckner K D

Beginner course. Designed for the digital photographer novice, taking pictures, transferring them to your computer, beginning cropping, editing and color corrections using Photoshop Elements.

### HEALTH AND CONDITIONING

### HEALTH E21 Yoga Health & Safety, Principles & Practices for Older Adults

Through the practice of yoga you will learn how to develop your strength, flexibility, balance, and focus. You will also learn how to increase circulation, improve your breathing and your ability to relax and regain overall health and wellbeing. Please bring your own yoga mat (unless section is chair-based), a notebook and pencil.

9751	8:30a-10:20a WF	EC 1227 308	Dee D
9752	10:00a-11:50a TTh	EC 1227 308	Cooper M
9753	10:30a-12:20p TTh	1450 OCEAN	Cass K
The a	bove section is cha	air based – no	mat required.
9754	11:00a-12:50p MW	EC 1227 308	Lieb J B
9755	2:00p-3:50p TTh	EC 1227 308	Dee D

# FALL 2016

### HEALTH E22 Chi Gong Principles & Practices for Older Adults

Learn traditional Chinese exercise for health and well being. Emphasis on developing strength, flexibility and balance. Practice limbering movement with mindful breathing to increase and maintain your range of motion.

9756 8:30a-9:45a TTh EC 1227 308 Holtzermann C

### HEALTH E23 T'ai Chi Principles & Practices for Older Adults

Tone and strengthen every muscle in the body by using this method of slow, circular movement of the long, Yang style form. Learn how to stay in balance. Learn to relax, concentrate and focus your energy. Meditate to nourish the whole body.

9757	9:00a-10:15a MF	VP CTR	Akers P A
		ate. Meets at	Virginia Park Center,
Fitnes	s Room #1.		
9759	12:00p-1:15p WF	EC 1227 304	Nardini A S
9760	12:30p-1:45p TTh	EC 1227 304	Terry Jr P W
Intern	nediate course.		
9761	2:00p-3:15p MF	EC 1227 304	Akers P A

Intermediate and advanced.

### **HEALTH E24** Physical Fitness Principles & Practices for Older Adults

Learn how to safely build your aerobic capacity. Low-impact aerobic exercises to music, some strength training, and stretch movements to improve cardiovascular performance and flexibility.

9762	8:30a-9:45a TTh	VP CTR	Moy D N
Meets	in VIRGINIA PAR	K CENTER, Fitn	ess Room #1.
9763	9:00a-10:15a MW	EC 1227 304	Wapner-Baart L J
9764	9:00a-10:15a TTh	1450 OCEAN	Wapner-Baart L J
9765	9:30a-10:45a TTh	EC 1227 304	Yewell R E
Interm	ediate and advand	ced.	
9766	11:00a-12:15p TTh	EC 1227 304	Yewell R E
Begini	ner course.		

### HEALTH E25 Strength & Stamina Training Principles & Practices for Older Adults

The course explores how older adults can maintain or improve their health and stamina through strength training using free weights, resistance devices and/or other fitness techniques. The course emphasizes safe ways to start and maintain a program. Principles of basic anatomy, physiology, good nutrition and/or stress management are included. Students may create a personal fitness and strength training plan based on their individual needs and physical challenges.

	9767
ENGLISH & SPANISH	9768
& SPANIS	9769

8:00a-9:15a TTh	EC 1227 304	Yewell R E
10:00a-11:15a TTh	VP PATIO	Regalado O
10:30a-11:45a MW	1450 OCEAN	Vaillancourt A

The above section focuses on the techniques of Aerobic exercise as you develop stamina. Each student should be able to learn exercises that require standing for a minimum of thirty minutes. Twenty minutes weight training in seated position.

```
        9770
        10:30a-11:45a
        MW
        EC
        1227
        304
        Huner
        K
        A
        9771
        12:00p-1:15p
        TTh
        CLOVER
        Wapner-Baart L J
```

Walk your cares away and feel great. Class meets near the tennis courts. Please contact the instructor via email prior to the start of class for details: wapner-baart\_linda@smc.edu

### **HEALTH E30 Personal Safety – Fall Prevention**

Falls are the most frequent cause of serious injury to older adults. Learn how, why, where and when falls occur and how to avoid falling at home, around town or on your travels. Improve your balance. Exercises are followed by a short lecture.

9772 12:00p-1:50p M EC 1227 304 Weinstein J M

### **HEALTH E34 Stress Reduction through Yoga**

Learn how to practice asanas: standing, seated, supine (lying down), and/or inverted poses together with focus and conscious breathing to improve your overall health and well-being. Induce relaxation and support your energetic and emotional balance. Please bring your own yoga mat, a notebook and pencil.

9773	8:00a	-9:50a S	VP	CTF	R I	Holtzerm	nann C
The	above	section	meets	at	VIRGINIA	PARK	CENTER,
Fitne	ss Roo	m #1.					

1 10100			
9774	9:00a-10:50a M	EC 1227 308	Cooper M
9775	11:00a-12:50p F	EC 1227 308	Lieb J B

### HEALTH E38 Joint Health & Mobility for Older Adults

For those with joint problems; improve strength, balance and flexibility with weights, stretches or repetitive movements. Develop a personal health plan.

### 9776 9:00a-10:15a MW 1450 OCEAN Vaillancourt A

You will learn to strengthen your lower body with exercises performed on mats and use free weights for upper body strength. Personal programs will be designed.

**9777 10:30a-11:45a TTh VP CTR Wapner-Baart L J** The above section meets at VIRGINIA PARK CENTER, Finess Room #1.

9778 10:30a-11:45a TTh WISE Moy D N

This class is specifically designed for participants of the WISE ADULT DAY PROGRAM.

9779 2:00p-3:15p TTh EC 1227 304 Regalado 0

### **HEALTH E63 Body Conditioning After a Stroke**

Learn to cope with the effects of a stroke. Develop your own personal plan. Restore energy, flexibility and range of motion through exercise. Learn to safely exercise sitting, standing and/or lying on a mat. Stretching, strengthening, and helping posture and balance. Limited class size. Contact the SMC Center for Students with Disabilities (DSPS) for approval to register, (310) 434-4442.

9780	Arrange-Time	EC 1227 307	Nakasuji B J
	Arrange-Time	EC 1227 307	Li J A
	Arrange-Time	EC 1227 307	Phillips B S

### HOME ARTS AND MAINTENANCE

### CT E00 The Fix-It Class – Repair Almost Anything

A wide variety of consumer-oriented repair problems are addressed in this demonstration/lecture class. Beginners: Learn to do minor household repairs for yourself or supervise others. Repair leaky faucets, handle minor electrical problems, hang items, use caulk, etc. 9734 1:00p-3:15p M EC 1227 408 Ross M A

# **COURSES FOR OLDER ADULTS**

#### HME EC E01 Sewing Lab

Learn how to construct clothing and creative sewing projects. Cover the basics to more complicated sewing techniques. Choose your own projects to work on under the supervision of a credentialed instructor. This class is for beginners and more advanced sewers.

9781 12:00p-2:50p M EC 1227 205 Lewis K

### HME EC E52 Restaurant Critic – Dining Wisely: Healthy Eating Choices for Older Adults

Dine at selected local restaurants, meet the chefs and discuss the food with an eye on healthy eating, good taste and aesthetic appeal. Learn what food critics look for when evaluating restaurants and write or give your own review. 9823 11:30a-1:20p T EC 1227 409 Dosti R

### HME EC E71 Needlecraft – II

Learn to knit, crochet or weave in this friendly, relaxed fiber class. Bring your own tools and materials. Teacher works individually with each student on student's chosen project(s), at all levels from complete beginner to advanced. **9782 1:30p-4:20p W 1450 OCEAN Ryza S V** 

### HUMAN DEVELOPMENT AND RELATIONS

### HUMDEV E06 Enjoy Life – Understanding Our Mind, Body & Brain for Senior Adults

Enjoy life. Lecture-based class. Learn how you can improve your brain and enjoy your life more fully. Techniques such as meditation, mindfulness, positive thinking, breathing, humor, diet, stress management, and light physical movement will be used.

9783 1:30p-2:45p TTh EC 1227 408 Albert G S

### HUMDEV E15 Senior Studies – Theater – History of Comedy

History of comedy: A look at comedy in theater, literature, film and music.

9784 9:00a-10:50a W EC 1227 409 Achorn J C

### HUMDEV E17 Senior Seminar – Luisa R.G. Kot Concert Series

Vocal and instrumental performances interspersed with comments by artists and students. Experience the development of eclectic musical forms with influences from around the world. Dates to be announced when performers' schedules are confirmed. *This course is offered in memory of Luisa R. G. Kot.* 

RIBUTE

9785 3:00p-5:00p Th EC 1227 107 Peterson J D

### **HUMDEV E24 Bereavement Support**

Encouragement and support offered in a small group setting guided by a trained and experienced counselor. *This course is offered in memory of Zelda Herman.* 

9820 1:30p-3:20p M EC 1227 407 Press P L

### **HUMDEV E25 Dealing with Hearing Impairment**

This course is for improving the communications skills of the hearing-impaired through lip reading and oral techniques.

9786 12:30p-2:20p T EC 1227 407 Frand L

# YOU'VE GOT SMC EMAIL!

Every student at Emeritus College has been assigned a Santa Monica College email address. Check it regularly to get information from college faculty and staff.

### How do you get to your email?

- Go to the Santa Monica College website at www.smc.edu
- Click on the **Corsair Connect** tab at the top of the screen
- Type in your Student ID Number and Password
- Click Login
- Your email may open automatically as a new window
- If you don't see your email, click on the **Home** tab in the upper right hand corner

### **HUMDEV E27 Enhancing Memory Skills**

			imizing anxiety when
			The ultimate goal of concerning the exercise the brain.
			ve and active through
	al exercises, inclu		
9787	10:00a-11:50a T	EC 1227 407	Frand L
9788	12:30p-2:20p W	EC 1227 407	Frand L

### HUMDEV E28 Communication After a Stroke (Computer Based)

Improve your speech and language skills. Designed for people with brain injuries such as a stroke. Specialized computer software that is used was designed specifically for those with aphasia. Contact the SMC Center for Students with Disabilities (DSPS) for approval to register, (310) 434-4442.

9789 1:30p-3:20p W EC 1227 208 Feinberg L H

### HUMDEV E50 Communication After a Stroke

Professional support beyond hospital or private therapy. Cope with the effects of a stroke or brain injury on your communication skills. Attend one time period per session. Caregivers may participate in the 10:30 session. Contact the SMC Center for Students with Disabilities (DSPS) for approval to register, (310) 434-4442.

9790	10:30a-11:45a W	EC 1227 408	Feinberg L H
	11:45a-1:15p W	EC 1227 408	Feinberg L H

# FALL 2016

**Quiñones H C** 

#### **PSYCH E33 Living as a Single Person**

Learn strategies for successful single living. Discuss concrete and abstract issues of divorce, loneliness, and coping with changes in lifestyle.

9814 11:00a-12:50p M EC 1227 408 Press P L

### LITERATURE AND WRITING

### **BILING E01 Literature in Spanish**

Taught in Spanish. Fiction, poetry and plays by Spanish and Latin American writers are discussed: Cervantes, Marti, Dario, Machado, Mistral, Vallejo, Garcia Lorca, Borges, Neruda, Onetti, Cortazar, and many others.

SPANISH 9

9730 9:00a-10:50a F VP TERRY

BILING E02 French Literature

Explore a variety of literature written in French. Conducted in French, fluency recommended. Excellent for native speakers of French.

🕅 9731 2:00p-3:50p T EC 1227 409 Isner-Ball D R

### **ENGL E20 Literature: The Novel**

**9735 2:00p-3:50p M EC 1227 409 Dwyer F** We will read and discuss My Brilliant Friend, by Elena Ferrante, the first of four novels in her acclaimed Neapolitan Series.

### ENGL E22 Short Story

Overview and discussion of works by contemporary writers. Authors from different countries.

9736 10:00a-11:50a T EC 1227 408 Wali M

### ENGL E23 Shakespeare

There are poets and there are playwrights, and then there is Shakespeare, the undisputed master of poetry and playwriting. Selected plays by William Shakespeare will be studied and discussed. A good time is guaranteed.

 9737
 9:00a-10:50a M
 EC 1227 107
 Achorn J C

 9738
 11:00a-12:50p M
 EC 1227 107
 Achorn J C

### ENGL E24 Bible as Literature

"In the Beginning: The Book of Genesis." Study biblical writings and their use in contemporary settings. Examine life experience in light of Biblical literature. Class meets at The Santa Monica Synagogue (corner of 18th and Broadway in Santa Monica). Class is taught by Rabbi Jeff Marx. 9739 2:00p-3:50p Th SM SYNG Marx J A

### **ENGL E25 Literature: The American Novel**

**9740 9:00a-10:50a T EC 1227 409 Achorn J C** Explore the development of the American novel, the writers and their lives and times.

### ENGL E27 Poetry and Fiction

**9741 10:00a-11:50a W MALIBU Davis C V** *Contemporary American Literature: Cross Genre.* 

### ENGL E29 Greek Literature

#### 9743 11:30a-1:20p M EC 1227 409 Dwyer F

Our survey of Greek tragedy continues with the plays of Euripides, beginning with Medea, in the Rex Warner translation, which you can find in Euripides 1 in the Complete Greek Tragedies series, edited by David Grene and Richmond Lattimore. Between plays we will continue reading and discussing Roberto Calasso's exploration of Greek Myth, The Marriage of Cadmus and Harmony.

### **ENGL E30 Creative Writing**

9744 9:00a-11:15a M EC 1227 409 Kronsberg G J

Experiment with writing projects to explore style, content and effect from the basics to more sophisticated techniques.

9745 9:30a-11:45a T MALIBU Reich E S

Come learn the art of skillful writing. All levels are welcome.

### ENGL E33 Autobiography

Review and integrate the experiences that shaped your life. Share memories and create a family record. Receive guidance, inspiration and writing exercises to launch or continue autobiographical writing.

9746 9:00a-11:15a Th EC 1227 408 Wali M

**9747 9:30a-11:45a S PAC 116 Fox Jr R W** Above 9747 section meets at the Performing Arts Center, 1310 11th Street.

#### 9748 12:00p-2:15p S PAC 116 Wali M

Above 9748 section meets at the Performing Arts Center, 1310 11th Street.

9749 12:30p-2:45p F MALIBU Reich E S

### ENGL E37 Writing Seminar

Develop and refine your writing skills in an informal round table atmosphere. Manuscripts of any genre are read and critiqued. Focus is on interchange of constructive comments.

9750 9:00a-11:50a Th EC 1227 409 Kronsberg G J

### MUSIC PERFORMANCE AND APPRECIATION

### **MUSIC E00 Concert Band**

If you can play a musical instrument, come join in playing a wide selection of music. Regular performances are presented to the public. Rehearse and perform a variety of concert band music. Players of brass, woodwind, or percussion instruments may enroll with the consent of the instructor.

9791 6:30p-9:20p T LINCOLN Miyoshi Y

### MUSIC E03 "The Merits" – Vocal Ensemble

A chorus of men and women organized around songs from musical comedy or light opera. The music will be brought to a high level for performance. Perform old standards, musical comedy and favorite songs. Combine fun with learning music skills. The ability to carry a part and read music is helpful but not mandatory.

9792 10:00a-12:50p T FST PRES Bryant W

### **MUSIC E04 Voice Training**

This course provides a venue for older adults to discover or strengthen their musical creativity, personal vocal skill, performance standards, and self-confidence. Vocal exercises and solo singing. Advanced memorization is stressed.

9793 1:00p-2:50p Th EC 1227 107 Elliott W H

#### **MUSIC E06 Gospel Community Chorus**

Get the spirit! Learn to sing and build a repertoire of authentic gospel songs in an exciting, supportive group under the direction of an award-winning master instructor. The ability to read music is helpful but not required. For beginners through advanced.

9794 12:00p-1:50p W CAL BAPT Bryant W

# **COURSES FOR OLDER ADULTS**

### **MUSIC E10 Spanish Folk Singing**

Latin American and Spanish music with a special emphasis on the various styles of different regions. Explore the richness and diversity of this inspired musical tradition. Be prepared to sing in Spanish. Possible performance options.

9795 12:00p-1:50p T VP TERRY Perez J Z

### **MUSIC E30 Opera Appreciation**

Experience opera behind the scenes and as an audience member from the beginning to the descending curtain. 9796 2:00p-3:50p T EC 1227 107 Jackson L R

#### **MUSIC E32 Music Appreciation**

#### 9797 12:00p-1:50p F EC 1227 107 Peterson J D

Focus your appreciation through exciting listening experiences. Discuss musical periods and begin to understand performances in greater depth.

9798 1:00p-2:50p M EC 1227 107 Hetz M L

Explore classical music and learn about music. For all levels. Discuss the interaction of culture, language and social events that shape the creativity of musicians. Enjoy performances by rising student performers.

### **MUSIC E34 Lyric Chorus**

A chorus of voices singing three-part arrangements of great classics, bouncy Broadway and rollicking ragtime. Many performances in Southern California. Come learn professional choral techniques. Have the fun and joy of blending your voice with others to create memorable music. Some experience is helpful.

9799 9:00a-11:50a Th EC 1227 107 Elliott W H

### **MUSIC E51 Piano and Theory**

Learn techniques for reading, playing, and practicing music. Being able to read music and some knowledge of the keyboard are helpful.

9800 12:15p-2:05p S PAC 200 Hetz M L Above 9800 section meets at the Performing Arts Center, 1310 11th Street.

### **POLITICAL SCIENCE**

### **POL SC E00 Current Events**

Consider the political, economic and social movements that determine local, national, domestic and foreign policies in the LLS, and around the world

9811	9:30a-11:20a W	EC 1227 107			
9812	10:00a-11:50a M	SM LIB			
9813	2:00p-3:50p F	EC 1227 107			
	2:00p-3:50p F	EC 1227 107			

Stromberg H L Reiner M Trives N Johnson J P

### **THEATER ARTS**

### **TH ART E01 Principles of Acting**

Dust off your thespian robes and explore your creative side in this acting workshop. Scenes are rehearsed, polished, and performed at a Showcase at The Edye Theater. 9815 11:00a-1:50p T EC 1227 107 Gannen B 9816 2:30p-5:20p T EC 1227 407 Gannen B

TH ART E	E <b>02</b>	Theater	Arts	Appro	eciation
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Learn all aspects of the theater. See the production from the viewpoint of director, actor, critic, as well as viewer. Great plays and films will be used as a basis for this lecture/discussion class. *This class is offered in memory of Dorothy Tunis.* 

🂵 9817 9:00a-10:50a F 🛛 EC 1227 107 🔹 Abatemarco A M

### TH ART E05 Reader's Theater

Come study and interpret short stories, poetry, and scenes from plays for presentation. Memorization is not necessary. Readings are performed within the group at each meeting. 9818 11:00a-12:50p F EC 1227 409 Abatemarco A M

#### **TH ART E30 Dramatic Interpretation Through Movies**

Discover the complex, multifaceted art of cinema. Examine the collaborative nature of film and the artists who make movies.

9819 1:30p-3:45p W EC 1227 107 Laffey S A

### **Updates on the Emeritus College Advisory Council (ECAC)**

by Charlotte Horstein & Marsha Franker, ECAC Co-Chairs 2015 – 2016

We are excited to tell Emeritus students about our latest activities. During a strategic planning retreat, our advisory council, formerly known as the Emeritus College Executive Council, was renamed the Emeritus College Advisory Council to better reflect what we do. Our purpose is to advocate for students and ensure that the program is responsive to their changing needs. The Council serves as a voice to the Associate Dean advising on key improvements in certain projects and events. For example, we took an active role in planning and volunteering for the Emeritus 40th Anniversary celebration.

Each Council member this year has volunteered to work in one of four subgroups: Student Services, Student Feedback, Curriculum or Fundraising. We are a 12-member Council elected in late spring each year on a rotating basis. Toward the middle of the Spring semester, applications are made available for new members to be elected for a 3-year term (if there are any openings). Membership is open to all Emeritus students and faculty and we hope that you will consider applying in the future.

We look forward to an active year promoting communication between our Council and the student body. To identify our current council members, please visit the Emeritus website at: **www.smc.edu/emeritus**. From the left-hand menu, click on "Advisory Council" to see our pictures and biographies. A Council member may sit beside you in class.

# SUPPORT LIFELONG LEARNING

### LEAVE A LEGACY AND JOIN THE HERITAGE CLUB

Support programmatic and personal excellence by joining a community of bighearted supporters who have provided for Emeritus College in their wills or estate plans.

### For more information, contact:

John Stanwyck Santa Monica College Foundation 1900 Pico Boulevard, Santa Monica, CA 90405 310.434.4215 • santamonicacollegefoundation.org

SANTA MONICA COLLEGE





### Help Support Educational Opportunities at Emeritus



### CLASSES BY THE DAY 🛹 FALL 2016

### MONDAY

9:00a-11:50a	9715	ART E19 Painting	EC 1227 205
9:00a-11:15a	9716	ART E20 Drawing and Painting	EC 1227 204
9:00a-10:50a	9737	ENGL E23 Shakespeare	EC 1227 107
9:00a-11:15a	9744	ENGL E30 Creative Writing	EC 1227 409
9:00a-10:50a	9774	HEALTH E34 Stress Reduction through Yoga	EC 1227 308
9:00a-10:50a	9802	OCC E01 Word Processing	EC 1227 208
10:00a-11:50a	9706	ART E06 Artistic Expression through Gardening	ITINERARY
10:00a-11:50a	9812	POL SC E00 Current Events	SM LIB
11:00a-12:50p	9738	ENGL E23 Shakespeare	EC 1227 107
11:00a-12:50p	9803	OCC E01 Word Processing	EC 1227 208
11:00a-12:50p	9814	PSYCH E33 Living as a Single Person	EC 1227 408
11:30a-1:45p	9719	ART E21 Painting/Drawing, Oil and Acrylic	EC 1227 204
11:30a-1:20p	9743	ENGL E29 Greek Literature	EC 1227 409
12:00p-1:50p	9772	HEALTH E30 Personal Safety – Fall Prevention	EC 1227 304
12:00p-2:50p	9781	HME EC E01 Sewing Lab	EC 1227 205
1:00p-3:15p	9734	CT E00 The Fix-It Class – Repair Almost Anything	EC 1227 408
1:00p-2:50p	9798	MUSIC E32 Music Appreciation	EC 1227 107
1:00p-2:50p	9810	PHOTO E10 Digital Photography II	EC 1227 208
1:30p-3:20p	9820	HUMDEV E24 Bereavement Support	EC 1227 407
2:00p-3:50p	9735	ENGL E20 Literature: The Novel	EC 1227 409

### MONDAY AND WEDNESDAY

9:00a-10:15a	9763	HEALTH E24 Physical Fitness Principles & Practices	EC 1227 304
		HEALTH E38 Joint Health & Mobility	1450 OCEAN
10:30a-11:45a	9769	HEALTH E25 Strength & Stamina Training Principles & Practices	1450 OCEAN
10:30a-11:45a	9770	HEALTH E25 Strength & Stamina Training Principles & Practices	EC 1227 304
11:00a-12:50p	9754	HEALTH E21 Yoga Health & Safety, Principles & Practices	EC 1227 308

### MONDAY AND FRIDAY

9:00a-10:15a	9757	HEALTH E23 T'ai Chi Principles & Practices	VP CTR
2:00p-3:15p	9761	HEALTH E23 T'ai Chi Principles & Practices	EC 1227 304

### TUESDAY

9:00a-11:15a	9708	ART E15 Drawing	EC 1227 205
9:00a-11:15a	9720	ART E22 Watercolor	EC 1227 204
9:00a-10:50a	9740	ENGL E25 Literature: The American Novel	EC 1227 409
9:00a-10:50a	9807	PHOTO E00 Digital Photography I	EC 1227 107
9:30a-11:45a	9745	ENGL E30 Creative Writing	MALIBU
10:00a-11:50a	9707	ART E06 Artistic Expression through Gardening	ITINERARY
10:00a-11:50a	9736	ENGL E22 Short Story	EC 1227 408
10:00a-11:50a	9787	HUMDEV E27 Enhancing Memory Skills	EC 1227 407
10:00a-12:50p	9792	MUSIC E03 "The Merits" – Vocal Ensemble	FST PRES
11:00a-12:50p	9702	ART E00 Survey of Art	ITINERARY
11:00a-12:50p	9805	OCC E10 Using Data Files	EC 1227 208
11:00a-1:50p	9815	TH ART E01 Principles of Acting	EC 1227 107
11:30a-1:45p	9721	ART E22 Watercolor	EC 1227 204
11:30a-1:20p	9823	HME EC E52 Restaurant Critic –	EC 1227 409
		Dining Wisely: Healthy Eating Choices	
12:00p-2:50p	9725	ART E30 Watercolor Studio	EC 1227 205
12:00p-1:50p	9795	MUSIC E10 Spanish Folk Singing	VP TERRY
12:30p-2:45p	9711	ART E15 Drawing	MALIBU
12:30p-2:20p	9786	HUMDEV E25 Dealing with Hearing Impairment	EC 1227 407
2:00p-3:50p	9731	BILING E02 French Literature	EC 1227 409
2:00p-3:50p	9796	MUSIC E30 Opera Appreciation	EC 1227 107
2:30p-5:20p	9816	TH ART E01 Principles of Acting	EC 1227 407
6:30p-9:20p	9791	MUSIC E00 Concert Band	LINCOLN

### TUESDAY AND THURSDAY

8:00a-9:15a	9767	HEALTH E25 Strength & Stamina Training Principles & Practices	EC 1227 304
8:30a-9:45a	9756	HEALTH E22 Chi Gong Principles & Practices	EC 1227 308
8:30a-9:45a	9762	HEALTH E24 Physical Fitness Principles & Practices	VP CTR
9:00a-10:15a	9764	HEALTH E24 Physical Fitness Principles & Practices	1450 OCEAN
9:30a-10:45a	9765	HEALTH E24 Physical Fitness Principles & Practices	EC 1227 304
10:00a-11:50a	9752	HEALTH E21 Yoga Health & Safety, Principles & Practices	EC 1227 308
10:00a-11:15a	9768	HEALTH E25 Strength & Stamina Training Principles & Practices	VP PATIO
10:30a-12:20p	9753	HEALTH E21 Yoga Health & Safety, Principles & Practices	1450 OCEAN
10:30a-11:45a	9777	HEALTH E38 Joint Health & Mobility	VP CTR
10:30a-11:45a	9778	HEALTH E38 Joint Health & Mobility	WISE
11:00a-12:15p	9766	HEALTH E24 Physical Fitness Principles & Practices	EC 1227 304
12:00p-1:15p	9771	HEALTH E25 Strength & Stamina Training Principles & Practices	CLOVER
12:30p-1:45p	9760	HEALTH E23 T'ai Chi Principles & Practices	EC 1227 304
1:30p-2:45p	9783	HUMDEV E06 Enjoy Life – Understanding Our Mind, Body & Brain for Senior Adults	EC 1227 408
2:00p-3:50p	9755	HEALTH E21 Yoga Health & Safety, Principles & Practices	EC 1227 308
2:00p-3:15p	9779	HEALTH E38 Joint Health & Mobility	EC 1227 304

### WEDNESDAY

9:00a-11:50a	9712	ART E16 Life Drawing Studio	EC 1227 204
9:00a-10:50a	9784	HUMDEV E15 Senior Studies – Theater – History of Comedy	EC 1227 409
9:00a-10:50a	9808	PHOTO E10 Digital Photography II	EC 1227 208
9:30a-11:20a	9811	POL SC E00 Current Events	EC 1227 107
10:00a-11:50a	9741	ENGL E27 Poetry and Fiction	MALIBU
10:30a-11:45a	9790	HUMDEV E50 Communication After a Stroke	EC 1227 408
11:45a-1:15p	9790	HUMDEV E50 Communication After a Stroke	EC 1227 408
12:00p-2:50p	9726	ART E30 Watercolor Studio	EC 1227 204
12:00p-1:50p	9794	MUSIC E06 Gospel Community Chorus	CAL BAPT
12:30p-2:20p	9788	HUMDEV E27 Enhancing Memory Skills	EC 1227 407
1:30p-3:20p	9704	ART E00 Survey of Art	ITINERARY
1:30p-4:20p	9782	HME EC E71 Needlecraft – II	1450 OCEAN
1:30p-3:20p	9789	HUMDEV E28 Communication After a Stroke (Computer Based)	EC 1227 208
1:30p-3:45p	9819	TH ART E30 Dramatic Interpretation Through Movies	EC 1227 107

### WEDNESDAY AND FRIDAY

8:30a-10:20a	9751	HEALTH E21 Yoga Health & Safety,	EC 1227 308
		Principles & Practices	
12:00p-1:15p	9759	HEALTH E23 T'ai Chi Principles & Practices	EC 1227 304

### THURSDAY

9:00a-11:15a	9717	ART E21 Painting/Drawing, Oil and Acrylic	EC 1227 205
9:00a-11:50a	9723	ART E30 Watercolor Studio	ITINERARY
9:00a-11:15a	9746	ENGL E33 Autobiography	EC 1227 408
9:00a-11:50a	9750	ENGL E37 Writing Seminar	EC 1227 409
9:00a-11:50a	9799	MUSIC E34 Lyric Chorus	EC 1227 107
9:00a-11:50a	9821	ART E19 Painting	EC 1227 204
11:00a-12:50p	9806	OCC E20 Using the Internet Safely	EC 1227 208
11:30a-1:45p	9728	ART E80 Jewelry Making	1450 OCEAN
11:30a-1:20p	9733	BUS E00 Planning for Retirement,	EC 1227 408
		Healthcare and Estate Planning	
12:00p-2:15p	9727	ART E55 Sculpture	EC 1227 205
1:00p-2:50p	9793	MUSIC E04 Voice Training	EC 1227 107

1:00p-3:50p	9822	ART E20 Drawing and Painting	EC 1227 204
1:30p-3:20p	9705	ART E00 Survey of Art	ITINERARY
2:00p-4:15p	9729	ART E80 Jewelry Making	1450 OCEAN
2:00p-3:50p	9739	ENGL E24 Bible as Literature	SM SYNG
3:00p-5:00p	9785	HUMDEV E17 Senior Seminar – Luisa R.G. Kot Concert Series	EC 1227 107

### Friday

9:00a-10:50a	9701	ART E00 Survey of Art	EC 1227 409
9:00a-11:15a	9709	ART E15 Drawing	EC 1227 204
9:00a-11:15a	9718	ART E21 Painting/Drawing, Oil and Acrylic	EC 1227 205
9:00a-11:50a	9724	ART E30 Watercolor Studio	ITINERARY
9:00a-10:50a	9730	BILING E01 Literature in Spanish	VP TERRY
9:00a-10:50a	9809	PHOTO E10 Digital Photography II	EC 1227 208
9:00a-10:50a	9817	TH ART E02 Theater Arts Appreciation	EC 1227 107
9:30a-11:20a	9722	ART E24 Calligraphy II	1450 OCEAN
11:00a-12:50p	9775	HEALTH E34 Stress Reduction through Yoga	EC 1227 308
11:00a-12:50p	9801	OCC E00 Introduction to Computers	EC 1227 208
11:00a-12:50p	9818	TH ART E05 Reader's Theater	EC 1227 409
12:00p-1:50p	9797	MUSIC E32 Music Appreciation	EC 1227 107
12:30p-2:45p	9710	ART E15 Drawing	EC 1227 204
12:30p-2:45p	9749	ENGL E33 Autobiography	MALIBU
1:00p-2:50p	9703	ART E00 Survey of Art	ITINERARY
1:30p-3:20p	9804	OCC E01 Word Processing	EC 1227 208
2:00p-3:50p	9813	POL SC E00 Current Events	EC 1227 107
2:00p-3:50p	9813	POL SC E00 Current Events	EC 1227 107

### SATURDAY

8:00a-9:50a	9773	HEALTH E34 Stress Reduction through Yoga	VP CTR
9:30a-11:45a	9747	ENGL E33 Autobiography	PAC 116
12:00p-2:15p	9748	ENGL E33 Autobiography	PAC 116
12:15p-2:05p	9800	MUSIC E51 Piano and Theory	PAC 200

### VARIED SCHEDULE

Arrange-Time	9780	HEALTH E63 Body Conditioning After a Stroke	EC 1227 307
Arrange-Time	9780	HEALTH E63 Body Conditioning After a Stroke	EC 1227 307
Arrange-Time	9780	HEALTH E63 Body Conditioning After a Stroke	EC 1227 307

### GRANTS

Grants are available for material or book needs for students experiencing financial difficulties. Make a confidential request to the Program Coordinator, (310) 434-4306.

### STATEMENT OF NONDISCRIMINATION

Santa Monica College fosters a work and learning environment that welcomes and supports a diverse student body and staff reflective of our pluralistic society. We are committed to equal opportunity regardless of race, color, religion, gender, national origin, age, disability, status as a Vietnam-era veteran, sexual orientation, or marital status for admission and enrollment in classes, student services, financial aid, and employment in accordance with provisions of Title VI and VII of the 1964 Civil Rights Act, Title IX of the Educational Amendments of 1972, and Section 504 of the Rehabilitation Act of 1973 (P.L. 93-112).

Any person seeking information about or claiming grievance because of alleged violations of the laws listed above should contact:

- SMC Human Resources Office for complaints of unlawful discrimination, sexual harassment and sexual discrimination, (310) 434-4415
- ADA/504 Compliance Officer for disability discrimination concerns, (310) 434-4442

Grievances are reviewed in terms of Title VI, Title VII, Title IX, and Section 504 law. If normal channels are not available or fail to meet legal requirements, the necessary action is initiated by the college. A record of all grievances is reported to the Affirmative Action Committee.

De acuerdo con los provisos de los Titulos VI y VII de la Ley de Derechos Civiles de 1964, el Titulo IX de las Enmiendas Docentes de 1972 y la Sección 504 de la Ley de Rehabilitación de 1973 (P.L. 93-112), Santa Mónica College se compromete a la igualdad de oportunidades para ingresar en el College, para matricularse en las clases, para utilizar los servicios estudiantiles, para ayuda financiera y para empleo, sin discriminar por razones de raza, color, religión, sexo, país de origen, edad, impedimento físico, preferencia sexual, estado civil o por ser veterano de la época de Vietnam.

### **DONATIONS**

Help provide for activities, special performances, supplies, equipment, and more. Please make checks payable to "SMC Foundation" and write "Emeritus" in the memo line. Donations can be mailed with your Emeritus registration. Please allow additional time for donation acknowledgments during peak registration periods. *Thank You.* 

### THIS SCHEDULE IS PREPARED BY THE SANTA MONICA COLLEGE OFFICE OF MARKETING

Donald Girard, Senior Director, Government Relations and Institutional Communications Ming-Yea Wei, Marketing Design Analyst Jonathan Ng, Senior Graphic Designer Charles Mark-Walker, Graphic Designer Paul Trautwein, Web Coordinator Santa Monica College Contributors: Dr. Kathryn E. Jeffery, Gita Runkle, Vivian Rankin-Scales, Lauri Arneson, Jessica Riojas.

# FACILITIES

Facilities	<b>Big Blue Bus Lines</b>	Location
Emeritus Classrooms a EC 1227 107, EC 122 EC 1227 208, EC 122 EC 1227 308, EC 122	7 204, EC 1227 205, 7 304, EC 1227 307,	<ul><li>1227 Second St. (2nd &amp; Wilshire), SM</li><li>#8 Big Blue Bus stops at 3rd and Santa Monica Blvd.</li><li>#2, #3, #Rapid 3, #4 and #9 Big Blue Bus stops at 4th and Wilshire Blvd.</li></ul>
EC 1227 409, EC 122		Handicapped parking and bike racks are available on the street level of city parking structure #2. Additional metered handicapped parking entrance off 2nd Court alley.
CMD	5, 16	SMC Center for Media & Design, 1660 Stewart St. (1/2 block N. of Olympic), SM
CAL BAPT	5, 41	Calvary Baptist Church, 1502 20th St. (20th & Broadway), SM
CALL US!		Call (310) 434-4306, Emeritus College, 1227 2nd St. (2nd & Wilshire), SM
CLOVER	8, 44	2600 Ocean Park Blvd. (Ocean Park & 25th), SM
DOUGLAS PARK	2	Douglas Park, 2439 Wilshire Blvd. (25th & Wilshire), SM
EUCLID PARK	1, 5, Rapid 10, 41	1500 block of Euclid St. (between Colorado & Broadway), SM
FST PRES	1, 2, 3, Rapid 3, 18 4, 8, 9	First Presbyterian Church, 1220 2nd St. (2nd & Wilshire), SM
GOOSE EGG PARK	18, 4, 9	Goose Egg Park, 700 block of Palisades Ave. (1 block North of Montana), SM
ITINERARY		Locations vary - instructor will inform class of the meeting places
KEN EDWA	2, 3, Rapid 3, 18, 4, 7, Rapid 7, 8, 9, Rapid 10	Ken Edwards Center/Wise Adult Day Services, 1527 Fourth St., SM (across the street from the Santa Monica Place near 4th & Broadway)
LINCOLN	2, 41	Lincoln Middle School, 1501 California Ave., Rm. 400 (15th & California), SM
MALIBU	Metro 534	Malibu Senior Center, 23825 Stuart Ranch Road, Malibu
MALIBU BLUFFS	Metro 534	Malibu Bluffs Park, Michael Landon Community Building, 24250 Pacific Coast Highway (PCH & Malibu Canyon Road), Malibu
PAC	1, 2, 5, Rapid 10	SMC Performing Arts Center, The Broad Stage & The Edye 1310 Santa Monica Blvd. (11th & Santa Monica), SM
REED PARK	2, 18	(Lincoln Park) 1150 Lincoln Blvd. (Lincoln & Wilshire), SM
SM LIB 1, 4, 7	, Rapid 7, 8, Rapid 10, 18	Santa Monica Library Main Branch, 601 Santa Monica Blvd., SM
1450 OCEAN	8, Rapid 10	1450 Ocean Ave. (Ocean & Broadway), SM
SMC	7, Rapid 7, 41, 44, 16	Santa Monica College Main Campus, 1900 Pico Blvd. (19th & Pico), SM
SMC BUNDY CAMPUS	S 14, 44	3171 S. Bundy Drive (Bundy & College Dr.), LA
SM SYNG	1, 5, Rapid 10, 41	The Santa Monica Synagogue, 1448 18th St. (18th & Broadway), SM
WISE	1, 2, 3, 18, Rapid 3, 4, 7 Rapid 7, 8, 9	Ken Edwards Center/Wise Adult Day Services, 1527 Fourth St. (4th & Broadway), SM
VA PK, VP CTR, VP PATIO, VP TERRY	7, 16	Virginia Avenue Park, 2200 Virginia Ave. (Cloverfield & Pico), SM

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### SMC AND EMERITUS PARKING:

Students attending class at 1227 2nd Street may park in the City of Santa Monica structure #2, adjacent to Emeritus on 2nd St. between Arizona and Wilshire. Parking in the City of Santa Monica lots is free for the first 90 minutes. You will be charged \$1.25 for the next hour and then \$1.85 for each additional half hour. If you have Downtown Santa Monica parking questions or problems, call the City of SM Parking Operations office at (310) 458-8295. Santa Monica College maps, transportation, and campus parking information are available online at *www.smc.edu/transportation*. For detailed public transit information, contact: Santa Monica Big Blue Bus, (310) 451-5444 or TDD (310) 395-6024, web address *www.bigbluebus.com*; Metro, (323) GO-METRO, (323) 466-3876, web address *www.metro.net*.

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Santa Monica College 1900 Pico Boulevard Santa Monica, CA 90405-1628



### www.smc.edu/emeritus

Cover Photographs Featured in the Emeritus Gallery Show

2016 Emeritus Student Art Exhibition





Rose Carcich, Tranquility, Oil on Canvas, 11" x 14"

### **EMERITUS COLLEGE STAFF**

Gita Runkle, Associate Dean Vivian Rankin-Scales, Program Coordinator Lauri Arneson, Administrative Assistant Jessica Riojas, Student Services Clerk

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#### WHAT IS EMERITUS COLLEGE ?

Emeritus College, started in 1975, is a college for older adults. A program of Santa Monica College, Emeritus serves over 3,000 students annually and offers over 120 free classes of interest to senior citizens. All classes are held during the day at convenient locations through-out the community or at our home base on Second Street. The name Emeritus refers to people "retired with honor." All older adults are welcome. For more information, call the Emeritus office at (310) 434-4306 or stop by our office at 1227 Second Street, Santa Monica.

### ¿ QUÉ ES EMERITUS COLLEGE ?

Emeritus College, inaugurado en 1975, es un colegio para personas de edad avanzada. Este programa de Santa Monica College sirve a más de 3,000 estudiantes anualmente y ofrece más de 120 clases gratis de interés para las personas mayores. Todas las clases son ofrecidas durante el dia en localidades distribuidas convenientemente a través de la communidado o en nuestra casa sede en Second Street. El nombre Emeritus se refiere a las personas "jubiladas con honor." Todas las personas mayores son bienvenidos. Para más información, llame a la oficina de Emeritus al teléfono (310) 434-4306 o visitenos en nuestra oficina localizada en 1227 Second Street, Santa Monica. Ofrecemos clases enseñadas en español. Busque adentro de este catálogo para más información.

**Cover Design: Charles Mark-Walker** 

### **Emeritus College / Fall 2016 Schedule of Classes**