# A Program of Santa Monica College



Schedule of Classes | Fall 2017 | August 28 – Dec. 16

# **REGISTRATION**

# **IMPORTANT SEMESTER DATES**

Friday, June 16, 2017Schedule available online at www.smc.edu/emeritus
Monday, July 3, 2017 Schedule available at Emeritus and Santa Monica Libraries
Monday, July 10, 2017 First day of Registration/ Enrollment
Monday, August 28, 2017 FALL SEMESTER BEGINS
Monday, September 4, 2017Labor Day (no classes/campus closed)
Fri. – Sat., Nov. 10 – Nov. 11, 2017 Veterans Day Observance (no classes/campus closed)
Thu. – Sat., Nov. 23 – Nov. 25, 2017 Thanksgiving Holiday (no classes/campus closed)
Saturday, December 16, 2017 FALL SEMESTER ENDS

# HOW TO REACH US



A Program of Santa Monica College

**1227 2nd Street, Santa Monica, CA 90401** Business Hours: Mon. – Fri., 8:30 a.m. – 4:30 p.m. Telephone: (310) 434-4306 Email: emeritus@smc.edu Web: www.smc.edu/emeritus

# **ENROLLMENT SERVICES OPTIONS**

Listed above are the important semester dates. Students must enroll every semester. *Students are allowed to enroll in a maximum of 4 classes for the Fall 2017 semester.* 

**NEW STUDENTS** are those without an SMC Student Identification Number. New students must register/enroll in person at the Emeritus Enrollment Services Office & provide a picture ID in order for their paper application to be processed and to receive their permanent student ID#. The Application Forms are located in the back of this schedule, at the Enrollment Services office, or online at **www.smc.edu/emeritus**.

**RETURNING STUDENTS** are those absent from classes for three semesters or more. You must use an Application Form

to enroll in classes. The Application Form is located in the back of this schedule, at the Enrollment Services office, or online at **www.smc.edu/emeritus**.

**CONTINUING STUDENTS** are students actively enrolled in the present or either of the previous 2 semesters. Continuing students may enroll themselves online or use a paper form. At least two weeks prior to the start of enrollment, Continuing Student Enrollment Cards are mailed to the address on record. Listed at the top of the form is a computer generated online enrollment appointment date/time that will rotate to a previous day each term. You may enroll online using the SMC Corsair Connect Enrollment System on your appointment date/ time or anytime thereafter. If you are not assigned an online enrollment appointment, you cannot enroll online and must fill out a paper form to enroll (either use the Continuing Student Enrollment Card or an Application Form available in the back of this schedule). Continuing Students who received an online enrollment appointment are the only students who are eligible to use authorization codes given to them by faculty to selfenroll online in closed classes after the start of the semester. If you receive an authorization code from an instructor for a closed class, enroll yourself in the class online to get yourself processed into the class faster than submitting a paper add card to the Enrollment Services office.

# ONLINE ENROLLMENT SYSTEM FOR CONTINUING STUDENTS: CORSAIR CONNECT

The online enrollment process at Emeritus occurs through SMC's Corsair Connect system. Online enrollment appointments are computer generated and rotate to a previous day each term. Online enrollment gives continuing students the best odds for successful enrollment. Enroll online on your appointment date/time or any time thereafter. Detailed online enrollment instructions are available online at **www.smc. edu/emeritus** or in the Emeritus Enrollment Services Office. Emeritus mini computer lab volunteers can assist students with online enrollment when the mini lab is open. Go to room #209 during the first week of the enrollment period and use this great service! Mini lab hours are posted on the door and usually are from 9:00 a.m. – 4:00 p.m. during the first week of enrollment. If a volunteer is unavailable, the mini lab will close that day. For helpful information online:

- Go to **www.smc.edu/emeritus** click onto the links located at the left hand side. There you will find helpful links, such as: Instructions for Online Enrollment; Corsair Connect (Online Enrollment & SMC Email); Searchable Schedule (to search which classes are open); and other helpful links.
- To use "Corsair Connect" to enroll online, make sure you have your SMC/Emeritus Student ID number, password and class section numbers available. If this is the first time you are using Corsair Connect, then your initial password will be your 6-digit date of birth (MMDDYY) and you will then

# Information 7all 2017

be asked to convert your 6-digit date of birth password to a new alphanumeric password. You are responsible for retaining your new password and for printing your online enrollment transaction receipt. If you have forgotten your ID number or password, click on "I cannot access my account" on the Corsair Connect login screen and follow the next directions to retrieve your login information.

• To use "Searchable Schedule" to look for open classes, go to **www.smc.edu/emeritus**; on the left side menu, under the "Schedule of Classes" sub-menu, click onto "Searchable Schedule." Then, select 1) the Semester (e.g. Fall), 2) Class Type (Emeritus), and 3) Class Status (e.g. open). Scroll down & click the "Search" button. A listing of classes appears below the "Search" button. Click the right arrow at the bottom of the page to access the next rows/pages of classes.

#### PAPER APPLICATION ENROLLMENTS

Students using the paper application enrollment option may mail or drop off forms no earlier than the official first day of enrollment to the Emeritus Enrollment Services Office. Paper enrollment forms are processed after all the online appointments have expired with mailed-in forms taking precedence.

- Mailed forms are processed prior to hand-delivered forms on a daily basis. Postmarks are used to determine processing order.
- Fill out all forms completely, sign, date and provide an emergency contact/number on the form.
- List courses in priority order; do not enroll in duplicate sections of the same course or classes that overlap in time.
- Write "Alt" to indicate your 2nd choice for a better chance of receiving a course of your choice.

#### NOT ABLE TO ENROLL?

If you are unable to enroll because of missing application information, a required matriculation code change, unpaid credit course fees, a records hold, or disqualification status, call the Emeritus office for information. If you are unable to enroll due to a closed class, please see section below on closed classes. If you are unable to enroll online due to technical challenges, we will refer you to the mini computer lab volunteers in room #209 to assist you with online enrollment. Please use this great student service. Due to a small staff, we are unable to train students to enroll online over the telephone.

# TRANSACTION RECEIPT/CONFIRMATION OF ENROLLMENT

Students enrolling online will not receive a mailed transactions receipt from Emeritus. You must print your transaction receipts from the SMC Corsair Connect online enrollment system. If you have submitted a paper application for enrollment, you will receive a transaction receipt via US mail. If a class you selected is not listed, then that indicates: the class was filled, there was a time conflict, or you tried to enroll in two sections of the same course. ID#s are listed on the upper left hand of the confirmation/receipt. BRING YOUR RECEIPT TO THE FIRST CLASS(ES) or TO THE OFFICE IF YOU HAVE ENROLLMENT QUESTIONS.

#### **CLOSED CLASSES / WAIT LIST**

For closed classes, students who enroll online can add themselves onto the wait list by clicking "Wait for a Class", if wait list space is available. Students who submit a paper enrollment form will automatically be added to the wait list, if wait list space is available. The maximum capacity for a wait list is approximately 30% of the maximum seat capacity for the class. The wait list is ordered in chronological order: the name of the student joining the wait list the earliest will be included at the top (#1). Once the class starts, instructors will use this chronological wait list when considering granting authorization (add) codes or signing add cards / continuing student forms. The wait list will be updated as students enroll in the class or remove themselves from it. When a seat opens up in a class, all active students on the wait list will receive an Open Seat Notification email to their SMC email account. Whoever enrolls first gets the seat. Being on the wait list and receiving an Open Seat Notification email does not guarantee an actual seat to anyone. Enrollment for the open seat is on a "first come, first to enroll" basis. For higher chances of getting the open seat, check your SMC email regularly and register yourself online. For tips on activating your SMC email, see the ad on page 8.

#### **GENERAL INFORMATION AND ENROLLMENT TIPS:**

- Courses are free but we gladly accept donations.
- Attend the first class or you may be dropped. Regular attendance throughout the semester is expected or you may be dropped from the class.
- Low enrollment and low attendance may cause class cancellations.
- Only enrolled students may attend and participate in class.

#### **ADDRESS CHANGES**

Use an address card for changes or make changes online at **www.smc.edu/emeritus**. Click on "Corsair Connect (Online Enrollment & SMC Email)" from the menu on the left side and login. Then, click the "Enrollment" blue tab/link in the middle of the page. From the left side menu, click "Profile / Preferences" and update your address, then press "Submit Changes" at the bottom of the page to save the new information.

#### **EMERGENCY INFORMATION CARDS**

Help us help you. Make sure your emergency information is current each term. If you need to make changes to your emergency information, then fill out an Emergency Card in person at the Emeritus Enrollment Services Office or fill in the info on your enrollment form.

# **COURSES FOR OLDER ADULTS**



Look for this symbol to find new course opportunities, classes offered in other languages, or tribute classes.

#### **IMPORTANT NOTES TO STUDENTS:**

- See the Facilities list on page 14 for a full description of each location abbreviation.
- The description of the courses showing "ITINERARY" as a location requires the ability for students to traverse uneven ground and negotiate stairs.
- Volunteers handle registration information in a confidential manner. If you have concerns or questions about privacy, contact the Program Coordinator at (310) 434-3851.

#### A SAMPLE OF A COURSE FROM THE SCHEDULE:

Course # Course Name

#### **ART E00 Survey of the Arts**

Survey the history of art by viewing selections from particular periods of time or development.

9500 10:00a-11:50a T EC 1227 107 Smith J

Study art in the context of history. This semester covers Ancient Art.

Section # Time & Day Location Instructor

The 9000 level section number of the course must be placed in the "section" field on the application form or add card for correct enrollment.

#### **Abbreviation of Days**

M = MondayS = SaturdayT = TuesdayMW = Monday & WednesdayW = WednesdayMF = Monday & FridayTh = ThursdayTTh = Tuesday & ThursdayF = FridayWF = Wednesday & Friday

# **ARTS AND CRAFTS**

#### **ART E00 Survey of Art**

Survey of art: View selections from a variety of time periods and artists. Classes with "ITINERARY" listed as a location have field trips to galleries, museums, studios and site– specific works of art. For "ITINERARY" location classes, first meeting only at 1227 2nd St. to receive the itinerary – ask front desk for location of first meeting. Gallery tour schedules may change due to venue schedules.

9701	9:00a-10:50a F	EC 1227 409	Walker C L
9702	11:00a-12:50p T	ITINERARY	Walker C L
9703	1:30p-3:20p F	ITINERARY	Hero C J
9704	1:30p-3:20p W	ITINERARY	Hero C J
9705	1:30p-3:20p Th	ITINERARY	Hero C J

#### **ART E06 Artistic Expression through Gardening**

Meet first at the SE corner of 24th & Marguerita, north of Montana, to receive the itineraries.

9706	10:00a-11:50a M	ITINERARY	Jaeger J E
9707	10:00a-11:50a T	ITINERARY	Jaeger J E

#### ART E15 Drawing

#### 9709 9:00a-11:15a F EC 1227 204 Hero C J

Advanced and experimental drawing: Focus on structure, form, value and visual perception. Discussion and attention are given to theories of contemporary practices in art.

#### 9711 12:30p-2:45p F EC 1227 204 Tirr C A

Drawing in color media: Beginning and advanced techniques using colored pencils and pastels to draw still life studies, landscapes and cityscapes. Some drawing experience would be helpful.

#### 9822 9:00a-11:15a W LEVIN CT Donon S G

Learn the basics of drawing. Good for the beginner and students who would like to improve their drawing skills. The above section is offered at the Jewish Family Services, Israel Levin Center in Venice. It is open to all students.

#### **ART E16 Life Drawing Studio**

9712 9:00a-11:50a Th EC 1227 204 Goodin M L

Draw the human form from a live model. Learn basic drawing skills, perception and eye-hand coordination, elements of design, composition and creativity.

#### 9824 9:00a-11:50a M EC 1227 205 Adams L K

Draw the human form from a live model. Learn basic drawing skills, perception and eye-hand coordination, elements of design, composition and creativity.

9825 9:00a-11:50a T EC 1227 205 James N M

Painting the human form – long pose for painting.

#### **ART E19 Painting**

9713 9:00a-11:50a Th EC 1227 205 Brutsche J

Learn to paint with traditional oil paint without using solvents. Paint still life setups or work from your own photos. Individual instruction and class demonstrations along with learning the technique of this method of painting in oil will enable you to paint in a healthier way.

#### 9714 9:00a-11:50a W EC 1227 204 Staff

Painting in a variety of mediums and techniques: acrylics, oils, grounds, washes, layering, color mixing, and finishes.

#### 9820 9:00a-11:50a F EC 1227 205 Harrison A B

Painting for persons at all levels of skill.

#### **ART E20 Drawing and Painting**

Multimedia drawing and painting for persons at all levels of skill. Learn about space, line, value and color in a workshop atmosphere.

#### 9715 9:00a-11:15a M EC 1227 204 Benson J K

Drawing and painting with emphasis on the portrait. Studio time split between working with live models and other in-class exercises.

#### 9826 12:30p-2:45p T MALIBU BLUFFS Trentham B M

Drawing and painting, from pencil to pastel. Work in any dry medium. Develop your sense of composition, value, color and technique. Draw and paint still-lifes, landscapes and possible "plein air" sessions in a workshop atmosphere. Friendly critiques.

#### ART E21 Painting/Drawing, Oil and Acrylic

**9717 1:30p-3:45p M LEVIN CT Adams L K** *Painting and drawing for all levels.* 

#### 9719 11:30a-1:45p M EC 1227 204 Benson J K

Interdisciplinary studio. For persons at all levels of skill. Learn about concept, composition, value and color in a workshop atmosphere. This section is endowed in the memory of Francis J. Abrahams.

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#### **ART E22 Watercolor**

**9720 9:00a-11:15a T EC 1227 204 Manseau F J** Designed for beginning watercolorists. A techniques and methods class concentrating on the "how" of the medium: washes, brush strokes, color, value and composition.

**9721 11:30a-1:45p T EC 1227 204 Manseau F J** Intermediate watercolor. Review basics and further develop techniques toward a more personal creative result. Designed for students with some experience.

#### ART E24 Calligraphy II

**9722 9:30a-11:20a F 1450 OCEAN Martorello J M** A variety of different styles is offered each term with variations ranging from traditional to modern adaptations. Topics include layout, use of color and practical applications. Add style and grace to all of your handwritten projects.

#### **ART E30 Watercolor Studio**

#### 9723 9:00a-11:50a Th ITINERARY Walker C L

All levels welcome. An outdoor studio class at a variety of urban cityscapes and natural gardens. Develop techniques and learn about new materials. Work in a supportive environment. Learn from group critiques. First meeting only at Clover Park (Ocean Park Blvd. & 25th Street) to get the itinerary.

#### 9724 9:00a-11:50a F ITINERARY Tirr C A

An outdoor, "plein air" class meeting at a variety of locations for instruction in techniques, composition, selection of subject, and quickly capturing a landscape. Critiques are at the easel. The 1st meeting is at: Tongva Park on Main St., between Colorado Ave. & Olympic Dr., across the street from Santa Monica City Hall.

#### 9725 1:00p-3:50p Th EC 1227 204 Goodin M L

Watercolor, drawing, and design inspired by the beauty of nature and still life. Express yourself in watercolor. All levels are welcome.

9726 12:00p-2:50p W EC 1227 204 Tirr C A

Studio watercolor covering the basics with a focus on strong composition and an understanding of the medium.

#### ART E55 Sculpture

#### 9727 12:00p-2:15p Th EC 1227 205 Benson J K

Become inspired creatively in three dimensions. Material options to be discussed on first day of class. Students will be introduced to sculpture processes involving clay, paper, wire, balsa wood, found objects, plaster of Paris, mold-making rubber and casting resin.

#### **ART E80 Jewelry Making**

#### 9728 11:30a-1:45p Th 1450 OCEAN Ryza S V

Advanced jewelry techniques. New projects weekly - wirework, bead weaving, chain maille, advanced stringing projects, and more. Use a wide assortment of tools and materials. Students purchase materials per guidelines. Projects for this section are more complex. Students should master basic jewelry skills prior to enrolling.

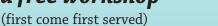
#### 9729 2:00p-4:15p Th 1450 OCEAN Ryza S V

Beginning: New projects weekly – knotting, wire wrapping, bead weaving, attaching clasps and more. Use a wide assortment of tools and materials. Students purchase their materials per guidelines. Bring any beads or tools you already own to the first class.

# Planning for Retirement, Healthcare & Estate Planning

## Thursdays | 11:30a-1:20p Emeritus Campus Room 408

#### a free workshop



For men, women & couples: methods of long range planning for a secure future. Deal with estate planning, retirement and healthcare issues. Legal aspects of wills,trusts and charitable giving by attorney Wes Hicks. Income planning, survivorship, and retirement issues by financial advisor Pat McIlrath. Healthcare, Medicare, and long term care issues by Virginia Hart.

# **EMPLOYMENT FOR SENIORS – COMPUTER TRAINING**

REGISTER FOR ONE LEVEL ONLY WITHIN THE COMPUTER COURSES. The levels/content areas are:

- Introduction to Computers
- Word Processing Beginning
- Word Processing Intermediate
- Data Management
- Working with Photos
- Working with Videos
- Using the Internet and Internet Safety

Students will learn how to use computers confidently, and become familiar with basic concepts, terms and skills related to the Microsoft Windows Operating System and other software programs.

Bring a flash drive to class. Depending upon the instructor, a textbook may be used for this course. Your instructor will provide details.

# OCC EOO Basic Computer Training (formerly: Introduction to Computers)

This course is designed to assist students in accessing the world of computers and technology. Students acquire introductory computer skills, enabling them to interact with colleagues, family and friends and promote self–expression. Students learn about personal computers, improve technical vocabulary, review typing and mouse skills, conduct basic computer maintenance, and learn how to use computer special function keys.

9800 11:00a-12:50p F EC 1227 208 Espinosa-Frech H A

#### **OCC E01 Word Processing**

Acquire the skills necessary to use word processing software. Learn to create, save, and retrieve documents. This course will help you perform various word processing functions with ease.

980211:00a-12:50p MEC 1227 208Rodriguez J EIntermediate course.98031:30p-3:20p FEC 1227 208Espinosa-Frech H ABeginner course.Beginner course.Espinosa-Frech H A

#### **OCC E10 Using Data Files**

This course helps older adults understand how to use tables and data files to create mailing labels, financial records for taxes, or work in a volunteer or paid job requiring these and other consumer skills. The course is offered at a pace that helps older adults maximize their knowledge retention and continue learning.

9804 11:00a-12:50p T EC 1227 208 Simmonds A R

#### **OCC E20 Using the Internet Safely**

This course focuses on ways students can better protect themselves in a new technological environment and use the Internet to find valid information. Best practices in virus protection and using e-mail are discussed. In addition, students examine and discuss their computer and internet needs for personal and professional use.

9805	11:00a-12:50p Th	EC 1227 208	Simmonds A R
9823	9:00a-10:50a M	EC 1227 208	Rodriguez J E

#### PHOTO E00 Digital Photography I

9806 9:00a-10:50a T EC 1227 107 Schneir G

Digital Photography for those who want to expand their photographic abilities. Novice digital photographers are most welcome. Free image editing programs such as Picasa and FastStone will be explored. Guidelines for using your camera, composition and exposure will be discussed. Students are urged to bring a few pictures on flash drives along with their cameras and manuals to class. No computer knowledge is required.

#### PHOTO E10 Digital Photography II

#### 9807 9:00a-10:50a W EC 1227 208 Rodriguez J E

Intermediate level. Take your Photoshop skills to the next level. Students are encouraged to bring a few personal pictures on flash drives to edit during class. Should have some experience with Photoshop prior to enrolling.

**9808 9:00a-10:50a F EC 1227 208 Espinosa-Frech H A** Learn about videos. Use Adobe Premiere to create simple videos. Knowledge and use of Photoshop Elements experience is recommended.

#### 9809 1:00p-2:50p M EC 1227 208 Buckner K D

Beginner course. Designed for the digital photographer novice, taking pictures, transferring them to your computer, beginning cropping, editing and color corrections using Photoshop Elements.

# HOME ARTS AND MAINTENANCE

#### CT E00 The Fix-It Class - Repair Almost Anything

Basic home maintenance and repairs are addressed in this lecture/demonstration class. Beginner or experienced, you will learn how to do minor repairs and supervise others to: fix leaky faucets, repair a lamp, patch a wall, hang items, etc. Also, learn about important but easy ways to protect your assets and financial identity from thieves. Crooks target seniors, learn how to stop them.

9733 1:00p-3:15p Th EC 1227 407 Ross M A

#### HME EC E01 Sewing Lab

Learn how to construct clothing and creative sewing projects. Cover the basics to more complicated sewing techniques. Choose your own projects to work on under the supervision of a credentialed instructor. This class is for beginners and more advanced sewers.

9778 12:00p-2:50p M EC 1227 205 Lewis K

#### HME EC E52 Restaurant Critic – Dining Wisely: Healthy Eating Choices for Older Adults

Dine at selected local restaurants, meet the chefs and discuss the food with an eye on healthy eating, good taste and aesthetic appeal. Learn what food critics look for when evaluating restaurants and write or give your own review. **9779** 11:30a-1:20p T EC 1227 409 Dosti R

#### HME EC E71 Needlecrafts II

Learn to knit, crochet or weave in this friendly, relaxed fiber class. Bring your own tools and materials. Teacher works individually with each student on student's chosen project(s), at all levels from complete beginner to advanced. **9780** 1:30p-4:20p W 1450 OCEAN Ryza S V

## **HEALTH AND CONDITIONING**

# HEALTH E21 Yoga Health & Safety, Principles & Practices for Older Adults

Through the practice of yoga you will learn how to develop your strength, flexibility, balance, and focus. You will also learn how to increase circulation, improve your breathing and your ability to relax and regain overall health and well– being. Please bring your own yoga mat (unless section is chair–based), a notebook and pencil.

9749	8:30a-10:20a WF	EC 1227 308	Dee D
9750	10:00a-11:50a TTh	EC 1227 308	Cooper M
9751	10:30a-12:20p TTh	1450 OCEAN	Cass K
Above	e section is chair ba	ased – no mat r	equired.
9752	11:00a-12:50p MW	EC 1227 308	Lieb J B
9753	2:00p-3:50p TTh	EC 1227 308	Dee D

#### HEALTH E22 Chi Gong Principles & Practices for Older Adults

Learn traditional Chinese exercise for health and well being. Emphasis on developing strength, flexibility and balance. Practice limbering movement with mindful breathing to increase and maintain your range of motion.

9754 8:30a-9:45a TTh EC 1227 308 Holtzermann C

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#### **HEALTH E23 T'ai Chi Principles & Practices** for Older Adults

Tone and strengthen every muscle in the body by using this method of slow, circular movement of the long, Yang style form. Learn how to stay in balance. Learn to relax, concentrate and focus your energy. Meditate to nourish the whole body.

9755 9:00a-10:15a MF VP CTR Akers P A Beginner and intermediate. Meets at Virginia Park Center, Fitness Room #1.

9756	12:00p-1:15p WF	EC 1227 304	Nardini A S	
9757	12:30p-1:45p TTh	EC 1227 304	Terry Jr P W	
Beginner and intermediate course.				

#### 9758 2:00p-3:15p MF EC 1227 304 Akers P A

For intermediate and advanced students of the long, Yang style form. Develop goals and a personal health plan. Not appropriate for beginning students.

#### **HEALTH E24 Physical Fitness Principles & Practices** for Older Adults

Learn how to safely build your aerobic capacity. Lowimpact aerobic exercises to music, some strength training, and stretch movements to improve cardiovascular performance and flexibility. **VP CTR** 9759 8:30a-9:45a TTh Moy D N Meets in VIRGINIA PARK CENTER, Fitness Room #1. 9760 9:00a-10:15a MW EC 1227 304 Wapner-Baart L J 9761 9:00a-10:15a TTh 1450 OCEAN Wapner-Baart L J 9762 9:30a-10:45a TTh EC 1227 304 Yewell R E Intermediate and advanced. 9763 11:00a-12:15p TTh EC 1227 304 Yewell R E

Beginner course.

#### **HEALTH E25 Strength & Stamina Training Principles &** Practices for Older Adults

The course explores how older adults can maintain or improve their health and stamina through strength training using free weights, resistance devices and/or other fitness techniques. The course emphasizes safe ways to start and maintain a program. Principles of basic anatomy, physiology, good nutrition and/or stress management are included. Students may create a personal fitness and strength training plan based on their individual needs and physical challenges.

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9764	8:00a-9:15a TTh	EC 1227 304	Yewell R E
9765	10:00a-11:15a TTh	VP PATIO	Regalado O
9766	10:30a-11:45a MW	1450 OCEAN	Vaillancourt A

This class has 30 minutes Aerobic exercise for stamina and 20 minutes weight training for strength.

10:30a-11:45a MW	EC 1227 304	Huner K A
12:00p-1:15p TTh	CLOVER	Wapner-Baart L J

9768 12:00p-1:15p TTh CLOVER

Walk your cares away and feel great. Class meets near the tennis courts. Please contact the instructor via email prior to the start of class for details: wapner-baart\_linda@smc.edu

#### **HEALTH E30 Personal Safety – Fall Prevention**

Falls are the most frequent cause of serious injury to older adults. Learn how, why, where and when falls occur and how to avoid falling at home, around town or on your travels. Improve your balance. Exercises are followed by a short lecture.

	9769	12:00p-1:50p M	EC 1227 304	Albert G S
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#### **HEALTH E34 Stress Reduction through Yoga**

Learn how to practice asanas: standing, seated, supine (lying down), and/or inverted poses together with focus and conscious breathing to improve your overall health and well-being. Induce relaxation and support your energetic and emotional balance. Please bring your own yoga mat, a notebook and pencil.

9770 8:00a-9:50a S **VP CTR** Holtzermann C Above section meets at VIRGINIA PARK CENTER, Fitness Room #1.

9771	9:00a-10:50a M	EC 1227 308	Cooper M
9772	11:00a-12:50p F	EC 1227 308	Lieb J B

#### **HEALTH E38 Joint Health & Mobility for Older Adults**

For those with joint problems; improve strength, balance and flexibility with weights, stretches or repetitive movements. Develop a personal health plan.

#### 9773 9:00a-10:15a MW 1450 OCEAN Vaillancourt A

You will learn to strengthen your lower body with exercises performed on mats and use free weights for upper body strength.

9774 10:30a-11:45a TTh VP CTR Wapner-Baart L J Above section meets at VIRGINIA PARK CENTER, Finess Room #1.

9775 10:30a-11:45a TTh WISE Moy D N

Above section is targeted towards participants of the WISE Adult Day Program.

9776 2:00p-3:15p TTh EC 1227 304 **Regalado O** 9821 2:30p-3:45p MW **REED PK** Albert G S Above section is chair based.

#### **HEALTH E63 Body Conditioning After a Stroke**

97

Learn to cope with the effects of a stroke. Promote health and wellness through physical fitness. Help develop a personal plan to restore energy, flexibility, stability and balance, strength and motor coordination through specifically designed exercises in sitting, standing and while lying on a mat. Limited class size and enrollment, maximum of two sessions per week. Registration is completed through the SMC Disabled Students Programs and Services (DSPS), 310-434-4442.

77	10:30a-11:45a T	EC 1227 307	Nakasuji B J
	11:00a-12:15p Th	EC 1227 307	Nakasuji B J
	12:30p-1:45p Th	EC 1227 307	Nakasuji B J
	2:00p-3:15p Th	EC 1227 307	Nakasuji B J
	12:00p-1:15p T	EC 1227 307	Phillips B S
	1:30p-2:45p T	EC 1227 307	Phillips B S
	12:30p-1:45p F	EC 1227 307	Evans Jami R
	2:00p-3:15p F	EC 1227 307	Evans Jami R

#### Volunteer Los Angeles

Check out your volunteer options at a local nonprofit organization. Work with the best. www.volunteerlosangeles.com

# **COURSES FOR OLDER ADULTS**

# YOU'VE GOT SMC EMAIL!

Every student at Emeritus has been assigned a Santa Monica College email address. Check it regularly to get information from college faculty and staff.

#### How do you get to your email?

- Go to the Santa Monica College website at www.smc.edu
- Click on the **Login** tab at the top of the screen and then click **Corsair Connect** below that
- Type in your **Student ID Number** and **Password**, then click **Login**
- Your email may open automatically as a new window. If you don't see your email, click on the **Home tab** in the upper right hand corner.
- If this is the first time you are using Corsair Connect, then your initial password will be your 6-digit date of birth (MMDDYY) and you will then be asked to convert your 6-digit date of birth password to a new alphanumeric password. You are responsible for retaining your new password. If you have forgotten your ID number or password, click on "I cannot access my account" on the Corsair Connect login screen and follow the instructions to retrieve your login information.

# HUMAN DEVELOPMENT AND RELATIONS

# HUMDEV E06 Enjoy Life – Understanding Our Mind, Body & Brain for Senior Adults

Enjoy life. Lecture-based class. Learn how you can improve your brain and enjoy your life more fully. Techniques such as meditation, mindfulness, positive thinking, breathing, humor, diet, stress management, and light physical movement will be used.

9781 1:30p-2:45p TTh EC 1227 408 Albert G S

#### HUMDEV E15 Senior Studies – Theater – History of Comedy

History of comedy: A look at comedy in theater, literature, film and music.

9782 9:00a-10:50a W EC 1227 409 Achorn J C

#### HUMDEV E17 Senior Seminar – Luisa R.G. Kot Concert Series

Vocal and instrumental performances interspersed with comments by artists and students. Experience the development of eclectic musical forms with influences from around the world. Dates to be announced when performers' schedules are confirmed. *This course is offered in memory of Luisa R. G. Kot.* 



9783 3:00p-4:50p Th EC 1227 107 Peterson J D

# HUMDEV E22 , Senior Seminar: Through a Jewish Lens – Art, Culture & Entertainment

Learn about Jewish art, culture and entertainment in the 20th Century with particular attention to humor as a survival mechanism and useful tool to cope with adversity. 9819 11:30a-1:20p W EC 1227 107 Abatemarco A M

#### **HUMDEV E24 Bereavement Support**

Encouragement and support offered in a small group setting guided by a trained and experienced counselor. *This course is offered in memory of Zelda Herman.* 

9784 1:30p-3:20p M EC 1227 407 Press P L

#### **HUMDEV E25 Dealing with Hearing Impairment**

This course is for improving the communications skills of the hearing-impaired through lip reading and oral techniques.

9785 12:30p-2:20p T EC 1227 407 Frand L

#### **HUMDEV E27 Exercising the Brain**

The ultimate goal of this class is to stimulate thinking and to exercise the brain. Learn activities that keep the brain alive and active through mental exercises, including right– and left–brain tasks.

 9786
 10:00a-11:50a T
 EC 1227 407
 Frand L

 9787
 12:30p-2:20p W
 EC 1227 407
 Frand L

# HUMDEV E28 Communication After a Stroke (Computer Based)

Improve your speech and language skills. Designed for people with brain injuries such as a stroke. Specialized computer software that is used was designed specifically for those with aphasia. Contact the SMC Disabled Students Programs and Services (DSPS) office for approval to register, (310) 434–4442.

9788 1:30p-3:20p W EC 1227 208 Feinberg L H

#### **HUMDEV E50 Communication After a Stroke**

Professional support beyond hospital or private therapy. Cope with the effects of a stroke or brain injury on your communication skills. Attend one time period per session. Caregivers may participate in the 10:30 session. Contact the SMC Center for Students with Disabilities (DSPS) for approval to register, (310) 434–4442.

9789	10:30a-11:45a W	EC 1227 408	Feinberg L H
	11:45a-1:00p W	EC 1227 408	Feinberg L H

#### **PSYCH E33 Living as a Single Person**

Learn strategies for successful single living. Discuss concrete and abstract issues of divorce, loneliness, and coping with changes in lifestyle.

9813 11:00a-12:50p M EC 1227 408 Press P L

# FALL 2017

# LITERATURE AND WRITING

#### **BILING E01 Literature in Spanish**

Taught in Spanish. Fiction, poetry and plays by Spanish and Latin American writers are discussed: Cervantes, Marti, Dario, Machado, Mistral, Vallejo, Garcia Lorca, Borges, Neruda, Onetti, Cortazar, and many others. 9730 9:00a-10:50a F **VP TERRY Quiñones H C** 

#### **BILING E02 French Literature**

Explore a variety of literature written in French. Conducted in French, fluency recommended. Excellent for native speakers of French.

9731 2:00p-3:50p T EC 1227 409 **Isner-Ball D R** 

#### **ENGL E20 Literature: The Novel**

9734 2:00p-3:50p M EC 1227 409 **Dwyer F** 

A close reading, with class discussion, of the great novels that enrich and illuminate our lives. In the Fall 2017 semester we will begin working through Herman Melville's Moby Dick.

#### ENGL E22 Short Story

Read and engage in lively discussions about short stories. both American and International, as well as contemporary and classic.

9735 10:00a-11:50a T EC 1227 408 Wali M

#### ENGL E23 Shakespeare

There are poets and there are playwrights, and then there is Shakespeare, the undisputed master of poetry and playwriting. Selected plays by William Shakespeare will be studied and discussed. A good time is guaranteed.

9736	9:00a-10:50a M	EC 1227 107	Achorn J C
9737	11:00a-12:50p M	EC 1227 107	Achorn J C

#### **ENGL E24 Bible as Literature**

"Double Cross: A Look at the Synoptic Gospels." Study biblical writings and their use in contemporary settings. Examine life experience in light of Biblical literature. Class meets at The Santa Monica Synagogue (corner of 18th and Broadway in Santa Monica). Class is taught by Rabbi Jeff Marx.

9738 2:00p-3:50p Th SM SYNG Marx J A

#### **ENGL E25 Literature: The American Novel**

EC 1227 409 9739 9:00a-10:50a T Achorn J C Explore the development of the American novel, the writers and their lives and times.

#### **ENGL E27 Poetry and Fiction**

9740 10:00a-11:50a W MALIBU SR CTR Davis C V Contemporary American Literature: Cross Genre.

#### **ENGL E29 Greek Literature**

#### 9741 11:30a-1:20p M EC 1227 409 **Dwyer F**

In many important ways, for better or for worse, we are all still Greek. We'll explore what that means, as we read and discuss Greek drama, poetry, myth, and history. The Fall 2017 semester will begin with Euripides' Electra, in the Janet Lembke-Kenneth L. Reckford translation.

# **ATTEND** All Your Classes!

Please be sure to attend all of

your Emeritus classes. Emeritus gets funded by the State of California based on each day of every class that you attend. Low class attendance may result in class cancellations. If you cannot attend class, please withdraw online or by filling out a withdrawal form to allow space for another student. Students who do not attend class may be dropped from the class.

#### **ENGL E30 Creative Writing**

9742 9:00a-11:15a M EC 1227 409 Kronsberg G J Experiment with writing projects to explore style, content and effect from the basics to more sophisticated techniques. 9743 9:30a-11:45a T MALIBU SR CTR Reich E S

Come learn the art of skillful writing. All levels are welcome.

#### **ENGL E33 Autobiography**

Review and integrate the experiences that shaped your life. Share memories and create a family record. Receive guidance, inspiration and writing exercises to launch or continue autobiographical writing.

9744 9:00a-11:15a Th EC 1227 408 Wali M

9745 9:30a-11:45a S **PAC 105** Fox Jr R W

Above 9745 section meets at the Performing Arts Center, 1310 11th Street.

#### 9746 12:00p-2:15p S PAC 105 Wali M

Above 9746 section meets at the Performing Arts Center, 1310 11th Street.

9747 12:30p-2:45p F MALIBU SR CTR Reich E S

#### ENGL E34, Writing for Publication

This course will be split into three units of focus. The first unit will be spent writing and sharing new pieces of memoir, fiction or poetry. During the second unit, students will prepare their selected piece (or several short ones) for publication in the Emeritus Chronicles journal. Each student will give and receive several rounds of editorial feedback. During the third and last unit of this course, enrolled students will give editorial feedback to writers not enrolled in this class who also submitted pieces to the Emeritus Chronicles. This course will culminate in the assembly of the Emeritus Chronicles which will be published in the spring.

9827 1:00p-3:50p M EC 1227 408 Staff

# **COURSES FOR OLDER ADULTS**

#### **ENGL E37 Writing Seminar**

Develop and refine your writing skills in an informal round table atmosphere. Manuscripts of any genre are read and critiqued. Focus is on interchange of constructive comments.

9748 9:00a-11:50a Th EC 1227 409 Kronsberg G J

# MUSIC PERFORMANCE AND APPRECIATION

#### **MUSIC E00 Concert Band**

If you can play a musical instrument, come join in playing a wide selection of music. Regular performances are presented to the public. Rehearse and perform a variety of concert band music. For players of brass, woodwind, or percussion instruments only.

9790 6:30p-9:20p T LINCOLN Miyoshi Y

#### **MUSIC E03 "The Merits" – Vocal Ensemble**

A chorus of men and women organized around songs from musical comedy or light opera. The music will be brought to a high level for performance. Perform old standards, musical comedy and favorite songs. Combine fun with learning music skills. The ability to carry a part and read music is helpful but not mandatory.

9791 10:00a-12:50p T FST PRES Bryant W

#### **MUSIC E04 Voice Training**

This course provides a venue for older adults to discover or strengthen their musical creativity, personal vocal skill, performance standards, and self–confidence. Vocal exercises and solo singing. Advanced memorization is stressed.

9792 1:00p-2:50p Th EC 1227 107 Elliott W H

#### **MUSIC E06 Gospel Community Chorus**

Get the spirit! Learn to sing and build a repertoire of authentic gospel songs in an exciting, supportive group under the direction of an award-winning master instructor. The ability to read music is helpful but not required. For beginners through advanced, both men and women are welcomed.

9793 1:00p-2:50p W PAC 107 Bryant W

Above 9793 section meets at the Performing Arts Center, 1310 11th Street.

#### **MUSIC E10 Spanish Folk Singing**

Latin American and Spanish music with a special emphasis on the various styles of different regions. Explore the richness and diversity of this inspired musical tradition. Be prepared to sing in Spanish. Possible performance options.

9794 12:00p-1:50p T VP TERRY Perez J Z

#### **MUSIC E30 Opera Appreciation**

Experience opera behind the scenes and as an audience member from the beginning to the descending curtain. 9795 2:00p-3:50p T EC 1227 107 Jackson L R

#### MUSIC E32 Music Appreciation

#### 9796 12:00p-1:50p F EC 1227 107 Peterson J D

Focus your appreciation through exciting listening experiences. Discuss musical periods and begin to understand performances in greater depth.

#### 9797 1:00p-2:50p M EC 1227 107 Hetz M L

Explore classical music and learn about music. For all levels. Discuss the interaction of culture, language and social events that shape the creativity of musicians. Enjoy performances by rising student performers.

#### **MUSIC E34 Lyric Chorus**

A chorus of voices singing three-part arrangements of great classics, bouncy Broadway and rollicking ragtime. Many performances in Southern California. Come learn professional choral techniques. Have the fun and joy of blending your voice with others to create memorable music. Some experience is helpful. For high soprano, medium soprano, and alto voices only.

9798 9:00a-11:50a Th EC 1227 107 Elliott W H

#### **MUSIC E51 Piano and Theory**

Learn techniques for reading, playing, and practicing music. Being able to read music and some knowledge of the keyboard are helpful.

#### 9799 12:15p-2:05p S PAC 206 Hetz M L

Above 9799 section meets at the Performing Arts Center, 1310 11th Street.

# **POLITICAL SCIENCE**

#### POL SC E00 Current Events

Consider the political, economic and social movements that determine local, national, domestic and foreign policies in the U.S. and around the world.

9810	9:30a-11:20a W	EC 1227 107	Staff
9811	10:00a-11:50a M	SM LIB	Reiner M
9812	2:00p-3:50p F	EC 1227 107	Trives N
	2:00p-3:50p F	EC 1227 107	Johnson J P

# **THEATER ARTS**

#### TH ART E01 Principles of Acting

Dust off your thespian robes and explore your creative side in this acting workshop. Scenes are rehearsed, polished, and performed at a Showcase at The Edye Theater.

 9814
 11:00a-1:50p T
 EC 1227 107
 Gannen B

 9815
 2:30p-5:20p T
 EC 1227 407
 Gannen B

#### TH ART E02 Theater Arts Appreciation

Learn all aspects of the theater. See the production from the viewpoint of director, actor, critic, as well as viewer. Great plays and films will be used as a basis for this lecture/discussion class. *This class is offered in memory of Dorothy Tunis.* 

RIBUTE 9816 9:00a-10:50a F EC 1227 107 Abatemarco A M

#### TH ART E05 Reader's Theater

10

Come study and interpret short stories, poetry, and scenes from plays for presentation. Memorization is not necessary. Readings are performed within the group at each meeting. 9817 11:00a-12:50p F EC 1227 409 Abatemarco A M

#### **TH ART E30 Dramatic Interpretation Through Movies**

Discover the complex, multifaceted art of cinema. Examine the collaborative nature of film and the artists who make movies.

9818 1:30p-3:45p W EC 1227 107 Laffey S A

# SUPPORT LIFELONG LEARNING

# LEAVE A LEGACY AND JOIN THE HERITAGE CLUB

Support programmatic and personal excellence by joining a community of bighearted supporters who have provided for Emeritus in their wills or estate plans.

#### For more information, contact:

Lizzy Moore Santa Monica College Foundation 1900 Pico Boulevard, Santa Monica, CA 90405 310.434.4215 • santamonicacollegefoundation.org



A Program of Santa Monica College



# Help Support Educational Opportunities at Emeritus



# CLASSES BY THE DAY *FALL* 2017

#### Monday

9:00a-11:15a 9715	ART E20 Drawing and Painting	EC 1227 204
9:00a-10:50a 9736	ENGL E23 Shakespeare	EC 1227 107
9:00a-11:15a 9742	ENGL E30 Creative Writing	EC 1227 409
9:00a-10:50a 9771	HEALTH E34 Stress Reduction through Yoga	EC 1227 308
9:00a-10:50a 9823	OCC E20 Using the Internet Safely	EC 1227 208
9:00a-11:50a 9824	ART E16 Life Drawing Studio	EC 1227 205
10:00a-11:50a 9706	ART E06 Artistic Expression through Gardening	ITINERARY
10:00a-11:50a 9811	POL SC E00 Current Events	SM LIB
11:00a-12:50p 9737	ENGL E23 Shakespeare	EC 1227 107
11:00a-12:50p 9802	OCC E01 Word Processing	EC 1227 208
11:00a-12:50p 9813	PSYCH E33 Living as a Single Person	EC 1227 408
11:30a-1:45p 9719	ART E21 Painting/Drawing, Oil and Acrylic	EC 1227 204
11:30a-1:20p 9741	ENGL E29 Greek Literature	EC 1227 409
12:00p-1:50p 9769	HEALTH E30 Personal Safety – Fall Prevention	EC 1227 304
12:00p-2:50p 9778	HME EC E01 Sewing Lab	EC 1227 205
1:00p-2:50p 9797	MUSIC E32 Music Appreciation	EC 1227 107
1:00p-2:50p 9809	PHOTO E10 Digital Photography II	EC 1227 208
1:00p-3:50p 9827	ENGL E34, Writing for Publication	EC 1227 408
1:30p-3:45p 9717	ART E21 Painting/Drawing, Oil and Acrylic	LEVIN CT
1:30p-3:20p 9784	HUMDEV E24 Bereavement Support	EC 1227 407
2:00p-3:50p 9734	ENGL E20 Literature: The Novel	EC 1227 409

#### MONDAY AND WEDNESDAY

0.00. 10.15.	0700		E0 4007 004
9:00a-10:15a	9760	HEALTH E24 Physical Fitness Principles & Practices	EC 1227 304
9:00a-10:15a	9773	HEALTH E38 Joint Health & Mobility for Older Adults	1450 OCEAN
10:30a-11:45a	9766	HEALTH E25 Strength & Stamina Training Principles & Practices	1450 OCEAN
10:30a-11:45a	9767	HEALTH E25 Strength & Stamina Training Principles & Practices	EC 1227 304
11:00a-12:50p	9752	HEALTH E21 Yoga Health & Safety, Principles & Practices	EC 1227 308
2:30p-3:45p	9821	HEALTH E38 Joint Health & Mobility	REED PK

## MONDAY AND FRIDAY

9:00a-10:15a	9755	HEALTH E23 T'ai Chi Principles & Practices	VP CTR
2:00p-3:15p	9758	HEALTH E23 T'ai Chi Principles & Practices	EC 1227 304

### TUESDAY

9:00a-11:15a	9720	ART E22 Watercolor	EC 1227 204
9:00a-10:50a	9739	ENGL E25 Literature: The American Novel	EC 1227 409
9:00a-10:50a	9806	PHOTO E00 Digital Photography I	EC 1227 107
9:00a-11:50a	9825	ART E16 Life Drawing Studio	EC 1227 205
9:30a-11:45a	9743	ENGL E30 Creative Writing	MALIBU SR CTR
10:00a-11:50a	9707	ART E06 Artistic Expression through Gardening	ITINERARY
10:00a-11:50a	9735	ENGL E22 Short Story	EC 1227 408
10:00a-11:50a	9786	HUMDEV E27 Exercising the Brain	EC 1227 407
10:00a-12:50p	9791	MUSIC E03 "The Merits" – Vocal Ensemble	FST PRES
10:30a-11:45a	9777	HEALTH E63 Body Conditioning After a Stroke	EC 1227 307
11:00a-12:50p	9702	ART E00 Survey of Art	ITINERARY
11:00a-12:50p	9804	OCC E10 Using Data Files	EC 1227 208
11:00a-1:50p	9814	TH ART E01 Principles of Acting	EC 1227 107
11:30a-1:45p	9721	ART E22 Watercolor	EC 1227 204
11:30a-1:20p	9779	HME EC E52 Restaurant Critic – Dining Wisely: Healthy Eating Choices	EC 1227 409
12:00p-1:15p	9777	HEALTH E63 Body Conditioning After a Stroke	EC 1227 307
12:00p-1:50p	9794	MUSIC E10 Spanish Folk Singing	VP TERRY
12:30p-2:20p	9785	HUMDEV E25 Dealing with Hearing Impairment	EC 1227 407
12:30p-2:45p	9826	ART E20 Drawing and Painting	MALIBU BLUFFS
1:30p-2:45p	9777	HEALTH E63 Body Conditioning After a Stroke	EC 1227 307
2:00p-3:50p	9731	BILING E02 French Literature	EC 1227 409
2:00p-3:50p	9795	MUSIC E30 Opera Appreciation	EC 1227 107

2:30p-5:20p 6:30p-9:20p	9815 9790	TH ART E01 Principles of Acting MUSIC E00 Concert Band	EC 1227 407 LINCOLN
TUESDA	Y A	and Thursday	
8:00a-9:15a	9764	HEALTH E25 Strength & Stamina Training Principles & Practices	EC 1227 304
8:30a-9:45a	9754	HEALTH E22 Chi Gong Principles & Practices	EC 1227 308
8:30a-9:45a	9759	HEALTH E24 Physical Fitness Principles & Practices	VP CTR
9:00a-10:15a	9761		1450 OCEAN
9:30a-10:45a	9762	HEALTH E24 Physical Fitness Principles & Practices	EC 1227 304
10:00a-11:50a	9750	HEALTH E21 Yoga Health & Safety,	EC 1227 308
		Principles & Practices	
10:00a-11:15a	9765	HEALTH E25 Strength & Stamina Training Principles & Practices	VP PATIO
10:30a-12:20p	9751	HEALTH E21 Yoga Health & Safety, Principles & Practices	1450 OCEAN
10:30a-11:45a	9774	HEALTH E38 Joint Health & Mobility	VP CTR
10:30a-11:45a	9775	HEALTH E38 Joint Health & Mobility	WISE
11:00a-12:15p	9763	HEALTH E24 Physical Fitness Principles & Practices	EC 1227 304
12:00p-1:15p	9768	HEALTH E25 Strength & Stamina Training Principles & Practices	CLOVER
12:30p-1:45p	9757	HEALTH E23 T'ai Chi Principles & Practices	EC 1227 304
1:30p-2:45p	9781	HUMDEV E06 Enjoy Life – Únderstanding Our Mind, Body & Brain for Senior Adults	EC 1227 408
2:00p-3:50p	9753	HEALTH E21 Yoga Health & Safety, Principles & Practices	EC 1227 308
2:00p-3:15p	9776	HEALTH E38 Joint Health & Mobility	EC 1227 304

#### WEDNESDAY

9:00a-11:50a	9714	ART E19 Painting	EC 1227 204
9:00a-10:50a	9782	HUMDEV E15 Senior Studies –	EC 1227 409
		Theater – History of Comedy	
9:00a-10:50a	9807	PHOTO E10 Digital Photography II	EC 1227 208
9:00a-11:15a	9822	ART E15 Drawing	LEVIN CT
9:30a-11:20a	9810	POL SC E00 Current Events	EC 1227 107
10:00a-11:50a	9740	ENGL E27 Poetry and Fiction	MALIBU SR CTR
10:30a-11:45a	9789	HUMDEV E50 Communication After a Stroke	EC 1227 408
11:30a-1:20p	9819	HUMDEV E22 , Senior Seminar:	EC 1227 107
		Through a Jewish Lens – Art, Culture & Entertainmer	ıt
11:45a-1:00p	9789	HUMDEV E50 Communication After a Stroke	EC 1227 408
12:00p-2:50p	9726	ART E30 Watercolor Studio	EC 1227 204
12:30p-2:20p	9787	HUMDEV E27 Exercising the Brain	EC 1227 407
1:00p-2:50p	9793	MUSIC E06 Gospel Community Chorus	PAC 107
1:30p-3:20p	9704	ART E00 Survey of Art	ITINERARY
1:30p-4:20p	9780	HME EC E71 Needlecrafts II	1450 OCEAN
1:30p-3:20p	9788	HUMDEV E28 Communication	EC 1227 208
		After a Stroke (Computer Based)	
1:30p-3:45p	9818	TH ART E30 Dramatic Interpretation Through Movies	EC 1227 107

#### WEDNESDAY AND FRIDAY

8:30a-10:20a	9749	HEALTH E21 Yoga Health & Safety, Principles & Practices	EC 1227 308
12:00p-1:15p	9756	HEALTH E23 T'ai Chi Principles & Practices	EC 1227 304

#### THURSDAY

9:00a-11:50a	9712	ART E16 Life Drawing Studio	EC 1227 204
9:00a-11:50a	9713	ART E19 Painting	EC 1227 205
9:00a-11:50a	9723	ART E30 Watercolor Studio	ITINERARY
9:00a-11:15a	9744	ENGL E33 Autobiography	EC 1227 408
9:00a-11:50a	9748	ENGL E37 Writing Seminar	EC 1227 409
9:00a-11:50a	9798	MUSIC E34 Lyric Chorus	EC 1227 107
11:00a-12:15p	9777	HEALTH E63 Body Conditioning After a Stroke	EC 1227 307
11:00a-12:50p	9805	OCC E20 Using the Internet Safely	EC 1227 208
11:30a-1:45p	9728	ART E80 Jewelry Making	1450 OCEAN

12:00p-2:15p	9727	ART E55 Sculpture	EC 1227 205
12:30p-1:45p	9777	HEALTH E63 Body Conditioning After a Stroke	EC 1227 307
1:00p-3:50p	9725	ART E30 Watercolor Studio	EC 1227 204
1:00p-3:15p	9733	CT E00 The Fix-It Class – Repair Almost Anything	EC 1227 407
1:00p-2:50p	9792	MUSIC E04 Voice Training	EC 1227 107
1:30p-3:20p	9705	ART E00 Survey of Art	ITINERARY
2:00p-4:15p	9729	ART E80 Jewelry Making	1450 OCEAN
2:00p-3:50p	9738	ENGL E24 Bible as Literature	SM SYNG
2:00p-3:15p	9777	HEALTH E63 Body Conditioning After a Stroke	EC 1227 307
3:00p-4:50p	9783	HUMDEV E17 Senior Seminar –	EC 1227 107
		Luisa R.G. Kot Concert Series	

#### Friday

9:00a-10:50a	9701	ART E00 Survey of Art	EC 1227 409
9:00a-11:15a	9709	ART E15 Drawing	EC 1227 204
9:00a-11:50a	9724	ART E30 Watercolor Studio	ITINERARY
9:00a-10:50a	9730	BILING E01 Literature in Spanish	VP TERRY
9:00a-10:50a	9808	PHOTO E10 Digital Photography II	EC 1227 208
9:00a-10:50a	9816	TH ART E02 Theater Arts Appreciation	EC 1227 107
9:00a-11:50a	9820	ART E19 Painting	EC 1227 205
9:30a-11:20a	9722	ART E24 Calligraphy II	1450 OCEAN
11:00a-12:50p	9772	HEALTH E34 Stress Reduction through Yoga	EC 1227 308
11:00a-12:50p	9800	OCC E00 Basic Computer Training	EC 1227 208
		(formerly: Introduction to Computers)	
11:00a-12:50p	9817	TH ART E05 Reader's Theater	EC 1227 409
12:00p-1:50p	9796	MUSIC E32 Music Appreciation	EC 1227 107
12:30p-2:45p	9711	ART E15 Drawing	EC 1227 204
12:30p-2:45p	9747	ENGL E33 Autobiography	MALIBU SR CTR
12:30p-1:45p	9777	HEALTH E63 Body Conditioning After a Stroke	EC 1227 307
1:30p-3:20p	9703	ART E00 Survey of Art	ITINERARY
1:30p-3:20p	9803	OCC E01 Word Processing	EC 1227 208
2:00p-3:15p	9777	HEALTH E63 Body Conditioning After a Stroke	EC 1227 307
2:00p-3:50p	9812	POL SC E00 Current Events	EC 1227 107

#### SATURDAY

8:00a-9:50a	9770	HEALTH E34 Stress Reduction through Yoga	VP CTR
9:30a-11:45a	9745	ENGL E33 Autobiography	PAC 105
12:00p-2:15p	9746	ENGL E33 Autobiography	PAC 105
12:15p-2:05p	9799	MUSIC E51 Piano and Theory	PAC 206

# ► DONATIONS

Help provide for activities, special performances, supplies, equipment, and more. Please make checks payable to "SMC Foundation" and write "Emeritus" in the memo line. Donations can be mailed with your Emeritus registration. Please allow additional time for donation acknowledgments during peak registration periods. Thank You.

# GRANTS

Grants are available for material or book needs for students experiencing financial difficulties. Make a confidential request to the Program Coordinator, (310) 434-4306.

# STATEMENT OF NONDISCRIMINATION

Santa Monica College fosters a work and learning environment that welcomes and supports a diverse student body and staff reflective of our pluralistic society. We are committed to equal opportunity regardless of race, color, religion, gender, national origin, age, disability, status as a Vietnam-era veteran, sexual orientation, or marital status for admission and enrollment in classes, student services, financial aid, and employment in accordance with provisions of Title VI and VII of the 1964 Civil Rights Act, Title IX of the Educational Amendments of 1972, and Section 504 of the Rehabilitation Act of 1973 (P.L. 93-112).

Any person seeking information about or claiming grievance because of alleged violations of the laws listed above should contact:

- SMC Human Resources Office for complaints of unlawful discrimination, sexual harassment and sexual discrimination, (310) 434-4415
- ADA/504 Compliance Officer for disability discrimination concerns, (310) 434-4442

Grievances are reviewed in terms of Title VI, Title VII, Title IX, and Section 504 law. If normal channels are not available or fail to meet legal requirements, the necessary action is initiated by the college. A record of all grievances is reported to the Affirmative Action Committee.

De acuerdo con los provisos de los Títulos VI y VII de la Ley de Derechos Civiles de 1964, el Título IX de las Enmiendas Docentes de 1972 y la Sección 504 de la Ley de Rehabilitación de 1973 (P.L. 93-112), Santa Mónica College se compromete a la igualdad de oportunidades para ingresar en el College, para matricularse en las clases, para utilizar los servicios estudiantiles, para ayuda financiera y para empleo, sin discriminar por razones de raza, color, religión, sexo, país de origen, edad, impedimento físico, preferencia sexual, estado civil o por ser veterano de la época de Vietnam.

# THIS SCHEDULE IS PREPARED BY THE SANTA MONICA COLLEGE OFFICE OF MARKETING

Donald Girard, Senior Director, Government Relations and Institutional Communications Ming-Yea Wei, Marketing Design Analyst Jonathan Ng, Senior Graphic Designer Charles Mark-Walker, Graphic Designer Vivian Chu, Graphic Designer Paul Trautwein, Web Coordinator Santa Monica College Contributors: Dr. Kathryn E. Jeffery, Gita Runkle, Vivian Rankin-Scales, Jessica Riojas, Lauri Arneson, and Cindy Ordaz

# FACILITIES

Facilities	<b>Big Blue Bus Lines</b>	Location
EC 1227 208, EC	ns and Offices 1227 204, EC 1227 205, 1227 304, EC 1227 307, 1227 407, EC 1227 408,	SMC Emeritus Campus, 1227 2nd St. (2nd & Wilshire), SM #5 and #8 Big Blue Bus stops at 3rd St. and Santa Monica Blvd. #2, #3, #Rapid 3, and #9 Big Blue Bus stops at 4th and Wilshire Blvd.
EC 1227 409, EC	1227 410	Handicapped parking and bike racks are available on the street level of city parking structure #2. Additional metered handicapped parking entrance off 2nd Court alley.
CALL US!		Call (310) 434-4306, Emeritus, 1227 2nd St. (2nd & Wilshire), SM
CMD	16, 43	SMC Center for Media & Design, 1660 Stewart St. (1/2 block N. of Olympic), SM
CLOVER	8, 44	Clover Park, 2600 Ocean Park Blvd. (Ocean Park & 25th), SM
DOUGLAS PARK	2, 43	Douglas Park, 2439 Wilshire Blvd. (25th & Wilshire), SM
EUCLID PARK	5, 41, 42, 44	Euclid Park, 1525 Euclid St. (between Colorado & Broadway), SM
FST PRES	2, 3, Rapid 3, 9	First Presbyterian Church, 1220 2nd St. (2nd & Wilshire), SM
1450 OCEAN	8	Camera Obscura Art Lab, 1450 Ocean Ave. (Ocean & Broadway), SM
GOOSE EGG PAR	K 2, 9, 18	Goose Egg Park, 700 block of Palisades Ave. (1 block North of Montana), SM
KEN EDWA Rapid 7, 8	1, 2, 3, Rapid 3, 7, 8, 9, Rapid 10 (weekdays), 18	Ken Edwards Center/Wise Adult Day Services, 1527 Fourth St., SM (across the street from the Santa Monica Place near 4th & Broadway)
LEVIN CTR	1	Jewish Family Services, Israel Levin Center, 201 Ocean Front Walk, Venice (off of Speedway & Ozone)
ITINERARY		Locations vary – instructor will inform class of the meeting places
LINCOLN	2, 41	Lincoln Middle School, 1501 California Ave., Rm. 400 (15th & California), SM
MALIBU SR CTR	Metro 534	Malibu Senior Center, 23825 Stuart Ranch Road, Malibu
MALIBU BLUFFS	Metro 534	Malibu Bluffs Park, Michael Landon Community Building, 24250 Pacific Coast Highway (PCH & Malibu Canyon Road), Malibu
PAC	1, Rapid 10 (weekdays)	SMC Performing Arts Center, The Broad Stage & The Edye 1310 11th Street (11th & Santa Monica), SM
REED PARK	2, 18	Reed Park, 1133 7th St. (Lincoln & Wilshire), SM
SM LIB	1, 7, Rapid 7, Rapid 10 (weekdays), 18	Santa Monica Library Main Branch, 601 Santa Monica Blvd., SM
SMC	7, Rapid 7, 16, 41, 42, 43, 44	Santa Monica College Main Campus, 1900 Pico Blvd. (19th & Pico), SM
BUNDY	14, 44	SMC Bundy Campus, 3171 S. Bundy Drive (Bundy & College Dr.), LA
SM SYNG	1, Rapid 10, 42	The Santa Monica Synagogue, 1448 18th St. (18th & Broadway), SM
WISE Rapid	1, 2, 3, Rapid 3, 7 7, 9, Rapid 10 (weekdays), 18	Ken Edwards Center/Wise & Healthy Aging Adult Day Services 1527 4th St. (4th & Broadway), SM
VA PK, VP CTR, VP PATIO, VP TEF	7 RRY	Virginia Avenue Park, 2200 Virginia Ave. (Cloverfield & Pico), SM

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#### SMC AND EMERITUS PARKING:

Students attending class at 1227 2nd Street may park in the City of Santa Monica structure #2, adjacent to Emeritus on 2nd St. between Arizona and Wilshire. Parking in the City of Santa Monica lots is free for the first 90 minutes. You will be charged \$1.25 for the next hour and then \$1.85 for each additional half hour. If you have Downtown Santa Monica parking questions or problems, call the City of SM Parking Operations office at (310) 458-8295. Santa Monica College maps, transportation, and campus parking information are available online at *www.smc.edu/transportation*. For detailed public transit information, contact: Santa Monica Big Blue Bus, (310) 451-5444 or TDD (310) 395-6024, web address *www.bigbluebus.com*; Metro, (323) GO-METRO, (323) 466-3876, web address *www.metro.net*.

14

MERITUS
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# **APPLICATION FORM**

Heritage Club.

**YES!** Please include my name in the list of

for \$ \_

Friends of Emeritus. I have enclosed my check

\_ to help support the educa-

I am considering including Emeritus in my will.

Please contact me with information on The

J		AFFL								Check p (write "E \$1,00 \$500 \$250	tional op
A Program of	A Program of Santa Monica College	Mail To: E	Mail To: Emeritus, 1227 2nd	Stro	eet, Santa Monica, CA 90401	onica, CA	90401			ayable to meritus" i	oportunitie
Full Legal Last Name       I and Permanent Street Address		Full Legal First 1	Name		Ant No		MY DONATION OF \$	DN OF \$\\$ EMERITUS IS ENCLOSED	DSED.	: SMC FOUND in the memo lin ove The Clock Tov Partner Colleague Sponsor	es at Emeritus.
City					Zip Code		Emergency Contact	act		e)	
Mailing Address	Mailing Address (if different from above). Include P.O.	P.O. Box, City and	nd Zip Code. -     -	Check One:	One:		Emergency Leiephone INO.				
Area Code	Area Code     Telephone Number     Birth Month     Day       Area Code     Telephone Number     Birth Month     Day       SMC/Femeritus College Identification No.     THIS APPLICATION IS FOR:       YOU MUST ANSWER THE FOLLOWING QUESTIONS EACH TIME	Birth Month THIS APPLICATI		Year Vear Summer YOU REGISTER.	Male Winter	Spring	* WITHOUT	REQUIRED • WITHOUT YOUR SIGNATURE AND DATE WE CANNOT PROCESS YOUR FORM	) DATE RM	l am intereste of estate plan contact me.	
Have you enrol Have you reside	Have you enrolled in SMC or Emeritus Classes before? YES Have you resided in California for at least two years? YES [	s before? YES [	ON ON	lf NO, since			I certify that th application ar of my knowled	l certify that the statements made in this application are true and complete to the best of my knowledge. I understand that falsifica-	this the best falsifica-		
If NO, last legc Have you been	If NO, last legal resident address: Have you been disqualified or dismissed from a college?	a college? YES	S NO				tion, withhold report change dismissal.	tion, withholding pertinent data or tailure to report changes in residence may result in my dismissal.	allure to sult in my		
If yes, enter college name?	lege name?			and y	year						
Section No.	Course Names 1	Time/Day	Section No.	Course Nai	ames	Time/Day	Signature:				
							Date:			City/	Addı
WRITE ONE	WRITE ONE CODE NUMBER IN EACH BOX AT THE RIGHT: (The State requires this information for new students.)	SOX AT THE R	lGHT: (The Sto	ate requires thi	s information	for new :	students.)			/State/ ne Num	ress
Ethnic Background	1. African American3.2. American Indian/4.Alaskan Native5.	ın/Chicano American	6. South American 7. Hispanic Other 8. Asian Indian	9. Cambodian 10. Chinese 11. Filipino	12. Japanese 13. Korean 14. Laotian	ese	15. Vietnamese 16. Asian Other 17. Guamanian	18. Hawaiian 19. Samoan 20. Pacific Islander			
Citizenship	<ol> <li>United States</li> <li>Permanent Resident</li> </ol>	3. Temp 4. Refuç	Temporary Resident Refugee/Asylee	6. S 0. T	Student F1 or M1 Visa Other (specify below):	Visa ow):	7. Unknown 8. Foreign st classes fr	Unknown Foreign student taking online classes from home country.			
	If you selected No. 2,3,4,5,or 6, write in your Permanent Resident or Visa No.:	), write in your Pe	srmanent Resident o	or Visa No.:			Issue Date:				
Enrollment Status	<ol> <li>First time college student.</li> <li>First time at SMC, attended another college.</li> </ol>	mother college.	<ol> <li>Returning to</li> <li>Returning to</li> </ol>	g to SMC, last attended g to SMC, last attended	ded another college. ded SMC.	5. 6.	Continuing from a previous semester. Special admit, currently enrolled in K-12	ious semester. enrolled in K-12.		• •	
Educational Level	Year last attended school: CERTIFICATE, DEGREE OR <u>GRADUATED FROM:</u> 0. Non-high school graduate 1. Advanced high school	DUATED FROM:	<ol> <li>Adult Diploma</li> <li>High school grac</li> <li>Passed GED test</li> </ol>	Adult Diploma High school graduate – No college degree Passed GED test	college degree	5. Rec 6. For 7. Ear 8. Ear	Received High School Proficiency Certifical Foreign Secondary School Diploma Earned College Associate Degree Earned College Bachelor Degree or higher	Received High School Proficiency Certificate Foreign Secondary School Diploma Earned College Associate Degree Earned College Bachelor Degree or higher			

PLEASE PRINT:

Name

Santa Monica College 1900 Pico Boulevard Santa Monica, CA 90405-1628



#### A Program of Santa Monica College

Cover Paintings are Featured in the Emeritus Gallery Show Student Art Exhibition 2017



#### **EMERITUS STAFF**

Gita Runkle, Associate Dean Vivian Rankin-Scales, Program Coordinator Lauri Arneson, Administrative Assistant Lucretia Crawford, Temporary Administrative Assistant (Adult Education Block Grant) Jessica Riojas, Student Services Clerk

#### **VOLUNTEERS**

Paula Van Berkom, Mady Bergman, Walter Coronel, Ellen Cutler, Jinder Dhillon, Homa Ghadimi, Pat Gorman, Fida Habib, Jeffrey Hogue, Miriam Kafka, Suzie Kim, Werner Von Der Ohe, Frances Packer, Joseph "Wally" Pegram, Tahereh Sheikholislam, Joseph "Joe" Sipos, Alex Vital

#### **EMERITUS COLLEGE ADVISORY COUNCIL**

Michael Baroff, Al Barrett, Judy Blits, Nina Borwick, Walter Coronel, Jeanne Crawford, Marsha Franker, Jeffrey Hogue, Edythe London, Natalie Newman, Gerald Schneir, Robert Stern

#### **SMC BOARD OF TRUSTEES**

Dr. Andrew Walzer, Chair; Barry A. Snell, Vice Chair; Dr. Susan Aminoff; Dr. Nancy Greenstein; Dr. Louise Jaffe; Dr. Margaret Quiñones-Perez; Rob Rader; Chase Matthews, Student Trustee; Dr. Kathryn E. Jeffery, Superintendent/President

Rebel Clair, Capitola Pier, Acrylic on Canvas, 2017

#### WHAT IS EMERITUS?

Emeritus, started in 1975, is a program of Santa Monica College for older adults. Emeritus serves over 3,600 students annually and offers over 120 free classes of interest to senior citizens. All classes are held during the day at convenient locations throughout the community or at our home base on Second Street. The name Emeritus refers to people "retired with honor." All older adults are welcome. For more information, call the Emeritus office at (310) 434-4306, visit our website at www.smc.edu/emeritus or stop by our office at 1227 Second Street, Santa Monica.

#### ¿ QUÉ ES EMERITUS ?

Emeritus, inaugurado en 1975, es un programa de Santa Monica College para personas de edad avanzada. Emeritus sirve a más de 3,600 estudiantes anualmente y ofrece más de 120 clases gratis de interés para las personas mayores. Todas las clases son ofrecidas durante el dia en localidades distribuidas convenientemente a través de la communidad o en nuestra casa sede en Second Street. El nombre Emeritus se refiere a las personas "jubiladas con honor." Todas las personas mayores son bienvenidos. Para más información, llame a la oficina de Emeritus al teléfono (310) 434-4306, visite nuestra pagina en la red www.smc.edu/emeritus o visitenos en nuestra oficina localizada en 1227 Second Street, Santa Monica. Ofrecemos clases enseñadas en español. Busque adentro de este catálogo para más información.

Front Cover: Jill Traub, *Touch of Hockney*, Acrylic and Weaving on Canvas, 2017

Cover Design: Charles Mark-Walker

# **Emeritus Fall 2017 Schedule of Classes**