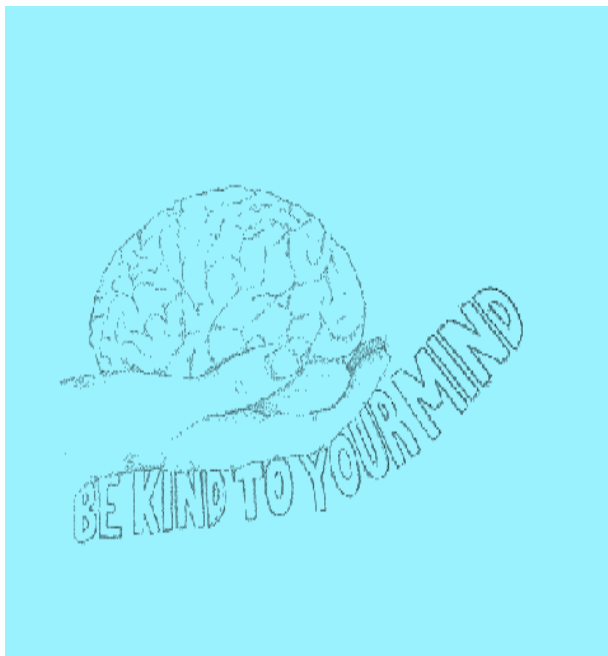


Mental Health Awareness Month MAY 2014



SANTA
MONICA
COLLEGE

Tuesday, May 6

Self-Justification in Everyday Life

Carol Tavis, Ph.D., Psychologist and Author
11:15am to 12:35pm Bus. - 144

Stress Management, Student Workshop

Psychological Services Staff
11:15am-12:35pm HSS - 252

Thursday, May 8

Understanding Addiction

David Shirinyan, Ph.D.
Professor of Psychology SMC
11:15am-12:35pm HSS - 165

Tuesday, May 13

An Umbrella, Not a Letter: An Introduction to Transgender and Gender Diverse Communities

Theodore Burnes, Ph.D., Alliant University, and Caroline Carter, LA Gender Center
11:15am-12:35pm LA - 231

Understanding Happiness

Psychological Services Staff
11:15am-12:35pm HSS - 252

Monday, May 19

OPEN HOUSE: Psychological Services

Refreshments will be provided
11:00am-1:00pm LA - 110

Tuesday, May 20

Say Something; Do Something.

Lisa Ford-Berry, Founder of B.R.A.V.E.
(Bullies Really are Violating Everyone),
Society, Sacramento, California
11:15am-12:35pm Art - 214

Thursday, May 22

Emotional Emancipation from Internalized Racism

Daryl Rowe, Ph.D., Pepperdine University Graduate School of
Education and Psychology; President, The Association of Black
Psychologists
11:15am-12:35pm HSS – 165

Tuesday, May 27

Alive! Mental Health FAIR

@ The QUAD
10:00am-2:00pm

Food and Mood, Student Workshop

Psychological Services Staff
11:15am-12:35pm HSS – 252

Thursday, May 29

Stigma Busters: Erasing the Myths, Embracing the Truths

Karen Gunn, Ph.D. Professor of Psychology, SMC, Consultant
11:15am-12:35pm HSS – 165