



## Health Career Advising Sheet

For more information about SMC Health Sciences program options please visit website:  
<http://www.smc.edu/AcademicPrograms/HealthSciences/Pages/default.aspx>

### OPTIONAL EXPLORATORY HEALTH CAREER COURSES AT SMC

Credit Course Options: Listed under

- Occupational Therapy: OT 1: Introduction to Occupational Therapy (2 units)
- Health Education: see SMC catalog for full listing
- Health Occupations: HEALTH 61: Medical Terminology (3 units)
- Kinesiology/Physical Education: KIN PE 3: Intro to Exercise Physiology I (3 units), KIN PE 4: Intro to Sport Psychology (3 units)
- Office Technology: see SMC catalog for full listing
- Respiratory Therapy: RES TH 1: Introduction to Respiratory Therapy (2 units)

Non-Credit Course Options: Listed under Health-Noncredit

- Introduction to Working with Older Adults Non-Credit Certificate
- Rehabilitation Therapy Aid Non-Credit Certificate

### SMC ASSOCIATE'S DEGREE ALIGNED WITH HEALTH SCIENCES MAJORS:

#### Associate of Arts in General Science:

For more information about SMC AA/AS major options please visit website:

<http://www.smc.edu/StudentServices/TransferServices/AreasofStudy/AssociateDegreesCertificates/AssociateDegrees/Pages/default.aspx>

#### Career Information

**Respiratory Care:** Occupational Outlook Handbook: <https://www.bls.gov/ooh/>

Respiratory therapists typically do the following:

- Interview and examine patients with breathing or cardiopulmonary disorders
- Consult with physicians to develop patient treatment plans
- Perform diagnostic tests, such as measuring lung capacity
- Treat patients by using a variety of methods, including chest physiotherapy and aerosol medications
- Monitor and record patients' progress
- Teach patients how to take medications and use equipment, such as ventilators

Full listing of Respiratory Care Programs in California:

Respiratory Care Board of California: <https://www.rcb.ca.gov/>

Respiratory Care Education Programs: [https://www.rcb.ca.gov/applicants/edu\\_programs.shtml](https://www.rcb.ca.gov/applicants/edu_programs.shtml)

Bachelor's Degree: Respiratory Care offered at California Community Colleges:

- Modesto Junior College and Skyline College

**Registered Nurse:** Occupational Outlook Handbook: <https://www.bls.gov/ooh/>

Registered nurses typically do the following:

- Assess patients' conditions
- Record patients' medical histories and symptoms
- Observe patients and record the observations
- Administer patients' medicines and treatments
- Set up plans for patients' care or contribute information to existing plans
- Consult and collaborate with doctors and other healthcare professionals
- Operate and monitor medical equipment
- Help perform diagnostic tests and analyze the results
- Teach patients and their families how to manage illnesses or injuries
- Explain what to do at home after treatment

Full listing of Nursing Programs in California:

California Board of registered Nursing: <https://www.rn.ca.gov/>

Nursing Programs: <https://www.rn.ca.gov/education/programs.shtml>