

COLUMBIA-SUICIDE SEVERITY RATING SCALE				
	Past Month		Lifetime (worst point)	
	YES	NO	YES	NO
Asks questions that are bolded				
Ask questions 1 and 2				
1. Have you wished you were dead or wished you could go to sleep and not wake up?				
2. Have you actually had any thoughts of killing yourself?				
If 2 is yes, ask questions 3, 4, 5, and 6. If 2 is no go to questions 6				
3. Have you been thinking about how you might do this? <i>Example: "I thought about taking an overdose but I never made a specific plan as to when, where or how I would actually do it...and I would never go through with it."</i>				
4. Have you had these thoughts and had some intention of acting on them? <i>As opposed to "I have the thoughts but I definitely will not do anything about them."</i>				
5. Have you started to work out or worked out the details of how to kill yourself? Do you intend to carry out this plan?				
6. Have you ever done anything, started to do anything, or prepared to do anything to end your life? Examples: Collected pills, obtained a gun, gave away valuables, wrote a will or suicide note, took out pills but did not swallow any, held a gun but changed your mind or it was grabbed from your hand, went to the roof but didn't jump; or actually took pills, tried to shoot yourself, cut yourself, tried to hang yourself etc. If yes, was this within the past three months?	YES		NO	

Low risk	
Moderate risk	
High risk	

Questionnaire: Over the past two weeks, how often have you been bothered by any of the following					
		Not at all	Several days	More than half the days	Nearly every day
		0	1	2	3
PHQ1	Little interest or pleasure in doing things?				
PHQ2	Feeling down, depressed, or hopeless?				
PHQ3	Trouble falling or staying asleep, or sleeping too much?				
PHQ4	Feeling tired or having little energy?				
PHQ5	Poor appetite or over eating?				
PHQ6	Feeling bad about yourself, or that you are a failure, or have let yourself and or your family down?				
PHQ7	Trouble concentrating on things, such as reading the newspaper or watching television?				
PHQ8	Moving or speaking so slowly that other people could have noticed? Or the opposite- Being so fidgety and restless that you have been moving around a lot more than usual?				